

THE WHIPPING POST

issue #3 – October 2016

Humanities and Creative Arts
Postgraduate Association



Expressions of Interest for 2017 WHIP Committee

Each year the committee organises the WHIP Conference and activities for the Humanities and Creative Arts research community. This year we've engaged with FIRtH to offer focused development sessions, arranged writing lock-ins, end of semester celebrations, and sent out this newsletter. There's always support from the previous year's committee, so if this sounds like something you'd be keen to

do, we're keen to hear from you!

Email us flinders.whip@gmail.com

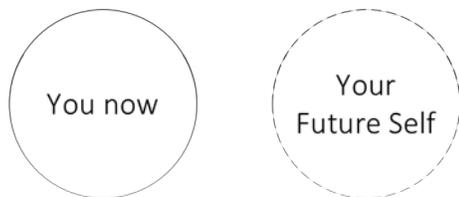
YOUR FUTURE SELF

by Daria Tikhonova

Need a boost of willpower? Make a date with your Future Self.

Dr Kelly McGonigal, a Stanford University psychologist and the author of the 'The Willpower Instinct' has a few illuminating research findings to share about boosting your motivation and one of them is about having an honest conversation with your Future Self. What will you want in 3-5 years' time and how much does whether you achieve it or not depend on you doing or not doing what you are really avoiding right now? We all know about the 70,000 word elephant in the room but it could well be something else and much smaller.

Step 1: Imagine two circles: one represents yourself now and the other one you in a few years. Do they overlap? If yes, how much? Perhaps they are worlds apart, or, maybe, you can't even picture the second circle at all? As Kelly advises, the clearer you are about the life you want to live in the future, the more likely you are to succeed in achieving that very long-term goal. Okay, some of us may already know that.



Step 2: Consider how the object of your procrastination right now can contribute to your future wellbeing. Would your Future Self be grateful for you accomplishing this smaller goal? Would you be upset if you haven't? What many of us probably don't realise is that reminding yourself of how you will feel in those 3-5 years if you do or don't persevere with what you are avoiding now is an incredibly powerful source of motivation. The more connected we feel to that Future Self, the more likely we are to make small but meaningful investments in them today. It is also a very good indicator of how important that delayed reward is to you, providing you do have a fairly clear picture of yourself in the future. So if your heart doesn't sing or drop at the thought (whatever it is!), perhaps, it's time to start re-aligning those circles towards one happy Future Self?

I certainly have done that and I'm feeling much more at peace and productive than ever.

Call for Papers

Proposed edited book

The First Wave: Exploring Early Coastal Contact History in Australia

Editors: Gillian Dooley and Danielle Clode, Flinders University, South Australia

The European maritime explorers who first visited the bays and beaches of Australia brought with them a wide range of assumptions about the inhabitants of the country, most of them based on sketchy or non-existent knowledge, contemporary theories like the idea of the noble savage, and an automatic belief of the superiority of European civilisation.

Mutual misunderstanding was almost universal, whether it resulted in violence or apparently friendly transactions. Gillian Dooley and Danielle Clode, the editors of this collection, invite contributions of original research and creative work on the dynamics of these early encounters, from all perspectives. We are particularly interested in the ways these visitations have survived in cultural memory; oral, written or remembered in dance, song or art.

We intentionally limit the scope to (1) explorers rather than settlers, (2) encounters on the coast of Australia; although other situations could be included for comparative purposes.

We welcome contributions from historians, anthropologists, archaeologists, literary and cultural scholars, linguists, art historians, creative writers and others with an informed interest in the topic.

The editors are in touch with several Australian publishers and have received initial expressions of interest in the project.

Please send expressions of interest, with a 250 word abstract, to

Gillian.dooley@flinders.edu.au by 30 October 2016. Final chapters of 6000-9000 words due by 30 June 2017.

All contributions will be peer reviewed.



Call for Papers

When Jane Austen died on 18 July 1817, her death caused only a very small ripple in literary circles, but two hundred years after her death Austen's works are showing no signs of dying off. What is it about Austen that still attracts readers? Why are her works still living? Is her continuing popularity caused by her romantic plots or her confident ironic voice? What can Austen's engagement with her own turbulent world offer us now?

Conference convenors Gillian Dooley, Amy Matthews and Eric Parisot invite proposals for panels or papers addressing the topic of 'Immortal Austen'.

For more information visit:

www.flinders.edu.au/ehl/firth/firth-conferences/immortal-austen/

Proposal submissions close
31 October 2016.



CHANGE, COMMEMORATION, COMMUNITY 22nd Australasian Irish Studies Conference

Flinders in the City, 182 Victoria Square, Adelaide, South Australia
29 November to 2 December 2016

The 22nd Australasian Irish Studies Conference will take place in Adelaide later this year. It will be the first time that scholars and community members have come together in South Australia for this conference series, and it is already shaping up to be a magnificent interdisciplinary blend of Irish and Australian cultural elements.

The conference theme is Change, Commemoration and Community and a full programme under these three elements has been developed thanks to the participation of a wide range of researchers and writers from Australia, New Zealand, Hong Kong, China, Italy, America and Ireland.

More information, including special conference registration rates for students, can be found at:

<http://www.flinders.edu.au/ehl/firth/firth-conferences/22nd-australasian-irish-studies-conference/>

Out of the Ordinary

After completing his PhD in 2015, playwright Alex Vickery-Howe (*A Stab in the Dark*, *Once Upon a Midnight*, *Molly's Shoes*) has returned to the stage with a new dramatic work that builds from his academic exploration of global youth culture and generational difference. *Out of the Ordinary* is a creative collaboration encompassing graduates of the Flinders Drama Centre, current students of the Flinders Drama Workshop and AC Arts, past and present lecturers, professional artists and alumni.

The play follows Theodora Sprout (Steph Clapp), a young woman with a voracious appetite for gingham and accountancy, who rebels against her mad rocker father (Brendan Cooney) and gleefully eccentric mother (Josephine Pugh) the only way she can, by being ordinary. This noble quest for an unremarkable, uninspiring existence proves challenging for Theo, especially when her boyfriend Wallace (Robbie Greenwell), an internet troll with political aspirations, adds to the chaos of her life, by being fertile.

The interface between academia and new creative works is a core strength of the School of Humanities and Creative Arts. In 2014, a collaboration among students and staff from Drama, Creative Writing, Digital Media and Screen Production resulted in the staging of *The Doom of Sosruquo*, a series of three interlocking plays based on the Nart Sagas written by Alicia Carter, Grace Chipperfield, Chloë Eckert and Samuel Williams. Following this performance, in 2015, the Bulgarian play *Pleasantly Scary*, written by Yana Brisova and translated by Dr. Maggie Ivanova, was performed as a creative development by Drama Workshop students.

***Out of the Ordinary* will be staged by Accidental Productions at the Bakehouse Theatre from October 4th - 15th, with support from the Flinders University Creative Research Fund. The script will be available through Currency Press.**



Photograph by Mikayla Lynch

Upcoming HCA Postgraduate Association Events

WHIP AROUND

Our next WHIP Around will be happening on **Thursday the 27th of October**. We invite you to join us in the **Hums Tea Room** from **10:00am**. We'll give everyone who's keen a chance to update us on where they're at with their research. No preparation needed.

It will simply be two or three minutes of checking in on your progress. We'll even provide some light snacks and tea and coffee. See you there!

LOCK-INS

There are only two more Lock-In sessions left for the year, taking place on **Monday the 17th and 31st of October** in **Hums 118** from **10am-1pm**. Make the most of the remaining opportunity to devote time to your thesis or current project, and then join us for BYO lunch together in the **Hums Tea Room**.

END OF YEAR CELEBRATION

Celebrate waving the stresses of semester life goodbye for another year! Bring a plate of food to share on **Friday the 4th of November** from **4pm**, while we supply a range of drinks and nibbles. Keep an eye out for more information closer to the date!

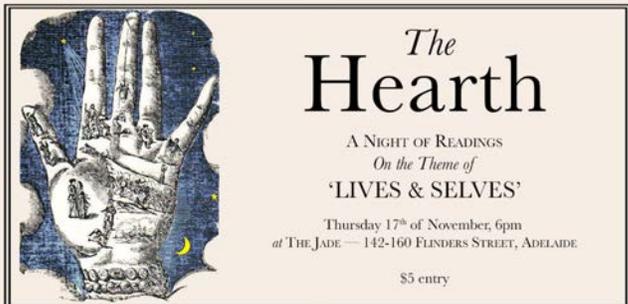


October 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
3	4 <i>Opening of Out of the Ordinary, Bakehouse Theatre</i>	5 FUSA Postgrad Lock-In, 10am S5S010	6	7	8	9
10	11	12 FUSA Lock-In, 10am S5S010	13	14	15	16
17 Lock-In 10am HUM 118	18	19	20	21	22	23
24	25	26	27 WHIP Around 10 – 11am HUM tea room	28	29	30 CFP: Abstracts due for The First Wave
31 Lock-In 10am CFP: Austen Abstracts due						

November 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4 WHIP end of year celebrations	5	6
7 RHD Session: Completions Workshop	8 RHD Session: Editing Your Thesis	9	10	11	12	13
14	15	16	17 The Hearth: 'Lives & Selves'	18	19	20
21	22	23	24	25	26	27
28	29 Australasian Irish Studies Conference	30 Australasian Irish Studies Conference				



The Hearth Collective will hold their next event on **Thursday, the 17th of November**.

The evening will engage with the theme of 'Lives & Selves', and feature readings from Flinders own Dr Kylie Cardell, Dr Threasa Meads, and Houman Zandi-zadeh.

For more details, visit:

<https://thehearthsite.wordpress.com>