Issues in ageing – an Anglicare perspective

Komala Champion, Senior Manager, Healthy Connections
Accessing Services for Older People

1. Transport
   - Difficulty in getting to groups
   - Distance

2. Cost
   - High travel Costs
   - Cost of groups

3. Awareness of available groups and services
   - Lack of awareness of services available to assist with transport in and around the community
   - Lack of awareness of groups
Barriers for transport

- Financial
- Cultural
- Language
- Physical limitations
  - Mobility
  - Speech
  - Cognition
  - Social isolation
## Transport Options

<table>
<thead>
<tr>
<th>Mode</th>
<th>Limitations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home Assist</td>
<td>Time Constraints</td>
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<tr>
<td>Red Cross</td>
<td>Annual fee, wheelchair access limited and assistance limited</td>
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<tr>
<td>Taxi</td>
<td>Time constraints, distance</td>
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<tr>
<td>Buses</td>
<td>Distances, weather, frailty, traffic concerns</td>
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<tr>
<td>Families and Carers</td>
<td>Time limited</td>
</tr>
<tr>
<td>Private vehicles</td>
<td>Parking (esp disabled parking)</td>
</tr>
<tr>
<td>Council / community options</td>
<td>Lack of community awareness</td>
</tr>
</tbody>
</table>
Transport Sector

- Mobility for Life – July 2010 RAA’s vision for a safe, sustainable and accessible transport system to meet the needs of all South Australians
- Mobility and accessibility are fundamentally important for social and economic wellbeing
Clever Thinkers Group
Question?

Is it about changing the external factors for example the transport issues or is it about changing the services we provide?

What impact does this have on our business with cost and time implications?
The CDC effect

- With greater awareness and access to the money for their own care our clients are now making decisions on whether they will use a carer to drive them to the podiatrist appointment and home or whether to use that money for items and services that are important to them.

- Is this showing us a greater transport problem or just making us think differently about providing services.
Falls and Balance Class
Potential Solutions?

- Technology
- Co-location of services
- Volunteer workforce
- Car Pooling
- Different agencies working together
- Increase in home therapy services
- Workplace flexibility
- New way of accessing transport
Parallel Pole Dancing Class
THANK YOU...