Applying for an Overseas Placement / Exchange
School of Nursing and Midwifery

Application forms and information for Outgoing exchange are provided by the University’s International Office, based on the main Flinders campus (at the back of the Registry building) and on their website http://www.flinders.edu.au/international-students/study-at-flinders/study-abroad-exchange/flinders-abroad-new/my-application.cfm

For Midwifery Students: Hours of clinical experience on exchange may count towards a student’s overall clinical hours only if an approved registered midwife is supervising on the exchange.

For Nursing Students: The hours of clinical experience students undertake on exchange does not count toward their overall clinical hours required for registration with the Nursing and Midwifery Board of Australia.

Be aware that you will need to make sure that the overseas placement does not clash with any other study commitments, including clinical placements and topic assignments. This might require you to enrol to a certain block placement, and to negotiate time to compensate for any time lost while being overseas with your topic coordinators.

Eligibility:
- have a Grade Point Average (GPA) of 4.5 or above
- have completed, one year of an undergraduate program (36 units) (Or Graduate Entry Program or at least one semester of a postgraduate program (18 units) at the time of application
- be independent, mature and an ambassador for Australia and Flinders University
- agree to the “Conditions of Participation” as stipulated in the application.
- be in good health or have a manageable health condition.

International students studying for a Flinders University degree can also apply to go on an overseas placement however are discouraged from attending a host institution in their home country. Please note: International students may be required to take a TOEFL/IELTS test at their own expense to apply to some partner universities.

Students undertaking postgraduate study are also eligible to apply for an exchange position overseas.
School of Nursing & Midwifery 2012 Exchange Opportunities
The School has four different exchange opportunities for students in 2012.

China Study Tour (July 6- July 27)  
This is a two week study tour combining clinical and cultural visits to two different Flinders University partners in China. The tour will spend a few days with each partner. The tour group can take up to ten students and will be accompanied by staff from the School of Nursing and Midwifery. This study tour is available to 2nd and 3rd year students in the Bachelor of Nursing or Bachelor of Midwifery. It is also available to postgraduate students.

Chongqing Medical University  
Chongqing Medical University (CQMU), originally known as Chongqing Medical College, was founded in 1956, growing out of Shanghai First Medical College (the present Shanghai Medical College of Fudan University). The study tour group will visit CQMU affiliated hospitals which includes Gerontology Departments, ICU, obstetric and internal medicine departments.

Third Military Medical University  
The Third Military Medical University is a Chinese military institution of higher learning, affiliated to the People’s Liberation Army. Located in Chongqing, it was founded in 1954 by a merger of the former Sixth and Seventh Medical universities. The study group will visit a number of affiliated hospitals, to gain an insight into the environment of health care provided to communities.

Central South University  
Central South University (CSU) is located in Changsha, the capital of Hunan Province in central south China. CSU was established in 2000, an amalgamation of three former universities; Central South University of Technology (founded in 1952), Hunan Medical University (founded in 1914 as Hsiang-ya Medical College; currently named Xiangya School of Medicine) and Changsha Railway University (founded in 1953).

Approximate costs*;  
<table>
<thead>
<tr>
<th>Description</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Airfare:</td>
<td>$1,800</td>
</tr>
<tr>
<td>Accommodation:</td>
<td>$1,000</td>
</tr>
<tr>
<td>Meals:</td>
<td>$300</td>
</tr>
<tr>
<td>Spending:</td>
<td>$1,500</td>
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<tr>
<td>Visa/ Vaccinations /Passport</td>
<td>$150</td>
</tr>
</tbody>
</table>

TOTAL: $4,750

*These costs are only a general guide. It is recommended that you also undertake your own research in determining costs
Clinical Placements (July 6- July 27) 

This is a two week study clinical placement within an affiliated clinical venue of a Flinders partner university overseas. This placement is only available to third year nursing and midwifery students. The destinations available are;

**University College of Northern Denmark**  
School of Nursing  
(*Professionshøjskolen University College Nordjylland*) is one of seven new regional organizations of different study sites in Denmark. UCN University College of Northern Denmark has 7000 full time students, 8000 part time students, 500 international full time students, and 750 employees. UCN has more than 100 partner universities worldwide.

**Malmo University, Sweden**  
School of Nursing  
Located in the centre of Malmö at Universitetsholmen, the university has played a central role in the transformation of Malmö from an industrial to a university town. A large part of the campus was constructed on grounds which, up to the mid-1980s, belonged to the Kockums shipyard, which had been a key element of naval-industrial Malmö.

**University of Saskatchewan, Canada**  
School of Nursing  
The University of Saskatchewan (U of S) is a Canadian public research university, founded in 1907, and located on the east side of the South Saskatchewan River in Saskatoon, Saskatchewan, Canada.

**Approximate costs***;  
Airfare: $2,600  
Accommodation: $1,000  
Transport: $600  
Meals: $1,000  
Spending: $1,500  

**TOTAL:** $6,700  
*These costs are only a general guide. It is recommended that you also undertake your own research in determining costs
Antipodeans (January 14 - February 11, 2013)  
2nd and 3rd Year

This is a two week study tour combining clinical and cultural visits to two rural communities in Vietnam. The tour group can take up to ten students and will be accompanied by staff from the School of Nursing and Midwifery.

Eligibility:
This study tour is available to 2nd and 3rd year students in the Bachelor of Nursing or Bachelor of Midwifery. It is also available to postgraduate students.

Approximate costs*;

Travel & Accommodation: $4,500  
Spending: $1,500  
Meals: $1,000

TOTAL: $7,000

*These costs are only a general guide. It is recommended that you also undertake your own research in determining costs

Funding sources;

OS-HELP:

Flinders University Short Term International Mobility:
Flinders University has established the Short Term International Mobility Scholarship to assist students to undertake short term study overseas to enhance their Flinders University studies by providing an international perspective. The scholarship will be awarded for a period of study undertaken overseas of not less than two weeks and not more than six weeks.
The amount of the scholarship to contribute to airfare, accommodation and incidentals: $500

Joan Durdin Exchange Grants
The School of Nursing and Midwifery has established the Joan Durdin Exchange Grant for International Student Exchange for Nursing and Midwifery Students. The purpose of the scholarship is to assist students to undertake part of their course of study overseas to enhance their Flinders University studies by providing an international perspective. For more information please refer to the Joan Durdin Exchange Grant Guidelines available on the Exchange Opportunities of the School website.
### Application Dates for 2012:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>16 April</td>
<td>Joan Durdin Exchange Grants Opens. Promoted to all 2\textsuperscript{nd}/3\textsuperscript{rd} year students via email</td>
</tr>
</tbody>
</table>
| 23 April (Monday) | Exchange Information Sessions  
1pm-2pm  
Room: N220A |
| 24 April (Tuesday) | Antipodeans Exchange Opportunities  
12pm-2pm  
Room: N416 |
| 30 April   | Joan Durdin Exchange Grants Close.                                      |
| 7 May      | Applicants short listed- first round of offers go out.                  |
| 14 May     | 1\textsuperscript{st} round offers close.                               |
| 21 May     | 2\textsuperscript{nd} round offers close.                               |
| 25 May     | Remaining unclaimed funds can be offered later?                         |
| 25 May     | Exchange applications close                                             |
| 4\textsuperscript{th} June | Exchange Tutorials;  
1. Part one: Cultural information  
2. Part two: Nursing specific information in country  
3. Part three: Travel specific information  
These tutorials will be different for each of the three study tour options. The Antipodeans group’s tutorial will be held on a different date, closer to January. Midwifery exchange will have separate tutorial dates. |
| 6-27 July  | Exchange Activity. (Excluding the proposed Midwifery exchange(Sept) and the Antipodeans (Jan, 2013)) |
| 6 August   | Exchange Debrief                                                        |

For further information about Exchange Opportunities please contact;
Paul Saeki  
International Programmes Manager | School of Nursing & Midwifery  
Flinders University, Sturt Building, R N124 | GPO Box 2100 | Adelaide SA 5001 | AUSTRALIA  
Ph: +61 8 8201 3492 | Fax: + 61 8 8201 3410 | mobile: 0403 673 980  
Email: paul.saeki@flinders.edu.au
Application Procedure:

Students complete the International Office application. The application includes;
1. Personal and academic information (to be completed by the student with an approval from the undergraduate course coordinator. For example: Signature or letter stating the student is able to undertake the exchange).
2. Page 2. Study Plan (These can be pre completed)
3. Standard form contract (completed by student) and two academic references (to be sought by student). Financial plan to be completed by student.

* The completed application form should include the following attachments:

Attachment 1  
**Personal statement**
Guidelines are provided for writing this statement. 500 words

Attachment 2A  
**Academic references/Clinical Evaluation Reports**
With the Application you will be asked to submit two copies of your clinical evaluation reports (CER) with your application instead of academic references. Where only one CER is available, you will be required to submit one academic reference.

Attachment 3  
**Financial plan**
You can undertake your own research of flight costs. Estimates of other costs can be found on most of the partner institution websites. If you have difficulties in finding information the International Office can provide you with assistance. While on an outgoing exchange you are responsible for all travel related expenses including:
- Airfares, accommodation and daily living expenses (including books)
- Passport and visa costs
- Health, travel, incidental insurance cover and any incidental costs (Flinders University Travel Insurance [http://www.flinders.edu.au/finance/html/insurance/ApplyIns.htm](http://www.flinders.edu.au/finance/html/insurance/ApplyIns.htm))

Attachment 4  
**Study plan**
You will need to provide evidence that you have enrolled in NURS 2730, along with a paragraph statement about how this activity will compliment your studies.
NURS 2730 Nursing & Midwifery, Study Abroad

Topic description

Students are required to enrol in this topic for their exchange activity. For students who do not have the option of undertaking this topic as an elective may still undertake the exchange on the China Study Tour or the Antipodeans study tour with the approval of the course coordinator.

Study abroad provides students with an opportunity to undertake a cultural study tour in another country. It is available to all School of Nursing & Midwifery undergraduate nursing and midwifery students. The topic enables students to learn about that country’s culture, health care system and current health issues. Students undertaking this topic will be exposed to other intellectual knowledge traditions and approaches to learning in addition to different models of health care delivery. Thereby, students will develop an awareness of the changing global context of health care delivery, and develop the knowledge, skills and disposition required of a culturally aware practitioner working in today’s global health care environment.

Topic coordinator: Pauline Hill
Location: N305
Telephone: (08) 8201 7644
Email: pauline.hill@flinders.edu.au

Educational aims

The topic aims to develop students’ awareness of the changing global context of health and health care delivery, and to enable students to gain the knowledge, skills and disposition required to be a culturally aware practitioner.

Expected learning outcomes

On completion of the Study Abroad topic students will be expected to:

- have an understanding of the knowledge, skills and disposition required to be a culturally aware practitioner
- reflect on their own and other peoples’ cultural assumptions which influence the delivery of health care services
- be aware of other approaches to health and health care service delivery to those of their home country
- be aware of the intellectual knowledge traditions and approaches to learning of the host country
- critically examine and compare their home country health care system with that of the host country.
Materials for this topic

**Online study materials**

Your online study materials are available on Flinders Learning Online (FLO). To access FLO, go to iFlinders (https://i.flinders.edu.au) or FLO (http://learn.flinders.edu.au) and log in using your FAN and password.

You should check your FLO topic site at least weekly for study materials, activities, resources, announcements and discussions.

On the FLO topic home page you will find links to:

- topic information
- topic details/admin
- the *Study plan* and other materials
- the Library.

**Professional journal**

You are advised to keep a professional journal to document your reflections in this topic. It is anticipated that your journal work will provide invaluable assistance when completing your assignments. While your journal is not formally assessed, it forms an essential part of your learning and content for the first assignment for this topic.

**Topic readings**

**Library readings**

Readings for this topic may be provided online through the Library as eReadings and/or on Reserve. To access eReadings go to http://catalogue.flinders.edu.au/cgi-bin/Pwebrecon.cgi?DB=local&PAGE=rbSearch and select your topic to search for recommended and available readings.

**Useful resources/readings**


Marking rubrics
Rubrics will be available on FLO and from the topic coordinator in week 1 of the topic.

Assignment details
There are two (2) assessable components for this topic.

Assignment 1—Critical reflective paper and journal
Mode of submission Online through FLO (or as negotiated with the Topic Coordinator)
Graded
Weighting: 40%
Length: 1500 words + journal
Due date: The first Monday, two weeks after completing the exchange activity (or as negotiated with the Topic Coordinator)

Students are required to submit two items for this assessment— their reflective journal and a critical reflective paper.

The reflective journal should be commenced prior to departure for the host country.
1 Prior to departure students should reflect on the following ideas.
   • Their expectations of the study tour
   • Differences between living in Australia and the host country
   • What type of food, accommodation, toilets, transport, health care system, people and culture they will encounter
2 When in the host country, students should again reflect on the above ideas. Also, students should reflect on the following experiences.
   • How you felt on arrival. How does it feel to be a ‘foreigner’?
   • How you feel about the food, accommodation, toilets, transport, people and the culture now you are there.
   • What have you found challenging on the study tour?
   • What you have learnt about the culture and the health care system of your host country?
   • What you have learnt about yourself?
3 On return home to Australia, students should reflect on:
   • The knowledge, skills and attitudes (dispositions) they have developed towards being a culturally aware practitioner?
   • How this learning will contribute to their practice as a registered nurse?
The 1500 word paper should utilise the entries in your reflective journal to critically reflect on the activities they engaged in throughout the tour, with a particular focus on culture and how they have dealt with living within a different culture. The paper should also identify similarities and differences between the cultures and health care systems of Australia and the host country.

Please remember that critical reflection is more than just stating what you experienced. It involves writing about what you experienced, how you felt about it, why you felt that way (i.e. your personal values and beliefs, your personal experiences), and what you have learned about yourself and how you can apply these learning's both personally and professionally in the future.

You need to use references for the Critical Reflective paper to support facts and assertions made.

Assignment 2—Negotiated Artefact (piece of work)

Mode of submission Online through FLO

Graded

Weighting: 60%

Length: 3000 words equivalent

Due date: The first Monday, six weeks after completing the exchange activity (or as negotiated with the topic coordinator)

Students are required to create an artefact about a health issue facing the people of the host country. The concept for the piece of work is to be negotiated with the Topic Coordinator prior to departure. The creative piece of work could include any of the following. However, this is not an exhaustive list and students are encouraged to be creative in this assessment activity.

- Poster
- Health Education session
- Collage of photos telling their learning story
- Poem about their study abroad tour
- Information about the host country, the people, their health, the population, housing, transport, education, employment, language, religion, food and water supply can be presented in a way that tells the story about the health issue facing the people of the host country.

The artefact will be assessed based on its ability to convey:

- A clear understanding of the topic (with references to back up your assertions/arguments as appropriate).
- A description of the health issue with reference to the role culture plays in its incidence, treatment and outcomes.
- The impact on individuals and the health care systems in the host country (and Australia if relevant).
examples from your reflective journal describing your perspective and experiences of the health issue.
the implications for your future practice as a registered nurse.
any recommendations you would like to make (if applicable)

Possible health issues:

• Food consumption—fresh food versus take away and how that affects health (obesity, diabetes, heart disease etc)
• Immunisation rates and prevalence of TB, Hep A, Hep B, polio, tetanus, diphtheria,
• Water quality and supply—diarrhoea, typhoid
• Air quality and asthma rates
• Mental Health
• Maternal, Childhood & Neonatal morbidity and/or mortality
• Other diseases—Dengue Fever, Cholera, Malaria, Rabies, HIV/AIDS
• Sexuality and sexual health
• Disability
• National health priorities such as cancer, diabetes, heart disease, asthma.

Students may refer to The Travel Doctor website for summaries based on host country.
The Travel Doctor, Fact sheets ‘Destination fact sheets’, viewed 21 September 2011,