

Flinders University 2016 Now Has A Fresh Air Zone (Smoke Free) Policy.



Flinders
UNIVERSITY

inspiring achievement

Flinders University is now a smoke-free organisation.

Fresh Air Zones have been established around the Bedford Park campus to create a healthier environment for our students, staff and visitors. Smoking is now only permitted in dedicated areas.

Passive smoking (inhaling cigarette smoke produced by another person) is a known health risk. Fresh Air Zones ensure that students, staff and visitors to Flinders University are not unwillingly exposed to cigarette smoke.

Recognising the challenges this presents to smokers on campus, the University has established several dedicated smoking areas which allow major buildings, related common and open-air areas and common paths of travel to remain Fresh Air Zones.

What are Fresh Air Zones?

Fresh Air Zones are large areas of the Flinders University Bedford Park Campus which have been declared smoke-free to create a healthier environment for our staff, students and visitors. In order to create these Fresh Air Zones smoking is now only permitted in dedicated areas.

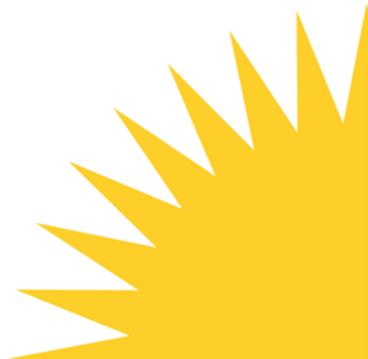
Why do we need Fresh Air Zones?

Recognizing the challenges Bedford park campus presents to smokers, the University has established several dedicated smoking areas which allow the rest of the campus to remain a Fresh Air Zone.

Where are these dedicated (smoking) areas?

1. Sturt – Northwest of Library
2. Flinders Living – rotunda
3. North Ridge – Western end of Central Library extension
4. North Ridge – Lake Walk, near Social Sciences North building
5. South Ridge – North of Engineering Building
6. South Ridge – West of McHugh's

View these locations on the map can be found on the following link: [Designated Smoking Locations](#)



Why isn't the whole Bedford Park campus smoke free?

We'd like to prevent smoking on campus completely, however we recognise that this can be hard for some, and that getting 'off campus' for a short break is difficult. With our buildings surrounded by bushland and pine forest (posing a fire hazard), ringed by busy roads and steep terrain, we need to ensure the safety of our community. The dedicated smoking zones have been chosen for the safety and comfort of everyone.

The policy will be regularly reviewed to take into account the safety and interests of our University community.

What should I do if I see someone smoking in a Fresh Air Zone?

If you feel comfortable, you could politely inform the smoker of the new policy – bear in mind they may not yet be aware of the changes.

If you do not feel comfortable, or the smoker rebuts your request, just let your area manager or school / faculty officer know that you have approached the person and their response.

Where can I get help to quit smoking?

A number of organisations provide support to quit smoking:

- Employee Assistance Program (EAP) for staff
- Health, Counselling & Disability Services, located on level 3 in the Student Centre, can provide free, confidential advice
- Quitline: 13 78 48 or <http://www.quitnow.gov.au/>
- Download the free My QuitBuddy app
- Quitcoach is a free online support service
- Staff or students with health cover may be eligible for nicotine replacement therapy benefits.
- Your General Practitioner can provide specific medical advice and support.