Watch Out for Pinch Points

A pinch point is any point where you can catch a part of your body between moving parts of machinery, equipment or materials.

Protect yourself from pinch points...

- Machine guards are designed to protect you from pinch points. Always keep them in place, even if it slows down productivity. Replace them if they malfunction.

- Always use machinery correctly. Shut a machine down before trying to correct a malfunction or jam and be sure to use the correct lockout/tagout procedures.

- Follow safety procedures when moving heavy or bulky material.

- Avoid horseplay on the job.

- Avoid loose clothing or jewellery that can get caught in pinch points. Keep long hair restrained.

Above all, stay alert. Carelessness around pinch points can be deadly.