Choosing and Using Protective Headwear

Hard Hats are your best protection against major head injury. They should be adjusted to your fit.

- The crown straps fit over the top of your head to cushion impact.
- The adjustable headband holds the hat securely to your head.
- The chin or nape straps keep the hat from being knocked off.

...Use a full-brimmed hat to protect against blows to the entire head, neck and shoulders.
...Use a visored hat when working in confined spaces.

Bump Caps...

protect against minor blows only. Use them in confined spaces where there are no serious head hazards.
NEVER use a bump cap in place of a hard hat.

Hair Covers...

keep hair from getting caught in moving machine parts. Usually fabric, they are adjustable and may have a front visor.

Other Headwear...

may be necessary for special tasks. These include:

- thermal liners for extremely cold temperatures.
- lamp brackets for work in dark areas.
- face shield mounts for use around flying particles.
- As protection from the sun

When using Hard Hats ...ALWAYS

- Adjust the straps of your hard hat to your own size.
- Keep your headwear clean and in good repair.
- Replace worn straps as needed.
- Check your hat for cracks before and after each use. Replace a hat that is cracked or has received a major impact.

...NEVER

- Never use paint or solvents on your hat - they can weaken its structure.
- Never use someone else's hat or give your hat to someone else to use.