

# 1. How much time are caregiving staff able to spend with me (or my family member)?

- Care staff are **always** able to spend enough time attending to my individual needs
- Care staff are **sometimes** able to spend enough time attending to my individual needs
- Care staff are **rarely** able to spend enough time attending to my individual needs

## 2. Do the shared spaces of the aged care home as a whole make you (or your family member) feel 'at home'?

- I feel **very** at home here
- I feel at home here **sometimes**
- I feel at home here **rarely**

### 3. Does your own room here make you (or your family member) feel 'at home'?

- I feel **very** at home in my room
- I feel at home in my room **sometimes**
- I feel at home in my room **rarely**

#### 4. Is there access to outside and gardens in this aged care home?

- I can get outside **whenever I want**
- I can get outside **sometimes**
- I cannot get outside **easily**

## 5. How often does the facility offer me (or my family member) things to do that make me feel valued?

- I **can** do things that make me feel valued often
- I can **sometimes** do things that make me feel valued
- I can only **rarely** or occasionally do things that make me feel valued

## 6. How flexible is the aged care home with the care routines (e.g. when you or your family member gets out of bed, shower, eat your meals)

- Care routines are **very flexible**. The aged care home is very happy to change the times they provide help if I require it
- There is a **little flexibility** in the care routines. The aged care home sometimes changes the times they provide care if I ask for it
- There is **not much flexibility** in the care routines. Care and assistance seems to occur when it most suits the aged care home