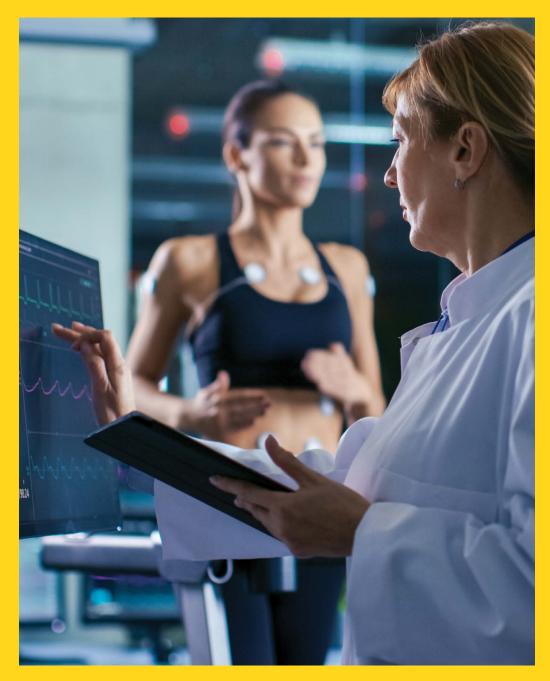


Rural and Remote Health NT



AUSTRALASIAN COLLEGE OF SPORT AND EXERCISE PHYSICIANS



# **Sport and Exercise Medicine**

### **Northern Territory Medical Career Pathways**

**Flinders NT Regional Training Hub** 

Flinders.edu.au/fnt-rth

## Sport and Exercise Medicine – Australasian College of Sport and Exercise Physicians (ACSEP)

The Australasian College of Sport and Exercise Physicians (ACSEP) is the pre-eminent professional body representing Sport and Exercise Physicians and Sport and Exercise Medicine in Australasia.

Read more about the ACSEP <u>here</u>



#### **Entry requirements**

- Current, unconditional, Medical Registration from the applicable Medical Board or Council in Australia or New Zealand
- Completion of suitably acceptable (for the purposes of the Application) first and second years (PGY01, PGY02; and the commencement of (at minimum) a third year of a suitably acceptable (postgraduate Year 3 (PGY3) medical training (or its full-time equivalent) Applicants who have not yet completed PGY3 will anticipate its completion prior to the date of commencement on The Training Program
- Permanent Residency or Citizenship of Australia or New Zealand.

#### How to Apply

- Determination of applicant eligibility for the Training Program is undertaken by the Interview and Selection Committee, in consultation with the Training Committee
- Completion of a minimum of three full time equivalent years of "Foundation Training"
- ACSEP allows the graduate to determine their own Foundation Training Pathway within the general medical and surgical fields
- at least two of the three years must have been in full-time, supervised positions in recognised teaching hospitals
- during Foundation Training the applicant is recommended to spend time in the following posts:
- general medical unit
- accident and Emergency Unit
- an orthopaedic service dealing mainly in sports medicine related orthopaedics or trauma.

#### **Total Training Time**

The Training Program is a minimum of 4 years in duration. Each training year consists of a minimum of 44 weeks dedicated to Clinical Training spread over the 52-week Training Program Year.

#### NT Sport and Exercise Medicine Training Pathways

Unlike other Specialist Medical Colleges where the majority of training is conducted within a hospital setting, the majority of ACSEP's training is conducted from privately owned medical clinics run by ACSEP Fellows. For one of these clinics to be deemed as a suitable and recognised training practice for our Registrars, that practice must undergo a rigorous Accreditation Process as conducted by the ACSEP.

Territory Sports Medicine is currently the only practice accredited for ACSEP SEM training.

### NT Sport and Exercise Medicine Training

Training Site	Foundation - General Medicine	Foundation - Accident and Emergency Unit	Foundation - Orthopaedic service	FACSEP – 44 weeks	Notes
Royal Darwin Hospital (tertiary hospital)	•	•	•		
Palmerston Regional Hospital	•	•			<ul> <li>Foundation Training: at least two of the three years must be in full-time, supervised positions in recognised teaching hospitals.</li> <li>During Foundation Training the applicant is recommended to spend time in the following posts: <ul> <li>General medical unit</li> <li>Accident and Emergency Unit</li> <li>An orthopaedic service dealing mainly in sports medicine related orthopaedics or trauma.</li> </ul> </li> </ul>
Gove District Hospital	• Rural Medicine term	• Rural Medicine term			
Katherine District Hospital	• Rural Medicine term	Rural Medicine term			
Alice Springs Hospital (tertiary hospital)	•	•	•		
Tennant Creek Hospital	• Rural Medicine term	Rural Medicine term			Rural Medicine term (a mixture of general medicine and emergency medicine).
Territory Sports Medicine (Darwin)				•	

• Training available.

Note: To be used as a guide only - refer to the relevant health service and ACSEP for current training post accreditation options.

#### Contacts

For more information on Sport and Exercise Physicians & Sport and Exercise Medicine training and employment opportunities in the NT, please contact: Flinders NT Regional Training Hub fnt.rth@flinders.edu.au (08) 8920 0253

Top End Health Service hospitaldoctors.THS@nt.gov.au

#### **Central Australia Health Service** MedicalRecruitmentASH@nt.gov.au

Territory Sports Medicine reception@tsm.com.au

Australasian College of Sport and Exercise Physicians: nationaloffice@acsep.org.au (03) 9654 7672

**Disclaimer:** Flinders NT Regional Training Hub have compiled information which has been reviewed by specialist medical colleges and health services. Information is accurate as of June 2022. CRICOS No. 00114A