



CAREER CATALYST PROGRAM

A program for women in leadership roles who want to build workplace courage, clarity and confidence.

SOUND FAMILIAR?

- You'd like to be more proactive about your career, but your good intentions are consistently thwarted by an overflowing inbox and a never-ending To Do list.
- You're spending so much time and energy on meeting other people's needs and expectations that you rarely contemplate the question 'what do **I** want and need?'
- You know that gender equality requires cultural and systemic change - but while that change is underway, you could do with some fresh input on how to navigate your existing terrain with courage and confidence.

OVERVIEW

Career Catalyst Program is designed for female leaders who want to build a strong leadership legacy and identity, without compromising their values, wellbeing or relationships.

The program aims to build:

Career Courage

The skills to dial down your inner critic, build your workplace presence and profile, recover from setbacks and take action even when you feel fearful, awkward or uncertain.

Career Clarity

The ability to articulate your unique combination of skills, strengths and needs, identify how to develop your capabilities and profile in your current role and plan for the next phase of your life and career.

Career Confidence

The self-belief to make daily choices and bigger decisions based on your own values and priorities - not on gendered social norms, fear of the unknown or other people's expectations.

Who should attend

Women in leadership roles, from first time managers to senior leaders.

Program Dates and Modes

Tuesday 4 June	1:00pm – 2:30pm	Virtual
Thursday 13 June	9:30am – 5:00pm	In Person
Friday 14 June	9:30am – 5:00pm	In Person
Thursday 20 June	1:00pm – 2:30pm	Virtual
Thursday 27 June	1:00pm – 2:30pm	Virtual
Thursday 4 July	1:00pm – 2:30pm	Virtual

Location

In-person workshops will be held at:
*Flinders University City Campus
Executive Education Suite - Level 14
One Festival Tower
Station Road
Adelaide CBD*

Inclusions

- > 6 hours virtual + 2 days in-person delivery.
- > Complimentary access to the self-paced, online *Career Clarity Bootcamp* – to support you in determining 'what's next?'
- > Morning tea, lunch and afternoon tea at the in-person workshops.

Investment

Earlybird*	\$2400 + GST per person
Standard	\$2700 + GST per person
Alumni	\$2400 + GST per person

**(enrol before 26 April 2024)*

ENROL NOW

Enrol [here](#) or visit Flinders University Short Course webpage.

Unable to attend these dates?

You can register your interest [here](#).

PROGRAM COMPONENTS

The Career Catalyst Program comprises four elements that together foster positive, measurable change.

1 Pre-program preparation

In preparation for the workshop, participants:

- > complete a Self-Reflection exercise
- > attend a 1.5-hour online Introductory Session.
- > complete a values assessment (optional).

2 Two-day in-person workshop

Two days of high-impact learning, exploration and skill development in four domains:

Building leadership identity:

Articulating strengths, skills and priorities, expanding career courage, understanding gender dynamics.

Responding to stress and cultivating calm:

Developing fierce *and* tender self-compassion, drawing on mindfulness, setting and maintaining boundaries.

Communicating with presence and power:

Dialling down self-doubt and cultivating leadership presence with mind, body, language and voice.

Navigating team and organisational dynamics:

Building influence and managing challenging relationships.

3 3 x 1.5-hour Implementation sessions

To support implementation and ongoing learning, participants join a weekly Implementation Session for the three weeks following the in-person workshop.

4 Career Clarity Bootcamp

An online, self-paced program that provides the templates, tools and tactics to help you create a Roadmap for the next phase of your life and career.

In-house delivery

For large groups, we can also deliver and contextualise this course exclusively for your organisation.

Find out more

Please contact Tammy Joachin, Head, Executive Education on 0401 002 719 or tammy.joachin@flinders.edu.au for further information on this program.

FACILITATOR

Anna Lee 



Anna started her first business 14 years ago, when her firstborn was 6 weeks old. Her mission: to help women take charge of their lives and careers.

Over the next six years Anna worked with hundreds of women across all levels of organisational hierarchies, from recent graduates to CEOs. In 2014 her desire to take a more systemic approach to workplace inclusion saw Anna partner with her brother Diarmid at Leed Consulting.

Anna returned to the women's development sphere in 2021 with the launch of Hacks for Her, which focuses on equipping women with the career navigation skills required to succeed in workplaces that, for the most part, are still designed for and by men.

"Anna has an uncanny insight into human behaviour and knows how to quickly drill down to the important issues with respect and care. She brings out the best in people, enabling them to not only focus on areas needing development but also on how to maximise their strengths."

- Jane Pickering, CEO Eldercare and Chair, SA Leaders for Gender Equity