

INSPIRING ACHIEVEMENT

Volume 4 I Issue 37 October 2021

Research News

Dean of Research

Dear all,

In early March this year, Scott Morrison said "it's not a race". Since then, just about everything has been a race for me. I'm therefore very pleased to say that we won the race to code our publications using the 2020 Field of Research codes. The pie-charts below show that we completed our coding of publications before any other College.



Thanks to everyone in the College who helped do this – and especially to the Research Section Heads: Jane, Sarah and Tim who coded the remaining publications.

We have just put out a call for applications to the College Research Seed Grant scheme. This scheme is an excellent way for early- and mid-career researchers to get their projects off the ground. I strongly encourage you to apply.

We have just released details of a new Summer Research Scholarship scheme to encourage undergraduates to work on research projects over the Summer break. We will also soon be announcing another scholarship programme, which will allow indigenous students to gain research experience during 2022. With both programmes we hope to generate interest in research and develop the next generation of researchers.

Finally, we all received the sad news that our VPED, Mike Kyrios, will be leaving Flinders. I would like to thank Mike personally for his support for research in the College. I have gone to Mike with many ideas for programmes and appointments to increase our research capacity and Mike has always been a strong supporter. Mike has an excellent record of research himself, and luckily for us, will continue his relationship with the College with an honorary appointment.

Enjoy the fishing in Greece Mike!

Very best,

-Mike



Congratulations to **Dr Kathina Ali** who has been awarded the **2021** *Vice-Chancellor's Award for Early Career Researchers*. Kathina will receive \$2,500 to fund opportunities to broaden her research networks and enhance her research standing and recognition. The award ceremony will be held at a later date.



Associate Professor Shane Pill was awarded the 2021 ACHPER(SA) President's Award for Distinguished Service to the Profession at the Australian Council for Health, Physical Education and Recreation SA Branch's AGM on 22 September 2021.

Shane was also awarded the **Reviewer of the Year** award of the Physical Education and Sport Pedagogy Journal.





Refereed Journal Articles

Davies, C., Elder, C.V., Riggs, D.W., & Robinson, K.H. (2021). The importance of informed fertility counselling for trans young people. *Lancet Child and Adolescent Health*, *5*, e36.

Harvey, E., & Jones, M. (2021). Using complex adaptive systems theory to understand the complexities of hospital social work practice in rural and remote South Australia. *British Journal of Social Work*. Doi: 10.1093/bjsw/bcab197

Riggs, D.W., Tollit, M., Lin, A. (2021). Refusing puberty blockers to trans young people is not justified by the evidence. *Lancet Child and Adolescent Health*, *5*, e35.

Velardo, S. & Elliott, S. (2021). Co-interviewing in qualitative social research: Prospects, merits, and considerations, International Journal of Qualitative Methods. Doi: 10.1177/16094069211054920

Vu, K., Riggs, D.W., & Due, C. (Online First 2021). Exploring anti asexual bias in a sample of Australian undergraduate studies. *Psychology and Sexuality*.

Williams, J., & Pill. S. (2021). Traditional Asian games, doing critical pedagogy and the knowledge that actually counts in Australian physical education teacher education. *Journal of Teaching in Physical Education*. Doi: 10.1123/jtpe.2021-0025.

Woodyatt, L., Wenzel, M., Okimoto, T. G., & Thai, M. (2021). Interpersonal transgressions and psychological loss: Understanding moral repair as dyadic, reciprocal, and interactionist. *Current Opinion in Psychology, 44*, 7-11. doi:https://doi.org/10.1016/j.copsyc.2021.08.018

Conference Proceedings

Curtis, D. D. (2021). *Building Evidence-Informed Innovation. The Case of 21st Century Skills* Innovation, resiliency, and transformation in education: Learning from the global pandemic, Surabaya, Indonesia.



Dr Morgana Lizzio-Wilson



Spotlight Series: ECR and Mid-Career Researchers

With the aim of raising awareness of the amazing early- and mid-career researchers within our College, we will be profiling and sharing the successes of a different ECR/MCR each month. It is my pleasure to kickstart this spotlight series with Dr Morgana Lizzio—Wilson! Dr Ryan Balzan, ECR College Representative

When did you come to Flinders and what is your current role within the College?

I'm a Research Fellow in Social, Political, and Feminist Psychology. I joined the College in March 2021 after finishing a 2-year postdoc in the School of Psychology at the University of Queensland. My research seeks to the answer the question: how can we create and maintain social change? I have two lines of work which seek to answer this question. The first examines when and why people will engage in political action (e.g., protests, blockades, acts of civil disobedience) to disrupt or reinforce the status quo (e.g., Black Lives Matter vs. All Lives Matter). The second seeks to evaluate and identify effective prejudice confrontation strategies which encourage members of historically advantaged groups (e.g., men, White people) to reconsider their biases and act in solidarity with members of disadvantaged groups.

Can you briefly describe the work/research journey that took you to this point in your career?

I didn't think I would have a career in academia when I started my PhD. I went into research to become a subject-matter expert in gender, sexism, and political action with a view to taking that knowledge into industry and/or the not-for-profit sector. But then I realised that being an academic was the best way for me to champion social change and feel fulfilled in my work. I can use my research to identify evidence-based solutions to social problems and share that knowledge with industry and the general public; and I can use my teaching to educate undergrads about human behaviour and social justice. For now, academia is the right balance of doing what I love and providing what the world needs in terms of evidence-based strategies for change.

What was your favourite part of being a postdoc and what was the hardest part of being a postdoc?

My favourite part about being a postdoc is the freedom to focus on research. I can pursue (and hopefully answer) interesting questions and learn new methods in a supportive and collaborative team environment. Being a postdoc gives you the opportunity to expand your research repertoire and hone your research skills before diving into a teaching and research role. You also get a lot of a close mentoring from your postdoc supervisors which is invaluable when you're an early career researcher learning to navigate academia. With that being said, the hardest part about being a postdoc is the lack of job security and uncertainty about the future. It's tough going from fixed-term contract to fixed-term contract and racing against the clock to publish your research before going on the job market again. And if you're not careful, that insecurity and uncertainty can affect your productivity and wellbeing because you're so worried about maintaining a steady income while still finding a way to pursue a job that you love!

What is something you are most proud of?

In terms of professional achievements, I published a first-author paper in <u>Psychological Science</u> earlier this year. It's a huge achievement to publish in such a high-impact outlet this early in my career. I'm really proud of the work and the skills I learned while writing the paper, and I'm grateful to my amazing postdoc supervisors for their guidance and support. In terms of personal achievements, moving to Adelaide and living outside of my hometown (Brisbane) for the first time. Living in a different city has always been on my bucket list, and I'm excited to learn to live and thrive in an unfamiliar city without my friends and family so close by.

What are your future ambitions?

In the short term, I'd like to move into a teaching and research role in the next 5 years. In the long term, I'd like to use my role as an academic to further a social justice agenda and help create social change. Specifically, I'd like to use my research to develop and test frameworks that allows us to progress gender equality through an intersectional lens (e.g., considering the unique challenges and prejudices that minority women face); develop and teach courses that help students to understand, question, and confront prejudice and inequality; and work with community organisations to evaluate the effectiveness of their campaigns and share my expertise where I can.

How do you like to relax or spend your spare time?

I'm a big foodie, so I like to cook new dishes at home and go out to new and interesting restaurants. I also love animals and nature, so my partner and I will often go for bushwalks and do some koala spotting. I'm also a big fan of horror/thriller films, so come October each year I love to do horror movie marathons and eat loads of candy!



PRESENTATIONS

- Curtis, D. (2021, October). Invited keynote presentation titled "Building Evidence-Informed Innovation. The Case of 21st Century Skills" at the International Conference on Educational Innovation (ICEI) hosted by the University of Surabaya, Negeri. The conference title was "Innovation, resiliency, and transformation in education: Learning from the global pandemic".
- Grant, C. (Sept, 2021). Invited presentation. *A veteran's experience of wellbeing*. Heathfield Highschool, South Australia (audience 150+ year 11 and 12s + staff).
- McMillan, J. M., Jarvis, J. M. & Bissaker, K. (2021, September). *Impact of a multi-site project on school leaders' knowledge of and capacity to implement inclusive practices* [presentation]. Australian Association for Special Education National Conference, Adelaide, SA.
- Nixon, R.D.V. (September, 2021). Cognitive Processing Therapy for PTSD: Updates on findings from international and local trials. Webinar for the Adelaide Veteran-Focussed Mental Health Professionals Network.
- Pill, S. (2021, October). Delhi Public School Ghaziabad International School. *Find Your Fearless to Seek Wellbeing*. Talk at the school's Fit India: Fit-o-mania celebration.
- Pill, S. (2021, September). Professional experience site coordinator's meeting: *Quality physical education provides the potential for learning enhancement across the curriculum*, Flinders Tonsley.
- Pill, S. (2021, September). Physical, Health and Sport Education (PHASE) Hong Kong (Online) Conference Keynote presentations: *Meaningful Games and Sport Curriculum* and *Game-Based Teaching and Coaching as a Spectrum of Teaching Styles*.
- Riggs, D.W. (2021, September). An overview of affirming care provision for trans young people. *Australian Association of Social Workers Trans and Gender Diverse Practice Training*, Adelaide.
- Riggs, D.W. (2021, September). Temporalities and imagined futures: Trans young people and their parents navigating fertility preservation. Invited presentation, *Australian Society for Psychosocial Obstetrics and Gynaecology*.
- Riggs, D.W. (2021, September). Healthcare professionals working with transgender and non-binary people in regards to fertility preservation. Invited presentation, *In/fertility Research Network Reproductive Lifecycles Meeting*.

Brave New (Virtual) World:

Gaming and Problem Gaming in the Age of Covid-19

Presented by

Associate Professor Daniel L. King

Alere at Flinders & Livestream 26 October 2021 I 6pm (ACDT)

How is online gaming affecting our sleep patterns, and our mental and physical health? On the one hand, online gaming may confer benefits to people's lives under pandemic conditions, but globally, there is growing recognition of the harms generated by unhealthy digital technology habits.

How has gaming activity changed during the pandemic? Have rates of problem gaming changed? And, how should different stakeholders, including families, schools, health providers, government bodies, and the gaming industry respond?

Registration information (in person and online) on Flinders' Brave Research Series page.



& Professional Services

- Dr Monica Cations led some of the research that helped decriminalise abortion in SA. An article published in the National Tertiary Education Union's Agenda 29 (2021, October), written by Associate Professor Barbara Baird (CHASS), describes how "Flinders University academics played a central role in decriminalising abortion in SA". "Flinders historians Dr Prudence Flowers and Associate Professor Catherine Kevin, with strong research backgrounds in the US anti-abortion movement and Australian histories of pregnancy, respectively, played leading roles. Adjunct Professor Judith Dwyer, a public health academic and feminist abortion campaigner of over 35 years standing, joined with retired sociologist Dr Margie Ripper, also a seasoned campaigner, and psychologist Dr Monica Cations to conduct public opinion research about abortion. The results showing 80 per cent support for decriminalisation were published in 2020, just in time for the final leg of the law reform campaign." (see: Cations, M., Ripper, M. & Dwyer, J. (2020). Majority support for access to abortion care including later abortion in South Australia. Australian and New Zealand Journal of Public Health, 44(5), 349-352.)
- Associate Professor Shane Pill is the Assistant Coach Goodwood Saints Senior Women Team: Division 4
 Adelaide Football League Premiers.
- Associate Professor Tim Windsor gave a presentation on The Science of Ageing Well to the St Mary's Probus Club, Pasadena on 11 October.



Mind, Body and Cognition: Semester 2 dates

Thursdays 2pm I North Theatre 4

October 21 Christiana Harous

Working through interpersonal transgressions: Narration as a tool for offenders

Cameron Grant

Veteran mental health help-seeking behaviour



Dr Sam Elliott will be convening the 2nd Biennial Youth Sport Summit (YSS) on December 2, 2021. The aim of the YSS is to energise and inspire stronger partnerships between researchers and the sport industry. The 2021 event will include eight 'TED-inspired' guest talks delivered by renowned researchers and industry leaders on the topics of sport and mental health, enhancing parent, coach and athlete experiences, and diversity and inclusion in sport. We will also be launching an exciting initiative for the South Australian sports sector.

The YSS will also showcase the latest research activities in the SHAPE Research Centre and spotlight our HDR students who are currently completing innovative research in the interdisciplinary field of sport.



- **15 October 2021**. Flinders News; The National Tribune; Mirage News. *Are mums safe at the wheel?*, featuring Professor Michael Gradisar's study into sleep deprivation in new parents and the effects on their driving abilities.
- **14 October 2021**. EGlobal Travel Media; Upper Yarra Mail: Mountain Views.mail; Clarence Valley Independent. *National research reveals online habits double in a decade*, featuring Associate Professor Daniel King research study as part of the Second National Study of Interactive Gambling in Australia finding that more Australians than ever are gambling online.
- **13 October 2021**. ABC Online, Podcast. Interview with Dr Dan Fassnacht on the underlying stressors of the pandemic meaning that everyday annoyances can feel overwhelming and how to bounce back from them.
- **13 October 2021**. Radio National, Canberra. Interview with Dr Dan Fassnacht's insights into how to bring joy back into life after challenging times.
- **3 October 2021**. The Guardian. *'The hardest point in recovery': The long wait for eating disorder*, featuring comments by Professor Tracey Wade that more services are needed for this complex mental illness. A recently opened 13 bed residential treatment centre (QLD) aims to create a home-like environment so that participants can model recovery when they return home and hopefully avoid the revolving door of hospital admissions. SA is next in line for a similar facility.
- **3 October 2021.** Sunday Mail Adelaide; SME Times; webindia123; Chicago Indian; Kentucky Indian; Newyork Indian; Houston Indian; and associated press. *World-first study shows border grief*, featuring Dr Kathina Ali's research, in partnership with SAHMRI, into international border closure sparking 'extreme levels' of distress among people torn apart by Covid-19. The study surveyed almost 4000 people on their mental health due to travel restrictions.
- **2 October 2021.** ABC Radio Darwin. Interview with Emeritus Professor Leon Lack about changes in sleep patterns due to factors such as the weather and stress.
- **1 October 2021**. Aged Care Insite, Nationa. Over 80 not 'over the hill', featuring Associate Professor Tim Windsor discussing his research into day to day activities of 73 adults aged 89 years on average showing that when people remain engaged in meaningful activities there was a higher quality of emotional experiences and a stronger sense of purpose.
- **30 September 2021**. ABC Radio Adelaide. Interview with Emeritus Professor John Halsey about the need for quality principals and education in rural areas and the role this plays in capacity building the location.
- **22 September 2021**. ABC Sunshine Coast. Interview with Professor Mike Nicholls on the 10 percent of the global population whose dominant hand is left and what this means for children when it is first discovered they are left-handed.
- **17 September 2021.** The Educator, *How P.E. has suffered during Covid-19 and what can be done* by Associate Professor Shane Pill. Article focuses on the decrease in young people's physical activity due to the loss of sport in 2020.
- **15 September 2021.** ABC Radio Canberra. Interview with Associate Professor Shane Pill re P.E. the forgotten lesson in Covid lockdowns.
- **15 September 2021.** Mirage News; National Tribunes; Flinders University. *P.E. forgotten lesson in Covid lockdown*, featuring Associate Professor Shane Pill research looking at a 10-week period in Tasmania when students were required to study online from home and the impact this had on primary school P.E. lessons.
- **12 September 2021.** Sydney Morning Herald. *Hidden reality of airbrush fantasy*, featuring research by Nepheli Beos, Professor Eva Kemps and Ivanka Prichard (College of Nursing and Health Sciences) showing that young women who edit and manipulate photos on social media are more likely to consider cosmetic procedures, with those less satisfied with their appearance more at risk.
- **6 September 2021**. AARE Blog. *Why it's a nightmare to use Zoom to get* moving. Blog article written by Associate Professor Shane Pill, with Vaughan Cruickshank and Casey Mainsbridge.
- **3 September 2021.** Netflix, *Explained (season 3, episode 8)*, featured research by Professor Michael Wenzel (with Tyler Okimoto and Matthew Hornsbey) on normative dilution.

Encounter

Professor Robyn Young

In Flinders' 2021 Encounter magazine, a feature article titled 'When autism meets the law' focuses on Professor Robyn Young's work to stop autistic people from slipping through the justice system cracks. Encounter is available to read here.



Higher Degree by Research

HDR Conference Wrap-up

Thank you to everyone who attended and presented at the HDR conference this year. All the presentations were excellent, and everyone did a fantastic job at presenting. Also, please feel free to provide feedback to the student committee about what you thought worked well and did not work well at this year's conference. We are also happy to hear any ideas you may have for next year's conference. The upcoming end of year CEPSW HDR survey will also allow you to provide feedback for future conferences.

HDR Student Committee Recruitment

We are hoping to recruit new members to the committee with a focus on Social Work and International students. Having equal representation across the college is important because it allows us to improve and support all HDR student's experiences. This a low time commitment role that would require around 2 hours a month. Please get in contact if you are interested in joining.

HDR Tips and Tricks

Unsure about the HDR milestones? The HDR FLO page has resources and guidelines about the milestone process. First-year students might want to check out the college-specific Confirmation of Candidature guidelines too. https://flo.flinders.edu.au/course/view.php?id=56481§ion=3

CEPSW HDR Contacts

A reminder that if you have any concerns or questions that you might not feel comfortable asking your supervisor, please get in touch with any of the committee members and we will help you as best we can or point you in the right direction.

Student Committee: epsw-hdr-sc@FLINDERS.onmicrosoft.com

Education: catherine.litchfield@flinders.edu.au
Psychology: ryan.calabro@flinders.edu.au
Social Work: tess.cunningham@flinders.edu.au

International: jin.chen@flinders.edu.au

Link to CEPSW HDR FLO page: https://flo.flinders.edu.au/course/view.php?id=56481

Twitter: https://twitter.com/EPSWHDR

HDR Completions

Scott Polley's PhD thesis has received the examiners recommendation of pass. Primary supervisor: Professor Murray Drummond. Associate Supervisor: Associate Professor Shane Pill.

Awards

Congratulations to **Olivia Burton** (PhD candidate Psychology) who won a **2021 Psychonomic Society Graduate Conference** award. The award is given annually to graduate students of the Society who present their research at the 2021 Annual Meeting which will be held virtually 4-7 November. Award recipients are recognised during the meeting and receive a USD\$1000 award.



Best Higher Degree by Research Student Publication 2021

Guidelines for the Best Higher Degree by Research Student Publication

The 'Best HDR Student Publication' is an initiative of the Deputy Vice-Chancellor (Research). Awards will be made to students selected by each College. The value of each award will be \$1,000.

Eligibility

The first author of the publication must be a Flinders University student, who has not previously won the Award, and who meets the following conditions:

- 1. The student must currently be enrolled in a Higher Degree by Research at Flinders University.
- 2. The publication must be published in the current year or year before, and must have Flinders University as the author's affiliation.
- 3. Peer reviewed journal articles, refereed conference papers, book chapters only (not reviews) and books will be accepted.
- 4. The student must only submit one publication for an award each year.

Procedure

Students should submit one publication to the Dean (Research), Professor Mike Nicholls, by **COB Friday 26**th **November 2021** to cepsw.research@flinders.edu.au. No late entries will be accepted.

Each College select its winners which will be submitted to the Dean of Graduate Research. The Dean of Graduate Research will award the Best HDR Student Publication 2021 at an appropriate celebration.

Submission

Applicants should submit the following for review by the College:

- 1. Copy of the publication.
- 2. Month the research output was published.
- 3. A justification of why the publication is important.
- 4. Number of citations.
- 5. Impact Factor of the journal or refereed conference paper.
- 6. Ranking of the journal in their field.
- 7. For multi-authored publications, the relative contribution of each of the authors to the publication (% for the following components: research design; data collection and analysis; and writing and editing.)
- 8. A letter of support from the Supervisor that includes additional evidence about the importance of the publication specific to the field of study.

Judging Criteria

- Does the publication make a significant original contribution to the field of study?
- Are methodology, research, evidence and conclusions used appropriately and described clearly?
- Is the writing of high quality and the publication well presented?
- Is the publication in a quality journal, book or equivalent?

Awards

One award will be available to the College of Education, Psychology and Social Work to the value of \$1,000, payable to the student via electronic funds transfer.



Grants, Funding and Award Opportunities

ResearchLink for further searches

- American Foundation for Suicide Prevention Innovation Grants. Internal closing date 1 November 2021.
- ARC National Competitive Grants Program: For a list of 2021 indicative key dates.
- ARC Linkage 2021: Applications for Linkage Projects for funding applied for in 2021 (LP21) are now open in the Research Management System (RMS) and will close on Thursday, 16 December 2021.
- The Capstone Editing Grant for Mid-Career Researchers. The grant provides up to \$5,000 of seed funding for one researcher per year to undertake an innovative research project. Applications close 24 February 2022. Details on website.
- Flinders University Innovation Partnership Seed Grants (IPSG). Funding up to \$25,000. Deadline: 1 December 2021. For queries contact Gareth Rees on 8201 2199, research.grants@flinders.edu.au
- Russell Sage Foundation (US). Various opportunities in social sciences. Letter of intent deadline: 10 November 2021
- Wellcome Discovery Awards to improve human life, health and wellbeing. External closing date 11 November 2021.

Notices, Professional Development and **Events**

- Australian Bureau of Statistics Data. Free access to ABS data.
- ARC Outreach Program- funding scheme information sessions.
- ARC: Definition and application of Field of Research (FoR) Codes. Friday, 5th November.
- Center for Advancement of Research Methods and Analysis (CARMA) online training. Free research methodology online training is now available to Flinders University researchers through CARMA.
- ECR Forum (0-8 years post PhD). Wednesday 3 November.
- Flinders Library. Open Access Week 2021: 25-31 October- includes launch by Professor Robert Saint of Repository of Open Access Data Sets to support Open Access to Flinders Research Data.
- iEnrol Research. Upcoming web-conferences for researchers.
- MCR Forum (9-15 years post PhD). Tuesday 16 October.
- Research Integrity. Presented by Hendryk Flaegel, Manager, Research Ethics and Compliance, RDS, this session covers requirements of the Australian Code for the Responsible Conduct of Research (2018) and other relevant guidelines and legislation. Date: 2 December 2021.
- Writing a ROPE for ARC fellowships. Recording and slides of session with Tim Haydon, Director, the Write Media Network.
- Youth Policy Series for Schools. This event is facilitated by the Commissioner for Children and Young People and will be held on 10 November from 4.30pm at Flinders in the City. A flier will be sent out soon with tickets available through EventBrite. Refreshments will be served from 4.30pm onwards courtesy of our sponsor Credit Union SA. The event starts at 5pm. For further information please contact Dr Andrew Bills,