



Research News



Dean of Research

Dear all,

Welcome to the first College Research Newsletter for 2022. I hope you managed to get a good break over the summer period and spend some relaxing time with friends and family. I thought we were back on track last year, but then Omicron struck. Hopefully, things will return to normality this year. Once again, I would like to thank you for your continued efforts under very trying circumstances. As testament to this, Marja tells me that this is a big newsletter- so there is clearly a lot of activity going on.

We have just updated all of the College support forms and you can find them here: <https://staff.flinders.edu.au/colleges-and-services/epsw> under 'documents'. Please have a look through the funding opportunities and start planning to make use of them. We ran the Summer Research Awards for the first time over the break and we had an outstanding response. Eight undergraduates undertook research projects during their holidays and we hope these students will continue to pursue their interest in research.

I hope there will be many opportunities for you to pursue your research goals this year. If you would like to talk to about your plans, please don't hesitate to get in contact with the Head of your Research Section or with me. One opportunity that has just arisen is the Channel 7 Children's Research Foundation (see page 12 for details). Emails containing details of this scheme were sent out on the 4th and 7th of February. If you would like feedback on your EOI, please don't hesitate to get in contact with me or the College Research Team. As for Discovery Projects funded by the ARC.... Applications have yet to be announced for the DP23 round. Although no formal announcement has been made, it's possible that the 2023 round will be skipped. We will keep you updated!

I hope it's a good year for you.

Very best,
-Mike



Associate Professor Shane Pill was funded **\$29,013** from the **Association of Independent Schools NSW** for the project informing the AISNSW PDHPE's work to support schools in effective pedagogical approaches to physical education.

Professor Damien Riggs is a co-Chief Investigator on a \$108,445 grant funded by the Canadian Institute of Health Research for the project *Growing up trans: An international longitudinal qualitative investigation of trans youth and family well-being*. The project is led by A. Pullen Sanfaçon of the University of Montreal with V. Barras, A. Carlile, N. Chadi, L. Chiniara, S. Ghosh, S. Katz-Wise, W.J. Edward Lee, D. Medico, and F. Suerich-Gulick. Professor Riggs will receive **\$18,539** of the funding.

Associate Professor Melanie Takarangi is the Flinders Lead Chief Investigator on an **\$525,424** awarded **ARC Discovery Project** titled *Investigating memory reliability in intoxicated witnesses of crime* led by Lauren Monds, University of Sydney. Other investigators include J. Chin, M. Montebello, M. Semrad, and H. Flowe. Associate Professor Takarangi will receive approximately \$89,158.

Professor Emma Thomas is the Flinders Lead Chief Investigator on an **\$407,915** awarded **ARC Discovery Project** titled *The psychology of gridlock: Compromise, coalitions, and radicalisation* led by Winnifred Louis, University of Queensland. Other investigators include M. Hornsey, K. Fielding, C. Amiot, and F. Maghaddam. Professor Thomas will receive approximately \$130,000.

Associate Professor Ben Wadham (Open Door), is co-Chief Investigator on a **Hospital Research Foundation** grant (2021 Targeted Grant Round in Women's Health), led by Professor Sharon Lawn who won **\$150,000** for *No-women's-land: Female veterans, gender, transition and support for mental health*. Other investigators include N. Jamieson, J. Lane, E. Waddell and L. Roberts.



Dr Monica Cations won the ECR category of the **Health Services Research Association of Australia and New Zealand (HSRAANZ) Best Health Services and Policy Research Paper of the Year Award** for her paper *Using data linkage for national surveillance of clinical quality indicators for dementia care among Australian aged care users*. Monica was also awarded the **Australian Association of Gerontology Helen Barrie National Prize for Early Career Excellence in Gerontological Research**.



Professor Eva Kemps was joint winner (with Andrekos Varnava, College of Humanities, Arts and Social Sciences) of the inaugural **2021 Flinders Student Led Teaching Awards** in the category of **Most Supportive Supervisor**.



Professor Damien Riggs, with Kimberly Fuller of Cleveland State University, won the **2021 Sexual and Relationship Therapy Outstanding Article of the Year Award** for the article *Intimate relationships and challenges amongst a sample of transgender people living in the United States*.

Publications



Books

- Pill, S., SueSee, B., Rankin, J. & Hewitt, M. (2022). *The spectrum of coaching styles*. Routledge.
- Shute, R. H., & Slee, P. T. (2022). *School bullying and marginalisation: Harmonising paradigms*. Springer Nature.

Book Chapters

- Shute, R. H. (2021). Communication between parents and teachers regarding school bullying: A Complex Adaptive Systems (CAS) perspective). In Arcidiacono, F. (Ed.), *Parents and teachers: Perspectives, interactions and relationships* (pp. 69-93). Nova Science.
- Shute, R. H. (2022). Was British Cold War spy and double agent Kim Philby a successful psychopath? A psychobiographical analysis. In Mayer, C. H., Fouche, P. J. P., & van Niekerk, R. (Eds.), *Psychobiographical illustrations on meaning and identity in sociocultural contexts*. Palgrave Macmillan. Doi: 10.1007/978-3-030-81238-6_9

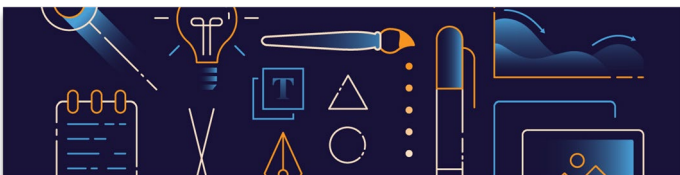
Refereed Journal Articles

- Ali, K., Fassnacht, D.B., Farrer, L.M., Rieger, E., Moessner, M., Bauer, S., & Griffiths, K.M.(2022). Recruitment, adherence and attrition challenges in internet-based indicated prevention programs for eating disorders: lessons learned from a randomised controlled trial of *ProYouth OZ. J Eat Disord* **10**, 1 (2022). Doi: 10.1186/s40337-021-00520-7
- Ali, K., Iasiello, M., van Agteren, J., Mavrangelos, T., Kyrios, M., & Fassnacht, D.B. (2022). A cross-sectional investigation of the mental health and wellbeing among individuals who have been negatively impacted by the COVID-19 international border closure in Australia. *Global Health*, *18*:12. Doi: 10.1186/s12992-022-00807-7
- Balzan, R. P., Gilder, M., Nancarrow, T., Mavrangelos, T., & Wade, T. D. (2022). Hasty decision-making in individuals at-risk of developing an eating disorder. *Journal of Behavior Therapy and Experimental Psychiatry*, *75*:101717. Doi: 10.1016/j.jbtep.2021.101717
- Brabazon, T., Armstrong, E., Baker, N., Batchelor, S., Brose, J., Charlton, S., Carpenter-Mew, R., Collett M.J., Cooper, A., Ganzer, S., Hayden, C., Hammond, L., McLeod, A., Phillips, J., Thomas, J., & Witt, S. (2021). Deeply digital in shallow times: Writing communities in the shadow of the pandemic. *International Journal of Social Sciences and Educational Studies*, *8*(4). Doi: 10.239/ijsses.v8i4p230
- Butow, P., Havard, P.E., Butt, Z., Juraskova, I., Sharpe, L., Dhillon, H., Beatty, L., Beale, P., Cigolini, M., & Kelly, B. (2022). The impact of COVID-19 on cancer patients, their carers and Oncology health professionals: A qualitative study. *Patient Education and Counseling*. Doi: 10.1016/j.pec.2022.01.020
- Couzner, L., Day, S., Laver, K., Withall, A., Draper, B., & Cations, M. (2021). What do professionals need to know about young onset dementia? An international Delphi consensus study. *BMC Health Services Research*. Doi: 10.1186/s12913-021-07411-2
- Day, S., Roberts, S., Launder, N., Goh, A.M.Y., Draper, B., Bahar-Fuchs, A., Loi, S., Laver, K.E., Withall, A., & Cations, M. (2021). Age of symptom onset and longitudinal course of sporadic Alzheimer's disease, frontotemporal dementia, and vascular dementia: a systematic review and meta-analysis. *Journal of Alzheimer's Disease*. Doi: 10.3233/JAD-215360
- Drummond, M., Drummond, C., Elliott, S., Prichard, I., Pennesi, J., Lewis, L., Bailey, C., & Bevan, N., (2022). Girls and young women in community sport: A South Australian perspective. *Frontiers in Sport and Active Living*. Doi: 10.3389/fspor.2021.803487
- Georgiou, N., Delfabbro, P., & Balzan, R. P. (2022). Conspiracy theory beliefs, scientific reasoning, and the analytical thinking paradox. *Applied Cognitive Psychology*. Doi: 10.1002/acp.3885
- Grieshaber, S., Krieg, S., McArdle, F., & Sumsion, J. (2021). Intentional teaching in early childhood education: A scoping review. *Review of Education*, *9*(3). Doi: 10.1002/rev3.3309
- Gynell, I., Kemp, E., Prichard, I., & Tiggemann, M. (2022). The effect of item placement on snack food choices from physical and online menus. *Appetite*, *169*, 105792.
- Hamiduzzaman, M., Siddiquee, N., & McLaren, H. (2022). COVID-19 risk perceptions and precautions among the elderly: A study of CALD adults in South Australia. *F1000Research*, *11*(43), 43.
- Kemp, E., & Tiggemann, M. (2021). Attentional bias modification for chocolate: Sham-n training as a new control group. *PLoS ONE*, *16*, e0260294.
- McGreen, J., Kemp, E., & Tiggemann, M. (2022). The predictive value of evaluative bias, attentional bias, approach bias and self-regulatory control in soft drink consumption. *Appetite*, *168*, 105771.
- Matthews, S.R., Elizabeth, M., Roberts, L.N., & Nixon, R.D.V. (2021). Client versus clinicians' standards of clinically meaningful change and the effects of treatment expectations on therapeutic outcomes in individuals with posttraumatic stress disorder. *Behavior Therapy*. Doi: 10.1016/j.beth.2021.12.007

Publications



- Nash, R., Otten, C., Pill, S., Williams, J., Mainsbridge, C., Cruickshank, V. & Elmer, S. (2021). School leaders' reflections on their school's engagement in a program to foster health literacy development. *International Journal of Educational Research Open*, 2-2, 100089. Doi: 10.1016/j.ijedro.2021.100089
- Okely, A.D., Pill, S., Tremblay, M. (2022). A collaborative approach to adopting/adapting guidelines. The Australian 24-hour movement guidelines for children (5-12 years) and young people (13-17 years): An integration of physical activity, sedentary behaviour, and sleep. *International Journal of Behavioral Nutrition and Physical Activity*, 19, 2. Doi: 10.1186/s12966-021-01236-2
- Riggs, D.W., Baum, N., Taylor, N., & Beall, J. (2021). Reports of animal abuse in child protection referrals. A study of cases from one South Australian service. *Child Abuse Review*. Doi: 10.1002/car.2720
- Russell, A., Leech, R.M., & Russell, C.G. (2021). Conceptualizing and measuring appetite self-regulation phenotypes and trajectories in childhood: A review of person-centered strategies. *Frontiers in Nutrition*, 8:799035. Doi: 10.3389/fnut.2021.799035
- Shin, M., Juventin, M., Ting Wai Chu, J., Manor, Y., Kemps, E. (2022). Online media consumption and depression in young people: A systematic review and meta-analysis. *Computers in Human Behavior*, 128, 107129.
- SueSee, B., Pill, S., Davies, M., & Williams, J. (2021). "Getting the Tip of the Pen on the Paper": How the Spectrum of Teaching Styles Narrows the Gap Between the Hope and the Happening. *Journal of Teaching in Physical Education*. Doi: 10.1123/jtpe.2021-0164
- Vandenbosch, L., Fardouly, J. & Tiggemann, M. (2022). Social media and body image: Recent trends and future direction. *Current Opinion in Psychology*, 45:101289. Doi: 10.1016/j.copsyc.2021.12.002
- Williams, J., Pill, S., Evans, J., & Davies, M. (2022). '... if my family didn't play football ... we would literally have pretty much nothing': how high school Aboriginal students continue culture through rugby league and Australian football. *Sport, Education and Society*, 27(1), 57-71.
- Williams, J., Pill, S., Coleman, J., Mallett, C., & Hughes, S. (2022). Combining psychology, a Game Sense Approach and the Aboriginal game Buroinjin to teach quality physical education. *Curriculum Studies in Health and Physical Education*, 13(1), 34-48. Doi: 10.1080/25742981.2021.1966312



Presentations

- Askell-Williams, H., Koh, G., & Barr, S. (2021). *Self-regulated learning was last year's big thing at our school! Sustaining school-improvement initiative*. Presented at the Australian Association of Research in Education's Symposium 'Preparing our young people for uncertain times: Exploring how leaders and teachers promote self-regulated learning' with Emeritus Professor Mike Lawson as the Discussant.
- Barr, S., & Askell-Williams, H. (2021). *Changes in leaders' and teachers' epistemic reflexivity for teaching about self-regulated learning*. Presented at the Australian Association of Research in Education's Symposium 'Preparing our young people for uncertain times: Exploring how leaders and teachers promote self-regulated learning' with Emeritus Professor Mike Lawson as the Discussant.
- Pill, S. (2021, November 13 & 19). The Coach Doctor Podcast interviews. *Applying game sense to your coaching Part 1 and 2*. Beyond the Club podcast, *Coach developers: What, why and how*.
- Rankin, J. (2019, December). Invited presentation *Can you escape from Treasure Island? Group functioning through a lens of initiative games within challenge and adventure activities*. ACHPER Secondary Conference.
- Riggs, D.W., & Bartholomaeus, C. (2021, December). *Transgender and non-binary students, staff, and family members in schools*. Australian Association for Research in Education Conference, 28 November, Online.
- Skrzypiec, G. (2021, December). Invited Speaker - *Middle-school students experiences of COVID-19 lockdown: Student Wellbeing*. Positive Psychology, Shanghai Psychological Society.
- Wadham, B. (2021, December). Presentation titled *Risk factors for ex-serving defence personnel to enter corrective services systems* at the Virtual International Colloquium on Justice Involved Veterans.

Social Work Innovation Research Living Space



HDR News

Confirmation of Candidature: Tessa Cunningham



On Friday, 4th February, SWIRLS held its first Confirmation of Candidature for Tessa Cunningham. SWIRLS was thrilled to host this important milestone which was attended by 19 professionals and peers. Despite the challenge of technical hiccups, Tessa delivered an excellent presentation. Congratulations Tessa!

Title: Criminalised young people and the worlds they inhabit: an exploration of discourse, power and subjectivity

Question: What can we learn from the lived experiences, narratives and everyday lives of criminalised young people?

Summary: This PhD project addresses the gap in research on youth crime, criminals and crime control by undertaking qualitative research with criminalised young people (15-25 years) and aims to imbue their lived experience voice throughout all stages.

Chair: Associate Professor Melanie Takarangi, Higher Degree by Research Coordinator

Supervisors: Professor Sarah Wendt and Dr Kate Seymour

Reviewers: Professor Sally Robinson and Dr Ben Lohmeyer

SWIRLS Phd and Honours - Research Forum Series

On Wednesday, 2nd March, SWIRLS will hold the first forum in a 3 part PhD and Honours Research Forum Series. The topic for the first forum is **social work registration**. At the conclusion of the series, students will have the opportunity to further engage with SWIRLS and continue to build a meeting program to discuss their priority themes.

Publications

Bastian, C., & Wendt, S. (2021). Collaboration between child protection and domestic and family violence: A case file review. *Australian Social Work*. Doi: 10.1080/0312407X.2021.2000627

Welcome New SWIRLS Members

SWIRLS welcomes new post-doctoral researchers [Dr Georgia Rowley](#) and [Dr Sharyn Goudie](#). Georgia and Sharyn will work across SWIRLS research projects in child protection and domestic and family violence.

Presentations

Dr Carmela Bastian will be a key speaker at the upcoming AASW Symposium: Are we caring for everyone? This will be held on Thursday 10th March, online. Details can be found on the [AASW website](#).

The Symposium will have key speakers and three panel discussions and will seek to explore current child protection practice trends and research in the area, challenges faced by child protection social workers and how we can better support frontline workers.

Community and Professional Service

Graduate Certificate in Trauma Responsive Practice: Course Advisory Group

A call for Eols for a Course Advisory Group resulted in appointing members across industry who will provide input in the future development of the course. The Course Advisory Group's key function is to continue collaboration between Flinders and industry, support curriculum development, work with teaching staff to develop skills in line with contemporary practice, engage in opportunities for co-teaching and co-development of learning resources, and promote and champion the course. This new course will be ready for the first cohort of students in Semester 1.

Upcoming Events

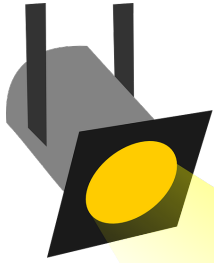
SWIRLS International Public Lecture on 15 March 2022
Social Work Registration: Changes, Challenges and Opportunities

MC: Professor Sarah Wendt, Director of SWIRLS

Panelists: Dr Henglien Lisa Chen, Senior Lecturer of Social Work in the Department of Social Work and Social Care at the University of Sussex and Co-Director of CSWIR; and, Associate Professor Lorna Hallahan, CEPSSW.

The lecture presents an 'in conversation with' stakeholders about the registration of social work. The Australian and UK contexts provide a unique opportunity to explore both the opportunities and challenges registration has- locally and globally. Australia is embarking on registration whilst the UK has experienced registration for two decades.

Details will soon be posted on the [Flinders Events](#) page.



Dr Megan Bartlett

Spotlight Series: ECR and Mid-Career Researchers

With the aim of raising awareness of the amazing early- and mid-career researchers within our College, we will be profiling and sharing the successes of a different ECR/MCR each month. It is my pleasure to introduce to you Dr!!

Dr Ryan Balzan, ECR College Representative

When did you come to Flinders and what is your current role within the College?

I undertook and completed both my undergraduate and postgraduate degrees at Flinders University. I was awarded a Bachelor of Psychology (Honours) in 2012 and a Doctor of Philosophy (Psychology) in 2018. I chose to study at Flinders due to its excellent reputation in psychology as well as the idyllic surrounds which made for a unique environment in which to undertake my studies. Since 2018, I have been employed as a Postdoctoral Research Associate in the Brain and Cognition Laboratory at Flinders, under the supervision of Professor Mike Nicholls. The Laboratory studies basic and applied aspects of attention, perception and cognition using techniques such as electroencephalography and augmented and virtual reality.

Can you briefly describe the work/research journey that took you to this point in your career?

I studied psychology in Years 11 and 12 in high school and became fascinated and intrigued by it, so it seemed natural that I would pursue a degree in psychology at university. I went into it, though, with a goal of ultimately wanting to train as a Clinical Psychologist. When I started, I didn't think that research was even a possible career path. It was only when I had finished Honours and worked for a year as Manager of the Perceptual and Cognitive Performance Laboratory at Flinders that I really developed my passion for research, which is why I decided to pursue a career in research through a PhD.

What was your favourite part of being a postdoc and what was the hardest part of being a postdoc?

My favourite part of being a postdoc is working in such a collaborative and supportive environment and having some outstanding academics and researchers as mentors. I enjoy contributing to diverse and wide-ranging research, while also being able to develop and pursue an independent, focused line of research. My research is primarily focused on the priority field of Human Factors, investigating elements of automation interface design, individual user differences and user training protocols that shape human-automation interaction, using techniques including mathematical modelling and hierarchical Bayesian parameter estimation. I think the hardest part of being a postdoc is definitely the uncertainty associated with a lack of job security, which always plays on your mind and is a sentiment echoed by others. Close to half of Australian Early Career Researchers (ECRs) in a 2021 survey cited job insecurity as a significant barrier to job satisfaction and career advancement. Job insecurity, however, isn't only limited to the experience of ECRs, as many researchers in academia are employed on fixed-term or casual contracts. This goes to show that while academic life is gratifying, it is not without its difficulties and challenges for all.

What is something you are most proud of?

I am particularly proud of my supervisory responsibilities, in particular the mentoring of talented Honours students. I have enjoyed developing my skills as a supervisor, guiding students through the research process, instilling in them an enthusiasm for and appreciation of experimental psychology and rigorous scientific thinking and ultimately helping them to achieve their goals. The most rewarding part is when the students who I have mentored progress onto further study and successful careers.

What are your future ambitions?

I am passionate about research, so ideally, I would like to continue in a research-focused role, whether that may be in academia, government, or industry. I am also passionate about leveraging research in Human Factors, seeing as the rapid adoption of automation and increased technological advances since the Industrial Revolution has fundamentally changed the nature of work across the globe. By using our prior knowledge of human capabilities and limitations and cognition and behaviour, we can develop principles for enhanced training and strategy selection in safety-critical workspaces in diverse fields such as Defence and National Security and Medicine and Health, ultimately leading to safer and more efficient human-automation interaction.

How do you like to relax or spend your spare time?

I love spending time with family and friends, going for walks and reading. I also find spending time in nature, especially by the ocean, so relaxing. We are so lucky and spoilt in South Australia to have such a stunning coastline.



& Professional Services

- Dr Andrew Bills will be leading a Special Interest Group (SIG) for the Australian Association for the Australian Association for Flexible and Inclusive Education (AAFIE) throughout 2022 and 2023. The SIG will venture into discussions about inclusive pedagogy and curriculum that suits young people, rather than expecting young people to fit into a standardised way of doing school. AAFIE is the home for all Australian educators, researchers, and policy makers who come with a shared commitment to providing successful educational opportunities and pathways for young people who have experienced barriers to completing mainstream school education.
- Since 2020, Associate Professor David Curtis has been advising the SACE Board on developing frameworks for the development and assessment of student capabilities, such as personal growth, collaborative engagement, quality thinking, personal enterprise, and ethical understanding.
- Associate Professor David Curtis has been invited to join the Editorial Board of the Journal of Vocational Education and Training, published by Taylor & Francis. He has been a reviewer of manuscripts for over a decade.
- Dr Sam Elliott, Dr Kym Williams, and Prof Murray Drummond continue to engage and impact local sporting communities through the recently created podcast, [Beyond the Club](#). In just over 1 month, *Beyond the Club* has now released 5 episodes aimed at helping sporting clubs, coaches and parents more skilled, knowledgeable and agile. To date, the podcast has been accessed over 500 times and is available on [Apple](#) and [Spotify](#). The podcast project, which focuses on communicating research for end-users, is funded under the Partnerships Program through the Office for Recreation, Sport and Racing (SA). In addition to strong audience engagement in Australia, the podcast has a growing international audience in the UK, US and Canada. To hear about the latest research in youth and community sport, listen now to *Beyond the Club*.
- Professor Sarah Wendt has been appointed to the Editorial Board of the Journal of Social Work which is published by Sage.



International Colloquium on Defence Abuse and Military Sexual Assault

An invitation from the Australasian Services Care Network and Open Door

The Colloquium seeks to explore the issue of military sexual assault and other forms of abuse and its impact on military service members, veterans and their immediate family. The aim is to shine a light on these issues, to share what we know about it, and evidence informed responses and interventions to address the issues and support those affected by it.

The event will be held on Thursday 10th March 2022. The program includes a presentation by Associate Professor Ben Wadham on *Institutional abuse and organisational reform in the ADF*, and Tony Wright, CEO of Forward Assist and Salute Her UK and Paula Edwards, Salute Her UK Team Manager, on *The invisible service men and women: Interviews with UK military sexual assault survivors*.

The presentations will be followed by an interactive Panel Session that allows for questions about points raised in the presentation or other matters related to the topic.

You can register via the [webpage](#). If you have any questions, email [ASCN \(New Zealand\) Secretariat](#).



9 February 2022. [ABC 7.30 report](#). Interview with Associate Professor Ben Wadham on war crimes as part of the segment on the trial of Ben Roberts-Smith.

2 February 2022. Medical Xpress; Flinders; and associated media. *Diet decisions can make teens feel good about themselves*, featuring Christopher Bailey (PhD candidate) and Professor Murray Drummond on teenagers setting their own standards to adhere to a healthy diet.

29 January 2022. Mirage News; Health Times; and associated media. *Young people with eating disorders may have undiagnosed autism*, featuring Professor Robyn Young study on the link between undiagnosed autism spectrum disorder in young people and eating disorders.

28 January 2022. Courier Mail Brisbane; and associated media. *Autism and eating link*, featuring Professor Robyn Young study on the link between undiagnosed autism spectrum disorder in young people and eating disorders.

25 January 2022. Faculti. *Leadership for differentiated instruction*. Podcast of Dr Jane Jarvis discussing how teachers at an secondary campus understood and addressed learner diversity as part of a whole-school effort towards more inclusive practices.

23 January 2022. Sunday Mail Adelaide. *Love rules in times of uncertainty*, featuring Professor Damien Riggs comments on the importance of sharing core values that is key to enduring love and romance.

18 January 2022. Adelaide Advertiser; and associated media. *Crucial years in primary school*, featuring Dr Carol Aldous' on how parent's attitudes influenced how well a child did at maths and the importance of parents adopting a 'growth mindset'.

6 January 2022. The Advertiser; and associated media. *Tips to beat school holiday boredom and prevent your kids from mutating into screen zombies*, with comments from Professor Damien Riggs and Associate Professor Dan King.

1 January 2022. Zest Mag. *Online menus should put healthy food first*, featuring research by Indah Gynell, Eva Kempes, Ivanka Prichard and Marika Tiggemann on the importance of item placement to promote healthier food choices from online menus.

26 December 2021. MSN.com. VNE Explorer. Pehal News. *Eat This, Not that! This subtle menu change can help you order healthier*, featuring research by Indah Gynell, Eva Kempes, Ivanka Prichard and Marika Tiggemann demonstrating the importance of item placement to promote healthier food choices from online menus.

23 December 2021. Your Life Choices. *More people choose healthy options when these are listed first*, featuring research by Indah Gynell, Eva Kempes, Ivanka Prichard and Marika Tiggemann demonstrating the importance of item placement to promote healthier food choices from online menus. Also found in WN.com; The Epoch Times, *Women choose healthier items when they're listed first on menus*.

21 December 2021. Northern Territory News, Darwin. *New research shows healthy food choices come out on top*, featuring research by Indah Gynell, Eva Kempes, Ivanka Prichard and Marika Tiggemann demonstrating the importance of item placement to promote healthier food choices from online menus.

21 December 2021. West Australian, Perth. *Healthy picks are on top*, featuring research by Indah Gynell, Eva Kempes, Ivanka Prichard and Marika Tiggemann demonstrating the importance of item placement to promote healthier food choices from online menus.

21 December 2021. Courier Times, Brisbane. *Menu spot health key*, featuring research by Indah Gynell, Eva Kempes, Ivanka Prichard and Marika Tiggemann demonstrating the importance of item placement to promote healthier food choices from online menus.

21 December 2021. Sydney Morning Herald. The Age. *Healthy food options come out on the top*, featuring research by Indah Gynell, Eva Kempes, Ivanka Prichard and Marika Tiggemann demonstrating the importance of item placement to promote healthier food choices from online menus.

20 December 2021. Hobart Mercury. *Top options for health*, featuring research by Indah Gynell, Eva Kempes, Ivanka Prichard and Marika Tiggemann demonstrating the importance of item placement to promote healthier food choices from online menus.

20 December 2021. The National Tribune. Newswise. NewsLife247. Medical Xpress. *Online menus should put healthy food first*, featuring research by Indah Gynell, Eva Kempes, Ivanka Prichard and Marika Tiggemann demonstrating the importance of item placement to promote healthier food choices from online menus.

19 December 2021. Mint. *Why online menus should put healthy food first*, featuring research by Indah Gynell, Eva Kempes, Ivanka Prichard and Marika Tiggemann on the importance of item placement to promote healthier food choices from online menus. Also found in Free Press Journal, *Keeping healthy foods at tops in online menus helps people make better choices*.

18 December 2021. newKarala.com; perthherald.com; The Fact News; webindia123; chhattisgarhtoday.in; and associated media. *Study finds online menus should put healthy foods first*, featuring research by Indah Gynell, Eva Kempes, Ivanka Prichard and Marika Tiggemann on the importance of item placement to promote healthier food choices from online menus. Also found in The Adelaide Advertiser, *Healthy foods are made to order*.



- 17 December 2021.** Northern Territory News; The Courier Mail. *Life of grime: Inside the world of Adelaide's hoarders and what should be done to help them*, featuring Professor Mike Kyrios comments on hoarding being a highly complex clinical condition.
- 10 December 2021.** Sydney Morning Herald. The Age. Brisbane Times. WA Today. *We know soft drinks are bad for us but our thirst remains. Why?* featuring ARC funded research by Joshua McGreen, Eva Kempf and Marika Tiggemann uncovering some of the mechanisms underlying soft drink consumption.
- 9 December 2021.** The Advertiser. *Warning signs of abuse: Pet cruelty linked to harm*, featuring research conducted by Professor Damien Riggs.
- 5 December 2021.** News Medical Life Sciences. *Researchers investigate individual responses and mechanisms for the increase in soft drink consumption*, featuring ARC funded research by Joshua McGreen, Eva Kempf and Marika Tiggemann uncovering some of the mechanisms underlying soft drink consumption.
- 5 December 2021.** Taiwan Sun; Webindia123; The Fact News. Perth Herald; and associated media. *Research finds new insights to fight against soft drinks consumption*, featuring ARC funded research by Joshua McGreen, Eva Kempf and Marika Tiggemann uncovering some of the mechanisms underlying soft drink consumption.
- 5 December 2021.** Sunday Mail Adelaide. *Summit easy to digest*, featuring Dr Sam Elliott on the Youth Sport Summit which tackled issues including leadership roles for women, relationship between parents and coaches and management of retiring athletes.
- 4 December 2021.** The National Tribune. *Soft drinks' sweet appeal*, featuring ARC funded research by Joshua McGreen, Eva Kempf and Marika Tiggemann uncovering some of the mechanisms underlying soft drink consumption.
- 3 December 2021.** Alpha Galileo. *Taking the cap of soft drink consumption*, featuring ARC funded research by Joshua McGreen, Eva Kempf and Marika Tiggemann uncovering some of the mechanisms underlying soft drink consumption.
- 2 December 2021.** MedicalXpress. *Why we can't say no to an icy cold soft drink*, featuring ARC funded research by Joshua McGreen, Eva Kempf and Marika Tiggemann uncovering some of the mechanisms underlying soft drink consumption.
- 29 November 2021.** ABC Online. Talkback: Royal Commission into Defence and Veteran Suicide, featuring guest Associate Professor Ben Wadham. The program focused on a royal commission seeking to reveal the root causes behind higher rates of suicides for defence force veterans than the rest of the population.
- 29 November 2021.** The Australia; Adelaide Now; Cairns Post; and associated media. *'Constant belittling' prompted army private suicide, royal commission hears*, featuring Associate Professor Ben Wadham's comments on the 'dark side' of military training that commanders won't talk about.
- 29 November 2021.** Radio National. Interview with Associate Professor Ben Wadham who gave evidence during the Royal Commission into veteran suicides and that the number of suicides is likely to be underestimated.
- 28 November 2021.** Sunday Mail Adelaide. *In 2021, kids have a hold on power*, featuring Anne Bayetto on analysis of students' writings (aged 7 to 13) showed a 61.8% increase in the use of the word 'power' compared to 2020.
- 24 November 2021.** Education Today. *Power on children's minds*, featuring Anne Bayetto highlighting that the use of the word 'power' has increased by 61.8% in students' writings compared to 2020.
- 24 November 2021.** Verve Times. *Autistic kids sleep study a world first*, featuring Dr Michelle Short on the effective use of CBT in adults with insomnia and whether this treatment could work for children on the autism spectrum.
- 24 November 2021.** Oxford University Press; School News Australia; The New Daily. *Australian children's word of the year 'power' illustrates students' desire to take back control of their lives following the pandemic*, featuring Anne Bayetto highlighting that the use of the word 'power' has increased by 61.8% in students' writings compared to 2020.
- 24 November 2021.** Tasmanian Examiner; Southern Cross; Yahoo! News Australia; Australian Associated Press. *'Power' named children's word of the year*, featuring Anne Bayetto's comments on the use of 'power' increasing by 61% in an analysis of the writing of students in years 3 to 8.
- 23 November 2021.** Body and Soul. *Do disclaimers about digitally altered images actually protect our body image?* Excerpt from the article in The Conversation by Emeritus Professor Marika Tiggemann.
- 22 November 2021.** The Conversation. *'This image has been digitally altered': Disclaimer labels are meant to protect viewers' body image, but do they work?* Article written by Emeritus Professor Marika Tiggemann.
- 21 November 2021.** Australian Associated Press; MSN Australia; Yahoo! News Australia; and associated press. *Autistic kids sleep study a world first*, featuring Dr Michelle Short on the effective use of CBT in adults with insomnia and whether this treatment could work for children on the autism spectrum.
- 20 November 2021.** Radio National. Interview with PhD candidate Victoria Bridgeland on the responses to trigger warnings as part of her research study.
- 16 November 2021.** Schools News Australia; Get Education; Flinders News. *Call to action to improve school attendance*, featuring Dr Andrew Bills' comments on addressing school disengagement in South Australia.
- 16 November 2021.** The Educator Australia. *How resistance training can make young people more active*, featuring Associate Professor Shane Pill's comments on the further marginalisation of physical education as a subject online.



Flinders University and the University of Bologna
Cotutelle

Introducing PhD Candidate

Laura Menabò

Introduction

My name is Laura Menabò and I am a PhD student at the University of Bologna, in Italy. My research seeks to deeply understand how bullying and cyberbullying, perspective emotions associated as well as psychological outcomes, can vary between Italian and Australian teens by adopting different methods, including self-report questionnaires, focus groups and behavioural experiments based on eye-tracking.

In 2018, I had the chance to personally meet Dr Grace Skrzypiec and Professor Phillip Slee. Their passion and enthusiasm for my project immediately inspired me to seek a collaboration with them which officially came to fruition in 2020 with the signing of the cotutelle agreement between our universities.

Cotutelle represents a great important recognition, giving me the opportunity to be recognised as “Doctor of Philosophy” both in Italy and Australia. Moreover, the possibility to see how different labs and research teams work in different environments represents a crucial component for doing quality research and improving my research skills.

Border Closures

Starting from these premises, I was due to arrive in July 2021. Then pandemic arrived and it changed my story, as it did that for all the others. I perfectly remember the sense of powerlessness in hearing that the Australian borders would be closed until further notice. Luckily, I am a person who does not lose heart and I decided to do everything I could to try and facilitate my entry into Australia. First of all, I was one of the first people to get vaccinated in Italy (after the categories that were most entitled to it, of course) so I could get the vaccine and increase my chances of being accepted in Australia. Secondly, I applied and won the Marco Polo grant, an important scholarship that further would have supported me during my Australia stay. However, the deadline for the Marco Polo would have been in March 2021 which was impossible for me to be in Australia. I therefore had to apply for two extensions which, fortunately, were both confirmed. In the meantime, I kept in close contact with my Australian supervisors, as well as the staff at Flinders University, who have always supported and encouraged me to continue, despite the dark and difficult times in the continuation of my research. "Will the borders remain closed for much longer?"; "Is there a glimmer that they might reopen for students?" "What should I do?"

Online Meetings

I cannot forget the long online meetings with Phillip and Grace, trying to find an answer to my many questions as well as that feeling that my research was on standby despite all the efforts made, the vaccine, the funds found for possible quarantine, the willingness to move to the other side of the world at very short notice. I cannot also forget the incredible sense of happiness at the news that Australia would reopen on 1 December as well as the fear and disappointment at the December 15 postponement. Although the situation was still uncertain, I felt it was time to buy the flight ticket and my arrival was scheduled for 14 January, and borders that really do seem to be open. However my plane was cancelled and automatically rescheduled for 4 February, four days before my departure. But it was too late for me! So I had to contact the company and reschedule for 19 January.

Arrival

So now here I am, after a 25-hour journey! I have finally landed in this beautiful and welcoming land to continue my research.



Higher Degree by Research

HDR Student Committee 2022

Ryan Calabro (Psychology), Olivia Burton (Psychology), Catherine Litchfield (Education), and Tessa Cunningham (Social Work) make up the EPSW HDR Student Committee. As a committee, we are dedicated to ensuring that you have the best possible experience at Flinders when completing your HDR degree. We strive to represent HDR students' best interests for decision making made by the college, provide support in times of need, and provide opportunities to meet with fellow students and academics across the college through social events and the EPSW HDR student conference (held annually).

We are currently looking for more EPSW HDR students to the join the committee. This is a great opportunity to build your CV, as well as your networking, team and organising skills. This is a low time commitment role, and you can dedicate as much time to the committee as you want to.

What will you do on the committee?

- Help organise events and social functions for HDR students
- Be the voice for EPSW HDR students
- Build cross-discipline student relationships
- Bring new ideas about study-life to the HDR Student Committee

Finally, if you have any concerns or questions that you might not feel comfortable asking your supervisor, please get in touch with any of the committee members and we will help you as best we can or point you in the right direction.

HDR Student Survey 2022

The EPSW HDR Student Committee run a yearly student survey to gauge students' thoughts and feelings about all facets of Uni life. The survey is important as it helps guide us make the best decisions for HDR students.

To guide our work, we would appreciate it if you could complete a brief survey for us (only takes about 10 minutes to complete). This is your chance to have your voice heard about issues that matter to you. All responses are anonymous and only select members of the student committee have access to your responses.

Thank you to everyone who has completed the survey so far, your responses and suggestions have been very helpful in recognising what issues are most important to HDR students in EPSW.

Please complete the survey with the following link: https://qualtrics.flinders.edu.au/jfe/form/SV_a3Fwm8RHJtLzIH4

CEPSW HDR Contacts

A reminder that if you have any concerns or questions that you might not feel comfortable asking your supervisor, please get in touch with any of the committee members and we will help you as best we can or point you in the right direction.

Student Committee: epsw-hdr-sc@FLINDERS.onmicrosoft.com

Education: catherine.litchfield@flinders.edu.au

Psychology: ryan.calabro@flinders.edu.au

Social Work: tess.cunningham@flinders.edu.au

Link to CEPSW HDR FLO page: <https://flo.flinders.edu.au/course/view.php?id=56481>

Twitter: <https://twitter.com/EPSWHDR>

HDR Completions

Libby Hammond was awarded her PhD titled *A trans-Tasman relational model for academics integrating Indigenous knowledges and perspectives into whitestream social work education*. Principal supervisor: Dr Keith Miller. Associate supervisor: Dr Helen McLaren. Congratulations, Libby!

Bethany Wilton-Harding was awarded her PhD titled *Awareness of age-related change: Individual differences, intra-individual variability, and implications for self-regulation and well-being in middle and older adulthood*. Principal supervisor: Associate Professor Tim Windsor. Associate supervisor: Professor Eva Kemps. Congratulations, Bethany!



ResearchLink for funding searches

- [ARC National Competitive Grants Program](#): For a list of 2021 indicative key dates.
- [The Capstone Editing Grant for Mid-Career Researchers](#). The grant provides up to \$5,000 of seed funding for one researcher per year to undertake an innovative research project. Applications close 24 February 2022. Details on [website](#).
- [NHMRC – 2022 Grant Program dates](#).

Channel 7 Children's Research Foundation 2023

The Channel 7 Children's Research Foundation of South Australia (CRF) annual grants program for basic science, clinical studies and community-based studies in 2023 will open for **Expressions of Interest on 21 February 2022**.

For the 2023 grants round, CRF encourages projects with an emphasis on young minds, chronic illness and disability, foetal development, and systems of care and education.

Key dates:

- EOI for 2023 opens: 21 February 2022. Internal closing date: 14 March 2022. External: 28 March 2022.
- EOI outcomes notified: mid-May 2022
- Short-listed grant applications accepted: 18 May – 30 June 2022
- Shortlisted applicants notified of outcomes: October 2022
- Public event announce the Research Grants for 2023: 27 October 2022



- [Center for Advancement of Research Methods and Analysis \(CARMA\) online training](#). Free research methodology online training is now available to Flinders University researchers through CARMA.
- [Center for Open Science](#) presentation, Tuesday 22 February, 9.30am. Flinders is hosting Professor Brian Nosek from the Centre of Open Science (USA) who will present *Culture change towards more open, rigorous, and reproducible research*. This is an online event and you can register [here](#).
- **Keeping Kids Connected to Learning and Schooling, Summit #2, 29 March 2022**. Dr Andrew Bills, the Commissioner for Children and Young People, Helen Connoly and Nigel Howard are running a second summit in response to the 2020 Graham Report on Suspensions, Exclusions and Expulsions (SEE). If you would like attend please email [Dr Andrew Bills](#).
- [Physical Education, Health, Athletics, Sports and Experiential Learning](#) (PHASE) will be running a series of online professional development workshops in 2022. 19 February: *The Spectrum of Teaching Styles in PE*, presented by Brendan SueSee and Associate Professor Shane Pill. 23 March: *The Spectrum of Teaching Styles in Sport Coaching*, presented by Mitch Hewitt and Shane Pill. 19 May: *The Spectrum of Teaching Styles in Outdoor Education*, presented by Joss Rankin.
- [Youth Policy Forum](#), 8 March 2022. Dr Andrew Bills, together with the Commissioner for Children and Young People, has invited Professor of Educational Policy, Pasi Sahlberg (University of NSW) to join a panel of three SA educational leaders on *What are the characteristics of a World Class system that works best for ALL young people?* For details of registration please email [Dr Andrew Bills](#).