



College of Education, Psychology and Social Work

Research News

Dean of Research

Dear Colleagues,

I begin this update by extending my heartfelt congratulations to Professor Emma Thomas on her Matthew Flinders professorship that was announced last month, to Dr Stephanie Wong, for her remarkable achievement in winning the prestigious 2023 SA Young Tall Poppy Science Award, and to Professor Tracey Wade on recent grant success and the AABCT Distinguished Career Award.

Over the past month, I've had the privilege of being engaged in several exciting activities and want to share some of the highlights:

- The MRFF workshop with Dr Rui Hoo I was personally amazed by the insights shared, especially that the success rates for Early Career and Mid-Career Researchers are significantly higher within this scheme. A target call about Childhood Mental Health and Wellbeing is likely to be released early September.
- We welcome our strategic research appointment Associate Professor Natalie Betts who will be with us till end of 2023. I encourage researchers to arrange a meeting with her to chat about your research aspirations for this year and into 2024.
- Collaboration with the Department of Education As the Flinders' nominated representative, I had the privilege of engaging in meaningful discussions with the Department of Education regarding strategic research planning. This collaboration holds promise for future partnerships and initiatives that could reshape our education research landscape. Stay tuned as we embark on this exciting journey together.
- Exploring New Horizons with NALHN and Women's & Children's Health Research Team -My interactions with NALHN representatives and the Women's & Children's Health Research Team have ignited new possibilities for mapping research collaboration opportunities. This realm is brimming with potential, and I invite you all to keep an eye on the developments that lie ahead.
- Reflecting on Empowering Stories in Mental Health Alongside the FIMWELL team, I had the privilege of attending a High Tea event - Women in Mental Health session organised by Breakthrough. The stories shared, particularly Magda Pearce's tale of grief and resilience, left a profound impact on me. It served as a powerful reminder of the significance of our research efforts in making a real difference in people's lives.
- Fostering Research Excellence Through Co-design and Workshops My engagement with the College Research Committee has been invigorating. We've conducted two workshops to clarify our strategic research goals and delineate our respective roles.
- I extend an invitation to all researchers to join me on August 29th for a Dean of Research information and workshop session. This collaborative effort aims to co-design a research excellence framework for our college, enabling us to align our efforts and achieve even greater strides in our research endeavours.

As we continue to embark on these exciting pathways, I encourage each of you to stay engaged, remain inspired, and envision the remarkable contributions we can collectively make to the world of research.

Professor Raj Shekhawat

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SUCCESS

Dr Stephanie Wong: 2023 SA Young Tall Poppy of Science

Congratulations to Dr Stephanie Wong, who is one of eight winners in the State's 2023 Young Tall Poppy Science Awards. Stephanie has been recognised for her excellence in clinical dementia research and for her enthusiasm for communicating science beyond the walls of the laboratory.

"Most people picture dementia as older people with memory loss. But not all types of dementia start with memory loss – and this is a fact that is poorly understood and consequently there are limited treatment options," says Dr Wong.

There is a lesser-known type of dementia called frontotemporal dementia which affects a surprising number of younger people and can cause a range of symptoms including changes in personality, social behaviour or difficulties with financial management and decision making. "Frontotemporal dementia is a neurodegenerative condition that affects a person's frontal lobes and can impair their reasoning and judgement, leaving them especially vulnerable to predatory financial scams which is a real cause for concern."

Stephanie draws on a combination of neuroscience and psychology in her research to understand how changes in the brain lead to different symptoms of dementia. "By understanding what causes these symptoms, targeted and effective interventions can be developed to manage these symptoms and improve quality of life in people living with dementia and their families."

The <u>Young Tall Poppy Science Awards</u>, an initiative of the Australian Institute of Policy and Science, are widely considered to be an early indicator of Australia's future scientific leaders, identifying excellent early career scientists.

Professor Tracey Wade: Funding and Awards

Medical Research Future Fund

Professor Tracey Wade is the Flinders Lead on a successful \$837,859 MRFF grant led by the University of Melbourne. The project is titled *ScreenED: Developing and validating a universal eating disorder screening tool for children 5-12 years*, and aims to develop a brief screening tool (5-items; 3-pt response), for use in community, primary or paediatric health settings. Flinders portion of the grant is **\$159,512**.

Mental Health Program Community-Based Eating Disorder Supports Grant Opportunity

Professor Tracey Wade is the Flinders Lead on a successful \$3,926mil Commonwealth Department of Health grant led by the National Eating Disorders Collaboration. The project is titled *Right Care Right Place – Eating Disorder Care in my Community*, and seeks to further develop an Eating Disorder Coordinators (EDC) model which is flexible and scalable, aligned with the NEDC eating disorder system of care framework, appropriate for national PHN roll out utilising regional needs assessment and joint regional planning frameworks. Flinders portion of the grant is **\$260,000**.

Australian Association for Cognitive and Behavioural Therapy (AACBT) Award

Professor Tracey Wade will receive the **AACBT Distinguished Career Award** at the annual AACBT Conference in Sydney to be held 19-20 October 2023. Tracey will give an address on her work titled *Improving CBT for eating disorders: Exploring the roads less travelled*.

Associate Professor Shane Pill, Associate Professor Deb Agnew and Professor Phillip Slee, were awarded \$47,790 funding from the Medibank Better Health Foundation for the project *Big Talks for Little People: Children's mental health literacy program- developing the program with a cultural appropriate lens.*

Professor Damien Riggs received **\$15,000** from the **Fay Fuller Foundation** for a project focused on *evaluating the Trans Health SA website.*







Refereed Journal Articles

- Alexander, V., & Bissaker, K. (2023). Same word, same picture, different responses: Exploring teachers' and autistic adolescents' conceptions of autism. *Education Sciences*, *13*(7), 734. https://doi.org/10.3390/educsci13070734
- Barron, A. C., Woodyatt, L., Thomas, E., Loh, J. K., & Dunning, K. (2023). Doing good or feeling good? Justice concerns predict online shaming via deservingness and schadenfreude. *Computers in Human Behavior Reports*, 100317. https://doi.org/10.1016/j.chbr.2023.100317
- Butow, P., Havard, P.E., Butt, Z., Juraskova, I., Sharpe, L., Dhillon, H., Beatty, L., Beale, P., Cigolini, M., Kelly, B., & Chan, R.J. (2023) Stakeholder perspectives on the impact of Covid-19 on Oncology services: A qualitative study. *Supportive Care in Cancer*, 31:491. https://doi.org/10.1007/s00520-023-07916-y
- MacKenzie, M., & Wadham, B. (2023). Is the problem with military culture one of bad apples or bad orchards? War crimes, scandals, and persistent dysfunction? *Australian Journal of Political Science*. https://doi.org/10.1080/10361146.2023.2223502
- Nathan, M., Beatty, L., Coborn, J., Wiley, A., Srivastava, A., Russell, J., & Joffe, H. (2023). Targeting psychological and menopausal factors linked to non-adherence to anti-estrogen therapy in women with early-stage hormone-receptor positive breast cancer: A web-based feasibility study of Finding My Way. *Psycho-Oncology*. https://doi.org/10.1002/pon.6195
- Pellizzer, M. L., & Wade, T. D. (2023). Developing a definition of Body Neutrality and strategies for an intervention. *Body Image*. DOI: 10.1016/j.bodyim.2023.07.006
- Pill, S., Agnew, D., & Abery, E. (2023). Parents' views on coaching in youth community sport settings. *Sport in Society,* 26(8), 1455-1473. https://doi.org/10.1080/17430437.2022.2144727
- Pill, S., Penney, D., Williams, J., Cruickshank, V., & Hyndman, B. (2023). A figurational perspective on the influence of the sport education model in Australia. *Quest*, 75(1), 50-62. https://doi.org/10.1080/00336297.2022.2124183
- Pill, S., SueSee, B., & Davies, M. (2023). The spectrum of teaching styles and models-based practice for physical education. *European Physical Education Review*. https://doi.org/10.1177/1356336X231189146
- Porta, T., & Todd, N. (2023). The impact of labelling students with learning difficulties on teacher self-efficacy in differentiated instruction. *Journal of Research in Special Education Needs*. https://doi.org/10.1111/1471-3802.12619
- Prichard, I., Taylor. B., & Tiggemann, M. (2023). Comparing and self-objectifying: The effect of sexualized imagery posted by Instagram Influencers on women's body image. *Body Image*, *46*, 347-355.
- Riggs, D.W., & Due, C. (2023). Transmission of and views about family values in an Australian convenience sample: A mixed methods study. *Journal of Family Issues*. https://doi.org/10.1177/0192513X231158688
- Tikhomirov, L., Bartlett, M. L., Duncan-Reid, J., & McCarley, J. S. (2023). Identifying inefficient strategies in automationaided signal detection. *Journal of Experimental Psychology: Applied.* https://doi.org/10.1037/xap0000484
- Wadham, B., Connor, J., Hamner, K., & Lawn, S. (2023). Raped, beaten and bruised: Military institutional abuse, identity wounds and veteran suicide. *Critical Military Studies*. https://doi.org/10.1080/23337486.2023.2245286

Conference Proceedings

Hanna, A. (2023). From an interactive syllabus to a printable version of START e-business training: Tools and challenges. In T. Bastiaens (Ed.), *Proceedings of EdMedia + Innovate Learning* (pp. 1261-1270). Vienna, Austria: Association for the Advancement of Computing in Education (AACE). https://www.learntechlib.org/primary/p/222645/

Government Publication

Wadham, B., Connor, J., Toole, K., & Thomas, E. (2023). Royal Commission into Defence and Veteran Suicide, Mapping Service and Transition to Self-Harm and Suicidality, [online document], (August 2023, Commonwealth of Australia), <u>Mapping Service and Transition to Self-harm and Suicidality (royalcommission.gov.au)</u>. Flinders University and Open Door.

Reports

Pill, S., Fernandes, G., & Klass, V. (2023). Netball Australia NetSetGo program evaluation. Flinders University.



Presentations

- Church, J. (2023, July 29). Julia was invited to present *Adolescent Mental Health in Surf Lifesavers: A Social-Ecological Perspective* at the Surf Life Saving National Leadership Masterclass, and ran a mental health in surf lifesaving workshop together with Dr Samantha Fine from CQU at the masterclass.
- Hanna, A. (2023). *Developing printable version of START training's interactive syllabus: Tools and challenges.* Asynchronous practice-based presentation, EdMedia + Innovative Learning Conference, Vienna, Austria, 11-14 July 2023. Available at: https://www.youtube.com/watch?v=SkCep7p4dmE
- Harous, C., Wenzel, M., & Woodyatt, L. (2023, July). 'Working through' an interpersonal wrongdoing: a narrative approach to self-forgiveness. Paper presented at the 19th biennial meeting of the International Society for Justice Research (ISJR), Munich, Germany.
- Hermes, I. & Woodyatt, L. (2023, July 23-26). *Parental defensiveness in mandated child* protection assessments: lack of insight, or a response to a threatening context? Paper presentation. International Society for Justice Research, Munich, Germany.
- Pill, S., & Slee, P. (2023, August 1). Presentation to the Minister for Education Blair Boyer. *Mental health education in South Australian schools and the Health and Physical Education Curriculum*.
- Pill, S., & Slee, P. (2023, August 9). Presentation to Deonne Smith: Executive Director, Curriculum & Learning Division, Department for Education. *Mental health education in South Australian schools and the Health and Physical Education Curriculum*.
- Quinney, B., Wenzel, M., Okimoto, T., Thai, M., & Woodyatt, L. (2023). *Transformational moral repair: Perceived posttransgression relationship growth*. The 15th Biennial Conference of the Asian Association of Social Psychology, Hong Kong, July, 13-15.
- Damien Riggs facilitated a webinar for the Mental Health Professionals Network in collaboration with Queeroberee, July 3.
- Woodyatt, L., Barron, A.C, Thomas, E.F., Loh, J.E.K., Dunning, K. (July, 2023). *Doing good or* feeling *good? Justice concerns predict online shaming via deservingness and schadenfreude*. 19th Biennial Conference for the International Society of Justice Researchers, Munich, Germany.
- Woodyatt, L., Wenzel, M., Quinney, B., Onody, A., Harous, C., Cibich, M. (June, 2023). What I think that you think matters for moral repair: Meta-perceptions of values and perceived perspective taking following interpersonal conflict. 19th General Meeting of the European Association of Social Psychology, Krakow, Poland.





- Pill, S. (2023, July 27). Online presentation to Netball Australia. NetSetGo Program evaluation.
- Pill, S. (2023, August 10). meeting with Netball Australia and Member Organisations for NetSetGo Program review and future planning. Melbourne.
- Pill, S. (2023, August 17). Meeting with the SA Department for Education Early Childhood Education Team on development of the movement education guidelines for the early years.
- Rankin, J. (2023). Invited to join the Teach Podcast coordinated by the Department of Education, called *The benefits of outdoor learning* which was released 15 August 2023.



17 August 2023. WA Today. Article titled *This is the gayest World Cup ever (and no one's batting an eyelid),* features comments by Professor Murray Drummond who says the visibility of gay players at the women's World Cup "highlights the significant issues that we have in men's sports". "We're really still struggling to come to terms with different forms of masculinity among men." Also featured in Illuminati Press, IOL (Independent Online), Cape Times, Sydney Morning Herald (19 August).

12 August 2023. ABC Radio Canberra; ABC News (Mornings at 9.21am); 6PR. Interview with Associate Professor Sam Elliott on research into girls not retaining interest in sport as they get older, showing that between years 8 and 12 there is a sharp decline of girls playing sport. The legacy of the FIFA Women's World Cup is a momentum that needs to be converted by industry and the sports sector into sustained participation. There is a lot of work to do to make sure sport is very inclusive, welcoming and that it matches the preference of young people which has changed over the years.

28 July 2023. 2SER FM; Radio 4EB. Interview with Professor Philip Slee on a new anti-bullying class resource used in SA schools that is now being adapted for overseas classrooms. Big Talks for Little People is based on an earlier program called the PEACE Pack. It has an impact in terms of improving children's understanding and appreciation of emotions and feelings and being able to feel free to talk about those, as well as reducing their levels of anxiety.

22 July 2023. Vogliamoci Bene Podcast with Professor Robyn Young on her research focusing on autism, specifically autism and crime, ToM, female presentation, early detection. To listen please click on the link: Vogliamoci Bene - Professor Robyn Young - 22nd July 2023 - VOGLIAMOCI BENE - Omny.fm

Flinders University Library News

Open Access Policy & Procedures

The University has introduced its first Open Access Policy (and accompanying Procedures), with the main principle being that all research outputs are

required to be made open access, unless there is a justifiable reason. The library provides various systems and services giving researchers multiple avenues to achieve open access, including no-cost options.

Information sessions are being planned for College staff to attend to gain more information on how to make their research open.

Artificial Intelligence: Good Practice

The <u>TEQSA's Higher Education Good Practice Hub on AI</u> is an excellent repository of resources on AI in learning and teaching. To discuss use of AI tools, please contact Library's Education Engagement team via <u>ServiceOne</u>.

Library Code of Conduct

The library is committed to providing all library users with a positive experience of our spaces, resources, and services. Our new Code of Conduct is written in simple language and clearly outlines our expectations of library users to help contribute to a culture of respect which is conductive to study and research.

Act early: Submit your end-of-year systematic review and evidence synthesis requests

As we approach the close of the year, we understand the importance of this time for researchers to focus on their projects. Each year, during late November and December, The Library's Research Engagement team receives a high volume of search requests to support reviews. Consequently, some reviews may be deferred until the next year. If you have plans for a review at the end of Semester 2, we encourage you to submit your request to ServiceOne - Library Research Query as soon as possible. This will help us ensure that all requests are handled thoughtfully and accurately. Your early submission will greatly assist us in providing efficient support for your research needs.



Institute for Mental Health &

Supporting Women's Mental Health



The Institute is a proud supporter of Breakthrough Mental Health Research Foundation's High Tea which was held on 18 August focusing on women's mental health. An inspiring event where our very own Flinders researcher Ivanka Pritchard gave a fabulous key note address. The morning was full of moving and very personal stories of heartache and resilience as people shared their experiences. Well done to Breakthrough for such a worthwhile and meaningful event.

Follow us on Social Media

There are so many good things happening in the Institute that we are sharing on social media! If you want to keep up to date, follow us on X (formally Twitter) and LinkedIn (and make sure to share posts with others in your network for maximum impact!). If any Institute members would like their news featured (research outputs, grant success or other news) please contact <u>Kirsty</u>.





Professor Ben Wadham was invited by the **Minister for Veteran's Affairs and Minister for Defence Personnel, the Hon Matt Keogh MP**, to a **Roundtable** event on 7th August 2023 in Canberra. The Roundtable focused on the Department of Defence and the Department of Veterans' Affairs' co-development of a new joint Defence and Veteran Mental Health and Wellbeing Strategy. This Strategy will guide a joint approach to positive mental health and wellbeing of Defence people, veterans and their collective families over the next five years. It will strengthen the Defence organisation's people in defending the Nation's interests and ensures ongoing support to the veteran community as they need it. Ben was asked to provide your views on:

- Priorities and proposed goals for the strategy, including:
 - Improve mental health and wellbeing literacy
 - o Invest in early interventions and health promotion
 - Facilitate access to quality care and support
 - \circ $\;$ Use high quality evidence and data to drive positive outcomes, and
 - Grow a positive and connected Defence and veteran community
 - issues and limitations with existing strategies and opportunities for improvement; and
- opportunities to improve the mental health and wellbeing supports (individual and organisational) for Defence members and veterans across the lifespan.

The latest **Encounter** Magazine features an article titled <u>*A focus on veteran wellbeing*</u>, featuring Ben's research that is focused on contributing to better governance in the Australian Defence Force.

SHAPE

Sport, Health, Activity, Performance and Exercise Research Centre

Research grant to support ATSI social and emotional wellbeing

SHAPE's **Professor Murray Drummond** and **Dr Jasmine Petersen** are part of a successful \$400,000 bid to the **Movember Foundation** to trial the implementation of an adapted online social and emotional wellbeing health promotion program (YBMenNT). The program aims to engage young Aboriginal and Torres Strait Islander (ATSI) males from the Northern Territory via a private social media group to generate strengths-based discussions about mental health, cultural identity, and progressive concepts of manhood and masculinities.

In the Media

Recent World Cup fever incited by the success of Australia's Matildas has highlighted the positive social impact of the large number of openly LGBTQ+ players in the tournament. However, in The Sydney Morning Herald and The Washington Post **Professor Murray Drummond** reflects on how this "highlights the significant issues that we have in men's sports". Read the full articles online (<u>SMH, WP</u>).





Sharing SHAPE's research internationally

In June, **Dr Jasmine Petersen** attended the International Society of Behavioral Nutrition and Physical Activity (ISBNPA) conference in Uppsala, Sweden. Jasmine presented on research exploring the promotion of mental health in Australian sporting clubs.

NYSC2023 Program taking shape



The organising committee of the inaugural **National Youth Sport Conference 2023** (16-17 November) are working hard to create a stimulating program of oral presentations, rapid communications, and digital poster presentation. Over 80 abstract submissions from five countries and 26 institutions/organisations were received, so NYSC2023 is shaping up to be a must-see conference. <u>Register</u> today and secure your place NYSC and book your tickets to the <u>social events</u>!

Keep your eye on the NYSC2023 socials (@NYSConf2023) for future important announcements.

Confirmation of Candidature



Zac Bowman and Emilea Mysko successfully delivered their oral presentations to achieve their first PhD candidature milestone. Zac's research is investigating the impact that geolocational dating apps aimed specifically for gay men have on the mental health, wellbeing, and body image of the men who access them. Emilea, an Enterprise PhD Scholarship holder with the Sammy D Foundation, shared her proposed research into the nuanced role of parents as role models for children in youth sports settings.

Beyond the Club PODCAST



The Beyond the Club podcast, hosted by Associate Professor Sam Elliott and sports writer and reporter Ben Hook, reached a significant milestone this month, hitting **5,000 streams**!

- Episode 27: Talent Identification & Development <u>https://open.spotify.com/episode/0i8bforfI3MfHSDkFPGRQe?si=KrVdYpp3QQmkTdrQPUE91Q</u>
- Episode 28: Women's FIFA World Cup: Empowering Community Sport
 https://open.spotify.com/episode/4Y5kPHO5X9Hy2dWwxf1hek?si=eaUYabURRxm7UmExinPK5w
- Episode 81: Determinants of fun in youth sport Part 9 https://open.spotify.com/episode/2oOPe22NTfSgVGMLhBrJnB?si=286ca5d1d4fd4611





HDR Retreat

SHAPE's HDR candidates retreated to Flinders University's Victoria Square campus to spend the day away from the keyboard, hear from inspirational speakers, and get to know one another. Associate Professor Sam Elliott organised a stellar line-up of speakers including Professor Murray Drummond who shared SHAPE's vision, Associate Professor Ivanka Prichard speaking on research metrics, media training from Ben Hook (columnist for the Sunday Mail), Dr Gareth Furber shared strategies to manage mental health and wellbeing, UniSA's Dr Alyson Crozier who discussed future careers, Associate Professor Maarten Immink who shared conference preparation insights, and Dr Kurtis Pankow from Swansea University who dialled in to discuss Post-PhD pathways. The day concluded with a short planning session of academic goals followed by a celebratory drink at a local pub.



Research Performance Success Initiative

"Rome wasn't built in a day!" an IDS Engagement & Success initiative

The IDS Engagement & Success project team have been working on how we can collectively work together to:

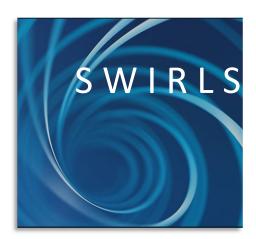
- Elevate research reputation, quality and impact: To attract bright minds, strategic partnerships, and funding opportunities that amplifies our impact while elevating our global standing.
- Our research excellence: Improving our research metrics and data.
- Powering up ResearchNow so it becomes our ultimate tool: Adding new features to ResearchNow portal to raise researchers' profiles.
- Put a spotlight on researchers: You are the stars!
- **Connect, collaborate**: Create greater visibility of research and mutual objectives to provide opportunities for enhanced internal and external collaboration, attract students, partners, and researchers.
- Cultivating growth and triumph: Showcase a comprehensive picture of the research you do and celebrate- you!

As we embark on this journey together, remember that the Research Performance Success initiative isn't about achievements, it's about nurturing growth and opportunities. <u>Rome wasn't built in a day</u> and nor will these changes happen overnight, but with your involvement and commitment we can make it happen.

Contact <u>Hayley Scott</u>, IDS Senior Project Manager if you would like to know more about this initiative and keep watching this space for future updates.

We look forward to you joining us on the epic journey!

Social Work Innovation Research Living Space



Spotlights

Jackie Bray visit



Ms Jackie Bray, new CE for the Department for Child Protection SA visited SWIRLS on 24th July to meet our researchers and learn more about SWIRLS research agenda and our valued partnership with DCP.

Podcast: Cross-cultural child protection

On the <u>Making and Breaking</u> social policy podcast by Dr Ben Lohmeyer - Alhassan Abdulla talks about his work on child protection and a recent project investigating the welfare of refugee children in Ghana.

Podcast: Social work and social policy in prisons

On the <u>Making and Breaking</u> social policy podcast by Dr Ben Lohmeyer - Kit Lian Wong (General Manager of Yatala Labour Prison) talks about the opportunities and challenges of managing a prison as a social worker.



Making & Breaking Social Policy

By Dr Ben Lohmeyer Featuring a range of guests involved in making and breaking social policy, this pod about how we all five together (social) and how we make that work (policy). This potcast was created as a central piece of content for two social policy topics See more Clusten on Spetity

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Community and Professional Services

Child Death and Serious Injury Committee

Carmela Bastian has been appointed for another 2 years to continue as committee member of the Child Death and Serious Injury Committee by the Minister for Education.



HDR News

A new '<u>meet our PhD students</u>' web page has been created on the SWIRLS website to showcase our PhD students, their research interests, accomplishments, and expertise to a broad audience.



Date	Name				
August 31	Dr Annabelle Neall				
	Safe by design: Creating mentally healthy workplaces and communities				
September 7	Amy Rigg				
	Feng Zhao				
	Siying Li				
	The capability of self-love on mental health: Theory construction, scale development, and scale validation				
September 14	Professor Don Hine				
	Environmental Psychology				
October 5	Guiping Qui				
	Cassandra Rose				
	Integrated treatment of post-traumatic stress and sleep disturbance in primary school aged children: A feasibility and efficacy study				
October 12	Psychology discipline meeting				
October 19	Dr Toshi Hamamura				
October 26	Xi Huang				
	Sarah Lewitzka				
	Isabelle Slattery				
	Secondary traumatisation and symptom transmission: How we experience secondarily traumatic events				
November 2	Lucretia Mallard				
	Leah Burleigh				
	Molly Kernahan				
November 9	Psychology discipline meeting				

Finance and Procurement Services Research Finance

Research Development and Support and Flinders Finance and Procurement Services offered the 'Research Financeprinciples, systems and dashboards' presentation which focused on:

- Overview of the structure and services •
- Overview of researchers' financial responsibilities •
- Detailed presentation on Financial Reports •
- Detailed presentation of Finance Dashboards

A recording is available on the RDS Training Sessions site.

There are future presentation dates available, as follows:

10th October, 10.30am-11.30am •

The information session is an interactive Teams webinar. Enrolments via *ienrol*.



Assisting Grants Finance: Provide account details

The Grants Finance team has noted that one simple thing researchers could do that would assist them in responding to queries in a timely manner is to include the relevant account number in both the subject line and body of an email.



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CEPSW HDR UNSUPERVISED EVENTS Theme: Q&A on Presenting at Conferences Date: 7th September 2023 Time: 3pm until 5pm Location: Multimedia Room, The Hub, Level 1 – then the Tavern

Please join us for our catch up and discussion on the upcoming Q&A with Peers on presenting at conferences--for HDR students, new and old. This is an opportunity to ask any questions you may have about what its like to present at conferences, what you can gain and how you can give a great presentation in a no judgement, friendly environment. This is the eighth of our First Thursday each Month engagements with CEPSW HDR students, planned for 2023. Please look at for meeting requests which will be sent shortly before the date.

Who will be there?

CEPSW HDR Students and HDR Student Committee members.

CEPSW HDR Conference 2023

Please save the date for the HDR Conference: **30th October**. Venue is TBC, and information about abstracts and conference details will be sent out within the next few weeks.

CEPSW HDR Coordinator

Associate Professor Helen McLaren, College of Education, Psychology and Social Work Telephone: Office +61 8 8201 3025 | <u>http://www.flinders.edu.au/people/helen.mclaren</u>

CEPSW HDR Contacts

A reminder that if you have any concerns or questions that you might not feel comfortable asking your supervisor, please get in touch with any of the committee members and we will help you as best we can or point you in the right direction.

Student Committee: epsw-hdr-sc@FLINDERS.onmicrosoft.com Education: catherine.litchfield@flinders.edu.au; glen.fernandes@flinders.edu.au Psychology: georgina.maddox@flinders.edu.au (Chair); lucy.bird@flinders.edu.au; sam.antoniades@flinders.edu.au; david.nicoll@flinders.edu.au Social Work: tess.cunningham@flinders.edu.au Link to CEPSW HDR FLO page: https://flo.flinders.edu.au/course/view.php?id=56481

Twitter: https://twitter.com/EPSWHDR

HDR Spotlight

This month we'll hear from one of our PhD student on their HDR journey so far: James Kay, PhD Candidate in Education.

HDR Spotlight on James Kay

What's the overview of your PhD?

My PhD aims to re-engage female adolescents in organised sport in South Australia. Despite high levels of sport participation in children, we see significant drop-out as a child progresses through to adolescence and early adulthood. This rate of drop-out is far higher in girls than it is in boys, meaning we have a large pool of female adolescents who have previously been involved in sport that are no longer reaping the mental, physical, and social benefits that we know sport participation brings. A critical part of my PhD is re-framing drop-out from a negative end-point in the sport participation pathway, to a normal process that a lot of adolescents experience. Re-engagement allows these participants to come back to sport when they are ready, rather than losing the benefits of sport participation for life.



What is something that you have enjoyed during your PhD?

I have really enjoyed contributing to knowledge generation in a niche but important area of sport research. In the first year of my PhD I have been fortunate to have a supportive supervisor who has given me opportunities to write papers, give presentations, teach undergraduate students, and generally develop into an expert in my field. I have also enjoyed connecting with other students and academics and seeing the potential pathways that my PhD could lead to both in Australia and internationally.

What has been the biggest challenge?

Post-graduate research is almost entirely self-driven, and it can be a challenge to ensure you are staying motivated and ontrack - the flip-side of having so many opportunities is knowing what your capacity is, and what to say 'no' to. It's very easy to get caught up in side-projects, paper-writing and teaching and lose sight of your main goal, the PhD!

What advice do you have for someone starting their PhD?

Enjoy the process and go easy on yourself. It can sometimes feel like you're constantly thinking about your PhD and feeling guilty if you're ever not working on it. Treat it like any other full-time occupation and make sure you allow time for what you like doing and what makes you feel good. Say 'yes' because an opportunity sounds interesting and exciting to you, not because you'll feel guilty for saying 'no'!



	Date	What's on	Who's there	Where? Subject to change, check your emails	Unsupervised?
	7 th Sept	Q&A on presenting at Conferences	Seasoned Academics, HDR Coordinator & HDR Students	Media Room in the Hub 3-4pm, then Tavern	
	5 th Oct	Q&A on Final Thesis submission	HDR students	Media Room in the Hub 3-4pm, then Tavern	Ś
	30 th Oct	Annual HDR Student Conference	Academics, HDR Coordinator, HDR Students	Venue TBA All day event	
	7 th Dec	HDR & FiMWELL joint X-mas catch up	Members of FIMWELL & HDR Students	Media Room in the Hub 3-4pm, then Tavern	Ø



NHRMC Investigator Grants

The next round of NHMRC Investigator Grants is opening soon. Dr Rui Hoo (Research Development Director, Health) invites you to contact her if you are considering an application to this round and would like to discuss your approach and strategy. Email rui.hoo@flinders.edu.au, or phone 08 7421 9403.

- Applications open: 13 September 2023
- Applications close: 8 November 2023



Australian Consortium for Social and Political Research Incorporated (ACSPRI): Online Training Programs in social research methods and research technology

Flinders University is an ACSPRI member institution and the research community are eligible for generous discounts on training programs. For example, in the last financial year: a CNHS Lecturer saved \$1,970 on their \$3,650 course (54% discount); a CMPH Research Assistant saved \$1,120 on their \$2,280 course (49% discount); a CSE PhD Student saved \$2,720 on their \$3,750 course (72% discount). The link will show the program for September 2023.

12th International World Critical Dietetics Conference: Disrupting expertise in nutrition and dietetics teaching, practice and research

Synchronous online delivery with local watch parties on 24-26 October in Australia, and 23-25 October in Canada/USA. This year's World Critical Dietetics conference will bring together individuals across the globe to consider what constitutes expertise, and how the traditional notion of "expertise" can be disrupted. The conference will prioritise diverse voices in teaching, research and practice (across all areas of nutrition). Our purpose is to spotlight the intersections of disciplines and perspectives that deepen the teaching, research and practice of critical dietetics and nutrition.

Media Training for Researchers with the Australian Science Media Centre

Thursday 30th November, 10-12.30pm, web conference. This is led by Dr Joseph Milton, Senior Media Officer at Australian Science Media Centre (AusSMC), and will enable researchers to understand the media, how it works, what it wants and how to increase media interest in - and coverage of - your research. Dr Milton will be joined by Karen Ashford, Director of Media and Communications, other journalists and Flinders researchers (Professor Corey Bradshaw and Dr Romain Fathi). Researchers from all disciplines - not just those in science - will benefit from this session.

Mind, Body and Cognition Research Section Events Led by Research Section Head: Associate Professor Tim Windsor

Writing Retreat | Friday 15 September | Room 5.29 at Tonsley

Most of us who attended the writing day that was held late last year found it to be an enjoyable and productive change from the usual routine. So please join us. The email list for the research section only captures permanent staff, so if you have a postdoc(s) or contracted colleague who you would like to invite, please feel free to pass this on.

Work in Progress

Research can be a big job. That's why sometimes it helps to down tools and discuss Work in Progress. Whether it's an idea for a new project you want to bounce around, a roadblock with a manuscript, a statistical conundrum, or just your personal reflections on the beauty of science, every second Friday from 11am to 12pm, from August 4 to December 8, Tim be available in the Social Sciences North Common Room (or via Teams), for talking research. Tim says: "I'm not saying there will be cake, but I'm also not saying there won't be cake." For appointments, please email Liz Traeger.

This research newsletter is a compilation of information sent in by CEPSW researchers, from media monitoring, marketing, Flinders University News, Flinders In Touch, ResearchLink and other sources. For next month's issue, please send your latest research news to CEPSW.research@flinders.edu.au with the subject heading CEPSW Research News by the Friday before the third Tuesday of each month.