

# Research News

## Dean of Research

Dear all,

Welcome to the first research Newsletter for 2023. A lot has happened since Mike wrote to you in November last year. Perhaps most obviously (to me, anyway!), Mike is no longer Dean of Research and I have been conscious that he left some big shoes to fill. Mike was instrumental in setting up the various schemes and structures that have helped to create a vibrant and productive research environment in the College. Everyone I see tells me how relaxed Mike now appears – I am sure you will agree that he has earned every moment of that relaxation and we all wish him the best as he transitions to part-time research and then retirement.

In more general research news, we ended '22 buoyed by our success in the ARC Discovery scheme. Our College received three Discovery grants, to address critical issues around trauma in foster care (Damien Riggs, Ben Lohmeyer), exposure to traumatic images through content moderation (Mel Takarangi, Reg Nixon) and veteran suicide (Ben Wadham). Warmest congratulations to the teams involved. It was also pleasing to observe that Flinders overall had a 29.7% success rate in Discovery Projects this round, which is well above national and long-term averages for that scheme.

Of course, while we celebrate those who were successful, it's that time of year where it is important to acknowledge the time and effort that it takes to write and submit the grants themselves. A number of researchers across the College have spent these summer months preparing Discovery, Investigator and other competitive grants. I have a personal philosophy that you should always celebrate the submission because you can never count on a positive outcome and, on that basis, I hope that everyone takes a moment to acknowledge (with or without a beverage) the achievement that is submitting a major grant.

Some of you will have heard that towards the end of 2022 it was announced that there would changes to how block grant funding is distributed by the University to the Colleges. For our College these changes will mean a significant reduction in the funding that we have to support research activities. We have been working through the implications of these changes and will provide an update once we are clearer on the forecasts. What is clear is that grant income will be even more important in this new formula – every dollar counts. Yet, as a College with a strong record in external funding and engagement we have every reason to be optimistic that we can rise to these new challenges.

All the very best for the start of semester.

Cheers,

Emma



# S U C C E S S

## ARC Discovery Projects awarded

**Professor Damien Riggs** and **Dr Ben Lohmeyer**, together with Associate Professor Clemence Due and Associate Professor Yvonne Clark, were awarded an **ARC Discovery (DP23)** grant for **\$175,410**, for the project titled *Understanding vicarious trauma in Australian foster care*. This project aims to investigate experiences of vicarious trauma in Australian foster care. This project expects to generate new knowledge about antecedents and mitigators of vicarious trauma, and will do so by using interdisciplinary approaches to understand the specific contexts in which vicarious trauma may occur. Expected outcomes of this project includes the generation of national data about vicarious trauma in foster care through the development of a new measure of vicarious trauma. This should provide significant benefits, such as providing a clear means to assessing vicarious trauma, and through the development of a mobile app that will enable foster families in Australia to monitor and report experiences of vicarious trauma.

**Professor Melanie Takarangi** and **Professor Reg Nixon**, together with Associate Professor Carolyn Semmler, and Dr Ella Moeck, were awarded an **ARC Discovery (DP23)** grant for **\$305,304**, for the project titled *The cost of keeping gruesome images from the world*. This project aims to investigate one of society's most invisible 'frontline' trauma workforces—the online content moderators responsible for limiting the public's exposure to distressing and sensitive content on social media. Using a series of rigorous experiments, and cutting-edge psychological and physiological assessment techniques, the research will advance our understanding of the impact of indirect trauma on mental health. Expected outcomes include novel empirical evidence for preventative strategies that will predict, monitor and reduce negative mental health outcomes. This will provide significant global benefits to people with indirect trauma experiences, such as defence and forensic personnel.

**Professor Ben Wadham**, together with Professor Sharon Lawn, Dr Margaret Hutchison, Associate Professor Udoy Saikia, and Associate Professor Karl Hamner, were awarded an **ARC Discovery (DP23)** grant for **\$490,170**, for the project titled *Veteran suicide: Investigating the historical and social dimensions*. This project aims to address veteran suicide by conducting an historical and cultural analysis of the ways government, the military and the community have understood, governed, and serviced veterans from 1914-present. This project will generate new knowledge, moving beyond orthodox medical and cultural assessments to explore wider historical, cultural and sociological relations of veteran suicide, including civil military relations, and the influence of the veteran sector and families and community. The project will develop an innovative survey that will form the foundation of a longitudinal social health and wellbeing dataset on veterans, and contribute to policy and service provision to reduce veteran suicide and improve their wellbeing.

**Associate Professor Helen McLaren**, together with CNHS Cis Lauren Lines (Project Lead), Nina Sivertsen, Julian Grant and Alison Hutton, and Associate Investigators Lana Zannetto (CEPSW), Megan Cooper (CNHS), Rebecca Starrs (CEPSW), and Donna Hartz (University of Newcastle) were awarded **\$25,000** funded by the **2022 Flinders Health Seed Grant** for the project titled *How are we educating our future workforce in child protection? Exploring interprofessional education for nurses, midwives and social workers*.

## RESEARCH PUBLICATIONS



### Book

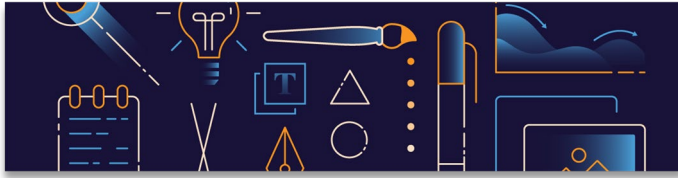
Riggs, D.W., Taylor, N., Rosenberg, S, Fraser, S., & Pettman, R. (2022). *Meet Toby and Sam*. Parents of Gender Diverse Children.

### Refereed Journal Articles

- Abdullah, A., Jordan, L.P., & Emery, C.R. (2023). The protective effects of the collective cultural value of *abiriwatia* against child neglect: Results from a nationally representative survey. *Child Abuse & Neglect*, 138, 106068, Doi: 10.1016/j.chiabu.2023.106068
- Abdullah, A., Mbamba, C.R., Amponsah, E.B., Frederico, M., Cudjoe, E., Bentum H. & Emery, C.R., (2023). Safeguarding the welfare of refugee children in Ghana: Perspectives of practitioners in refugee camps. *Children and Youth Services Review*, 145, 106803. Doi: 10.1016/j.chilyouth.2022.106803
- Bartholomaeus, C. & Riggs, D.W. (2022). Trans students, mandatory policy, and the South Australian context: What can a policy do? *Teachers College Record*, 124, 301-309. Doi: 10.1177/01614681221125531
- Beatty, L., Kemp, E., Butow, P., Girgis, A., Hulbert-Williams, N., Kaambwa, B., Schofield, P., Turner, J., Woodman, R., Boyle, F., Daly, A., Jones, A., Kiely, B., Zdenkowski, N., The FMW-A Authorship Group, & Koczwara, B. (2022). Finding My Way-Advanced: Can a web-based psychosocial intervention improve the mental quality of life for women with metastatic breast cancer vs attention-control? Study protocol of a randomised controlled trial. *BMC Cancer*, 22, 1353. Doi: 10.1186/s12885-022-10410-z
- Bhatia, P., McLaren, H., & Huang, Y. (2023). Study protocol for a systematic review of the social determinants of mental health and well-being of older migrants aged 50 years and above. *F1000Research*, 12(16). Doi: 10.12688/f1000research.128154.1
- Brou, A.M., Djalega, F.A., Tokpa, V., Seri, E.C.G., Anoua, A.L.F., & Robinson, J.A. (2023). Urban-rural differences in the relationship between stunting, preschool attendance, home learning support, and school readiness: A study in Côte D'Ivoire. *Frontiers in Public Health*. DOI 10.3389/fpubh.2022.1035488
- Bury, S. M., Jellett, R., Haschek, A., Wenzel, M., Hedley, D., & Spoor, J. R. (2022). Understanding language preference: Autism knowledge, experience of stigma and autism identity. *Autism*, 0(0), 13623613221142383. Doi: 10.1177/13623613221142383
- Bury, S. M., Haschek, A., Wenzel, M., Spoor, J. R., & Hedley, D. (2022). Brief report: Learning about autism: Is the source of autism knowledge associated with differences in autism knowledge, autism identity, and experiences of stigma. *Journal of Autism and Developmental Disorders*. Doi: 10.1007/s10803-022-05823-5
- Dinh, P. T. T., & Robinson, J. A. (2023). Persistence and fading of the cognitive and socio-emotional benefits of preschool education in a low-resource setting: Group differences and dose-dependent associations in longitudinal data from Vietnam. *Frontiers in Psychology*, 14, 114. Doi: 10.3389/fpsyg.2023.1065572
- Drummond, M. (2023). Expendable young males. *Sport, Education and Society*, 28(1), 17-29. Doi: 10.1080/13473322.2021.1992610
- Eime, R., Harvey, J., Charity, M., Elliott, S., Drummond, M., Pankowiak, A., & Westerbeek, H. (2022). The impact of Covid-19 restrictions on perceived health and wellbeing of adult Australian sport and physical activity participants. *BMC Public Health*, 22(1), 848. Doi: 10.1186/s12889-022-13195-9
- Eime, R., Westerbeek, H., Pill, S. & Reece, L. (2023). Sport4Me: A people focused approach to engaging Australians in sport. *Frontiers in Sports and Active Living* 4:1087182. Doi: 10.3389/fspor.2022.1087182
- Elliot, S., Pankowiak, A., Eime, R., & Drummond, M. (2023). Sport parenting during the Covid-19 pandemic: Perceptions of parents and youth in Australia. *Psychology of Sport Exercise*, 64. Doi: 10.1016/j.psychsport.2022.102299
- Gillespie, K.M., Kemps, E., White, M.J., & Bartlett, S.E. (2023). Consumption and controversy: The impact of free sugar on human health. *Nutrients*, 15, 889. Doi: 10.3390/nu15040889
- Hanna, A., Conner, L., & Sweeney, T-A. (2022). Conducting online design-based research: START e-business training as an educational intervention. *EDeR – Educational Design Research*, 6(3), 1-25. DOI: 10.15460/eder.6.3.1812

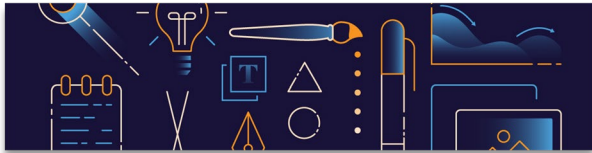


- Harriger, J., Thompson, J. K., & Tiggemann, M. (2023). TikTok, TikTok, the time is now: Future directions in social media and body image. *Body Image, 44*, 222-226.
- Jones, M., Verity, F., & Harvey, E. (2023). Time and social space in South Australian Rural Health Social Work Practice. *Journal of Rural Studies, 97*, 467-473. Doi: 10.1016/j.jrurstud.2022.12.009
- Knowles, R., Kemp, E., Miller, M., & Koczwara, B. (2023). Reducing the impact of cardiovascular disease in older people with cancer: a qualitative study of healthcare providers. *Journal of Cancer Survivorship*, 1-10. DOI: 10.1007/s11764-023-01331-2.
- Koczwara, B., Knowles, R., Beatty, L., Shepherd, H.L., Shaw, J.M., Dhillon, H.M., Karnon, J., Ullah, S., & Butow, P. (2023). Implementing a web-based system of screening for symptoms and needs using patient reported outcomes in people with cancer. *Support Care Cancer, 31*:69. Doi: 10.1007/s00520-022-07547-9
- Lawson, M. J., Van Deur, P., Scott, W., Stephenson, H., Kang, S., Wyra, M., Darmawan, I. G., Vosniadou, S., Murdoch, C., White, E., & Graham, L. (2023). The levels of cognitive engagement of lesson tasks designed by teacher education students and their use of knowledge of self-regulated learning in explanations for task design. *Teaching and Teacher Education, 125*, Doi: 10.1016/j.tate.2023.104043
- Leske, M., Koczwara, B., Morris, J., & Beatty, L. (2023). Modality preferences for health behaviour interventions for post-treatment cancer survivors: a theoretical investigation. *Support Care Cancer, 31*:143. Doi: 10.1007/s00520-023-07607-8
- Leske, M., Koczwara, B., Blunt, J., Morris, J., Eakin, E., Short, C.E., Daly, A., Degner, J. & Beatty, L. (2022). Co-designing Healthy Living after Cancer Online: an online nutrition, physical activity, and psychosocial intervention for post-treatment cancer survivors. *J Cancer Surviv.* Doi: 10.1007/s11764-022-01284-y
- Lohmeyer, B. (2022). The institutionalised momentum of slow violence: Spatiotemporal contradictions in young people's accounts of school bullying. *British Journal of Sociology of Education.* DOI: 10.1080/01425692.2022.2145932
- McGreen, J., Kemp, E., & Tiggemann, M. (2023). The relationship between inhibitory control and food consumption or choice: A systematic review and meta-analysis. *Appetite, 183*, 106466
- Mckay, E., Kemp, E., Prichard, I., & Tiggemann, M. (2023). Small, regular or large? The effect of size options on online food choices. *Food Quality and Preference, 105*, 104768.
- Patra, M., Hamiduzzaman, M., McLaren, H., & Siddiquee, N. A. (2022). A Scoping Review of Changes to Patient-Doctor Communication During COVID-19. *Health Communication, 1-24*. 10.1080/10410236.2022.2152225
- Pill, S., Penney, D., Williams, J., Cruickshank, V., & Hyndman, B. (2023). A figurational perspective on the influence of the sport education model in Australia. *Quest.* DOI: 10.1080/00336297.2022.2124183
- Roberts, L.N. & Nixon, R.D.V. (2023). Systematic Review and Meta-Analysis of Stepped Care Psychological Prevention and Treatment Approaches for Posttraumatic Stress Disorder. *Behavior Therapy.* Doi: 10.1016/j.beth.2022.11.005
- Thai, M., Wenzel, M., & Okimoto, T. G. (2023). Turning tables: Offenders feel like "victims" when victims withhold forgiveness. *Personality and Social Psychology Bulletin, 49*(2), 233-250. Doi: 10.1177/01461672211062401
- Thai, M., Wenzel, M., & Okimoto, T. G. (2022). Transgression-related co-rumination: Scale validation and prediction of relational outcomes. *Journal of Family Psychology.* Doi: 10.1037/fam0001046
- Wadham, B., Andrewartha, L., Takarangi, M., Harvey, A., West, B., Wyatt-Smith, M., Davis, J., & Moeck E. (2022). Staying the course: Strategies for Australian student veterans in transition. *Journal of Veteran Studies, 8*(3), 208-221. Doi: 10.21061/vs.v8i3.357
- Wenzel, M., Harous, C., Cibich, M., & Woodyatt, L. (2023). Does victims' forgiveness help offenders to forgive themselves? The role meta-perceptions of value consensus. *Journal of Experimental Social Psychology, 105*. Doi: 10.1016/j.jesp.2022.104433
- Wenzel, M., Rossi, C., Thai, M., Woodyatt, L., Okimoto, T. G., & Worthington Jr, E. L. (2022). Let's talk about this: Co-rumination and dyadic dynamics of moral repair following wrongdoing. *European Journal of Social Psychology.* DOI: 10.1002/ejsp.2927



# Presentations

- Beatty, L. (2023). Presented *Increasing psychosocial support options for women with metastatic breast cancer through digital modalities*. Breast Cancer Grand Round presentation to the Victorian Comprehensive Cancer Centre (VCCC), 8 February.
- Guyett, A., Scott, H., Lechat, B., Manners, J., Stuart, N., Lack, L., Kempes, E., Eckert, D., Micic, G., Banks, S., Dorrian, J., Adams, R., Catcheside, P., & Lovato, N. (2022). Investigation of a novel LED lighting strategy designed to accelerate circadian entrainment to night shift-work in an encapsulated environment. *SLEEP Advances, 3 Supplement 1*, A8-A9. Doi: 10.1093/sleepadvances/zpac029.020
- Guyett, A., Scott, H., Lechat, B., Manners, J., Stuart, N., Lack, L., Kempes, E., Vakulin, A., Eckert, D., Micic, G., Banks, S., Dorrian, J., Hartas, M., Murfett, D., Adams, R., Catcheside, P., & Lovato, N. (2022, November). A novel LED lighting strategy designed to accelerate circadian entrainment to night shiftwork in an encapsulated environment – preliminary findings. Sleep DownUnder, Brisbane, Australia.
- Hallahan, L. (2023, February). Invited presentation: *The qualities of advocates*. Advancing Citizen Advocacy National Conference, Melbourne.
- Kempes, E., & Tiggemann, M. (2023, February). Attentional bias modification for chocolate: Sham-n training as an alternative control protocol. UNSW Symposium on Eating and Appetite.
- Kempes, E., & Tiggemann, M. (2023, February). Sham-n training: An alternative control group for attentional bias modification. 2023 Australasian Society for Behavioural Health and Medicine (ASBHM) meeting, Geelong, Australia. (Invited Symposium: *Applications of experimental cognitive psychology to food and eating*).
- Logounov, A., Kempes, E., Patrickson, B. & Bidargaddi, N. (2022, October). *Developing the CareMappr App: UI/UX Co-Design with Consumers & Carers*. Digital Health Summit, Sydney, Australia.
- Manners, J., Guyett, A., Stuart, N., Nguyen, P., Lechat, B., Eckert, D., Kempes, E., Catcheside, P., & Scott, H. (2022). Predicting vigilance in a shift-work context with under-mattress sensor data from the preceding sleep. *SLEEP Advances, 3 Supplement 1*, A53. Doi: 10.1093/sleepadvances/zpac029.142
- Manners, J., Stuart, N., Guyett, A., Lechat, B., Eckert, D., Nguyen, D. P., Kempes, E., Scott, H., & Catcheside, P. (2022, November). Predictive Vigilance in a shift work context with under mattress sensor data from the preceding sleep. Sleep DownUnder, Brisbane, Australia.
- McFarlane, L., Nancarrow, S., Robinson, T., Rogers, J., Cullen, B., Lawson, M. J., Vosniadou, S., Stephenson, H., & Bodner, E. (2022). *Promoting self-regulated learning in the High School: Results from teacher-directed projects in lessons*. Poster presented at the Annual Conference of the Australian Association for Research in Education, December.
- Mckinlay, T., & Nixon, R.D.V. (November, 2022). *Effectiveness of Cognitive Processing Therapy for PTSD and Complex PTSD in Young People*. Paper presented at the 2022 headspace National Forum, Melbourne, Australia.
- Pill, S. (2023, February). The International Conference on Emerging Need to Strengthen the Global Public Health Policies and Sports Sciences, online. Sikkim Manipal University, India.
- Pill, S. (2023, February). SANFL-AFL Level 2 Coaching Course. *Skill acquisition*.
- Pill, S. (2022, November). SANFL-AFL Level 2 Coaching Course. *Game based coaching*.
- Pill, S. (2022, December). PHASE: Physical, Health Athletics, Sport Educators Global Community Conference, online. *Spectrum of Teaching Styles*.
- Pill, S. (2022, December). AFL Level 3 Coaching Course: *Game based coaching*.
- Pryde, S., Kempes, E., & Prichard, I. (2022, November). *TikTok on the clock but the #Fitspo don't stop: The impact of fitspiration TikToks on young women's body image*. 50<sup>th</sup> Annual Conferences of the Society of Australasian Social Psychologists, Adelaide, Australia.
- Riggs, D. (2022). Faciliated a webinar as part of the Queeroboree series run by the Mental Health Professionals Network in collaboration with Black Rainbow, 3 November.
- Riggs, D.W., Ansara, G.Y., Menon, P. (2022). Professional practice with trans young people: Autonomy violations, coercive control, and anti-oppressive resistance. *PACFA Safety Through Diversity Conference*, November 14-18, 2022.
- Stuart, N., Manners, J., Scott, H., Lechat, B., Kempes, E., & Catcheside, P. (2022, November). A novel comparison between traditional EEG and Power Spectral Analysis of TCRE during Sleep. Sleep DownUnder, Brisbane, Australia.
- Stuart, N., Manners, J., Scott, H., Lechat, B., Kempes, E., & Catcheside, P. (2022). A pilot study of a novel electrode system for brainwave acquisition during sleep: Tripolar Concentric Ring Electrodes. *SLEEP Advances, 3 Supplement 1*, A67-A68. Doi: 10.1093/sleepadvances/zpac029.186



## Presentations

- SueSee, B., & Pill, S. (2023, February). Spectrum Institute for Teaching and Learning: *Broadening the spectrum of teaching style through global coalition*.
- SueSee, B., & Pill, S. (2023, January). TFFU 40<sup>th</sup> Anniversary Conference, online. *Reconciling approaches – Using the spectrum of teaching styles to highlight the decisions of students during guided discovery episodes*.
- Vosniadou, S., Lawson, M. J., Bodner, E., White, E., Kang, S., Graham, L., Murdoch, C., & Stephenson, H. (2022). *Promoting self-regulated learning in the classroom: Results from an online professional learning course with Education candidates*. Paper presented at the Annual Conference of the Australian Association for Research in Education, December.
- Vosniadou, S., Bodner, E., Darmawan, I. G., Stephenson, H., Lawson, M. J., Jeffries, D., Graham, L., Kang, S., White, E., & Murdoch, C. (2022). *Using ICAP as a framework to evaluate the influence of classroom instruction on the cognitive engagement of students*. Paper presented at the Annual Conference of the Australian Association for Research in Education, December.
- Windsor, T. (2023). Keynote presentation titled *Lifespan Developmental Psychology* and workshop featuring an ageing simulation at the South Australian Psychology Teachers Association Summer Conference, 13 January.



## & Professional Services

- Pill, S., Williams, K., & Ellis, Y. (2022, December). High School E-Sport Project: *Active Gamers Evaluation, Final Report*
- Professor Damien Riggs and colleagues made a submission to the Senate Standing Committee on Community Affairs *Universal Access to Reproductive Healthcare Inquiry*.
- Professor Ben Wadham has been invited to assess veteran and defence grant applications for the Social Sciences and Humanities Research Council of Canada (SSHRC). He has also been invited by East Anglia Veterans and Families Institute to be a member of their research advisory committee on military male sexual assault.
- Professor Robyn Young has been invited on the Australian Advisory Board on Autism. The Australian Advisory Board on Autism is the national peak body representing people with autism, their families, carers and helpers. The focus of the Advisory Board is working with governments to develop appropriate policies for people with autism, their families and carers, disseminating information about autism and working with the Australian autism community to build skills.

## IN THE CONVERSATION

Lack, L. (2023). Drip, drip, drip. Why is my leaking tap keeping me awake at night? [The Conversation](#), 19 January 2023.

Lohmeyer, B. (2022). 'There's a lot of places where you can't be seen': How bullying can be invisible to adults. [The Conversation](#), 12 December 2022.

### **The Institute leads collaboration with the Caring Futures Institute and the Centre for Social Impact to address healthy school meals**

Over the last 14 months, Professor Eva Kemps has brought together researchers from three different colleges (CEPWS, CNHS, CBGL) to explore the issue of healthy school meals in South Australia. At the end of October 2022, the team collaborated with the Commissioner for Children and Young People, Helen Connelly, to conduct a citizen's jury to explore the provision of free school meals in primary schools. This event was well attended online by not-for-profits,



government departments and private sector organisations from across the country. The jurors, compiled of young people, school principals and members of the public, overwhelmingly voted in favour of State provided school meals. The team are now exploring various funding opportunities to develop this collaboration further.

### **Inaugural Public Lecture: Child and Adolescent Mental Health and Wellbeing – 16<sup>th</sup> March 2023, SAHRMI 5-8pm**

The Institute will host its first public lecture as the Flinders University Institute for Mental Health and Wellbeing on the 16<sup>th</sup> March at the SAHRMI Building, North Terrace from 5-8pm. The Keynote will be given by Professor Jennie Hudson, Director Research at the Black Dog Institute and John Mannion from Breakthrough will MC the event. Institute Director Tracey Wade, along with Institute members Sam Elliott, Grace Skrzypiec and Jessica Paterson, will discuss issues raised in Jennie's presentation in a Q&A panel session. Registration to the event will open soon.

### **Institute Poster Competition**

We had a great response from HDR students to the Institute Poster Competition at the end of 2022. The successful students will have their posters professionally designed with the Institute branding and printed so that they can be displayed in the corridor on the third floor of Social Science North. The posters will also be displayed at the Institute Public Lecture. We will run another competition later in the year, so watch this space.....

### **FIMWell Methods Lab kicked off on the 16<sup>th</sup> February 2023**

Drs. Laura Edney (CMPH) and Mia Pellizzer led the Flinders Institute for Mental Health and Wellbeing Methods Lab group which has the aim to support HDR students understand more about health economics and co-design and how they might apply these methodologies to their research. Specific meeting contents will be dependent on member feedback but could include support with health economics, co-design, statistical analyses, review methodologies and programming languages, and could take the format of roundtable discussions, project brainstorming, journal club or workshops. This is a great opportunity for those who aren't in a lab and if already in a lab, provides a unique opportunity to learn about methodologies that can be applied across a broad spectrum of research areas, in addition to connecting with students and researchers from other areas. If you are interested in joining, please contact either Laura or Mia.

# SHAPE

## Sport, Health, Activity, Performance and Exercise Research Centre

### Mental Fitness Charter Forum



The **Mental Fitness Charter for Sport** was officially launched on 9 December by the **Minister for Recreation and Sport, the Hon Kathrine Hildyard**. The launch attracted over 80 members of SA's sport and recreation industry, researchers, and students, highlighting the value the industry places on supporting the mental health and wellbeing of its communities.

Flinders University's SHAPE Research Centre hosted the event and will be evaluating its uptake. SHAPE's Director Professor Murray Drummond highlighted, "the Mental Fitness Charter is the first of its kind in Australia so South Australia is leading the way when it comes to embedding and supporting mental health in sporting clubs. The launch

of this Charter really is a moment of national significance as many key organisations across Australia and globally are looking to follow SA's lead.

The Charter was developed by **Sports SA** and **Breakthrough Mental Health Research Foundation** with input from key stakeholders in the sports sector. Find out more and download the Charter here:

<https://mentalfitnesscharter.raisely.com/>



### SHAPE HDR student wins award



PhD Candidate **Kayleigh O'Donnell** was recently awarded the **Best Higher Degree by Research Student Publication** within CEPSW. An initiative of the Deputy Vice-Chancellor (Research), the \$1,000 awards are selected based on original contribution, high quality writing, and effective dissemination.

Kayleigh's paper, '**Exploring parent and coach relationships in youth sport: A qualitative study**', is published in *Qualitative Research in Sport, Exercise and Health*, and sought to understand how parent and coach relationships develop in youth sport. Her paper is the first of its kind to explore how parent and coach relationships develop in youth sport using a sociological theoretical perspective. Kayleigh's publication is available here:

<https://www.tandfonline.com/doi/full/10.1080/2159676X.2022.2048060>

### HDR Student in the Spotlight – Catherine Litchfield

**Catherine Litchfield** is a 3rd year PhD Candidate at Flinders University, a member of the SHAPE Research Centre and an associate member of the Flinders Institute of Mental Health and Wellbeing. Her research focuses on the dynamic concept of **social support and injury recovery in women's Australian football**. She was drawn to this research area after she experienced three ACL injuries as a result of her own sports participation.

Catherine has worked with clubs in the SAWFL, SANFLW and AFLW as part of her doctoral studies, recently presented at the inaugural Women in Sport Congress, and was invited to present at the upcoming SASMA Sports Medicine Conference. A former physical education teacher, touch football and netball coach, and mixed state league touch football player, Catherine is eager to improve social support practices for injured athletes.





# Social Work Innovation Research Living Space



## Spotlights

### In the Media

*How some people could soon be able to check if their partner has a history of domestic violence*

[SBS: 23<sup>rd</sup> January 2023](#)

The NSW government has proposed establishing a Statewide Domestic Violence Disclosure Scheme similar to the one in place in South Australia. Professor Sarah Wendt provided analysis on SBS about the trial offering South Australians information about their partner's criminal history.

### New Members

SWIRLS welcomes new Associate Members Ali Elder (Research Associate), Kimberley Wanganeen (Research Associate), Janine Harrison (Senior Lecturer Social Work), and Student Member Emma Brennan (PhD candidate).

## Grants and Funding



SWIRLS has partnered with Uniting Communities to explore their elder abuse unit data to report on the types of people affected, the most common situations, offenders, and to make recommendations for government to address this issue. The partnership will also explore case studies of lived experience, best practice, and effective interventions.

## HDR News

SWIRLS is excited to announce the inaugural SWIRLS Best Higher Degree by Research Student Publication Award 2023. This annual award celebrates the scholarship of HDR students in SWIRLS and their contribution to high quality research that informs social work theory, policy and practice. For further information, please see the flyer [here](#).

## Community and Professional Services

WSSSA announced Professor Sarah Wendt has been appointed Board Chair. Following commencement to WSSSA's Domestic Violence Crisis Line Board in 2012 and subsequent appointment to WSSSA Board in 2016, Sarah has made significant contributions to policy development, research and community education. Sarah is a member of the Governance, Risk and First Nation's Governance Committee. Sarah takes on the Chair responsibilities from Maurine Pyke KC, who has stepped down as Chair after 30 years of extraordinary work in the violence against women sector, and as Chair of WSSSA Board. "It is a privilege to be nominated as Chair of the Board for WSSSA. I have practiced and researched in the field of violence against women my whole career. Being Chair provides another way for me to continue to fulfil my social justice values and make a difference in the lives of women and their children escaping violence – but to also challenge the social inequalities that cause such violence. It has been an honour to learn from Maurine Pyke and to work alongside her. WSSSA is an outstanding organisation and I look forward to contributing to it into the future" – SW

## Awards and Prizes

### Excellence Commendation: Flinders University Staff Awards

In December 2022, Flinders University President and Vice-Chancellor Professor Colin Stirling presented outstanding individuals and teams across the University with the [2022 Staff Awards](#), in a ceremony held in the Plaza at Bedford Park. SWIRLS Senior Research Support Officer, Hayley Anderson, was awarded an Excellence Commendation for her high level of professionalism and service SWIRLS.





**18 February 2023.** The Advertiser, and associated media. Announcement of the nominees of the 2023 The Advertiser Sunday Mail, Sky City Women of the Year Award finalists, including OCPSE Leader of the Year Professor Tracey Wade.

**13 February 2023.** Herald Sun, and associated press. *What you need to know about the NAPLAN test*, featuring Associate Professor David Curtis' comments re international assessments had witnessed a steady decline in achievements since 2000.

**10 February 2023.** ABC North and West SA. Interview with Professor Phillip Slee re the Peace Pack program.

**7 February 2023.** Scimex. *Putting 3-5 year olds into organised sport can have a negative effect*, featuring Emilea Mysko (PhD candidate) and Associate Professor Sam Elliott's research into early participation can lead to injury, boredom or psychological burnout which also contributes to sporting dropout rates rising in mid-to-late childhood. Also: interviewed on ABC South West WA; 5AA (8 Feb). Emilea appeared on Nine Afternoon News on 9 February; The Sector; Education Matters (10 Feb).

**2 February 2023.** ABC Radio Hobart. Interview with Emeritus Professor Leon Lack regarding jet lag on holiday and how to quickly address this.

**2 February 2023.** The National Tribune, associated media, and Newscorp outlets. *Warning screens fail to deter Instagram users from seeing graphic content*, featuring Professor Melanie Takarangi's research into trigger warnings failing to deter users. This news item also in Warrnambool Standard; CQToday (7 Feb);

**2 February 2023.** Eva Kempf was interviewed for ABC radio Sydney about **research** conducted together with Eilish McKay, Marika Tiggemann and Ivanka Prichard (CNHS) showing that verbal size descriptions (small, regular, large, XL) influence portion size selections of meals from online menus.

**2 February 2023.** Medical Republic. Portion names normalise supersized eating. Featuring research by Eva Kempf in collaboration with Eilish McKay, Marika Tiggemann and Ivanka Prichard (CNHS) showing that verbal size descriptions (small, regular, large, XL) influence portion size selections of meals from online menus.

**2 February 2023.** The National Tribune. *\$1.2m of heroic help for youth mental health*. Announcement of the creation of the Little Heroes Professor of Child and Adolescent Mental Health which is a collaboration between Breakthrough Mental Health Research Foundation, Little Heroes Foundation and Flinders Institute for Mental Health and Wellbeing.

**25 January 2023.** Mirage News, and associated media. *Rise in sports parent stresses during Covid era*, featuring research by Associate Professor Sam Elliott showing that parental responsiveness to their children's sporting needs was higher during lockdown but added greater responsibilities and pressures on available time. Also, Open Forum (28 January) titled In search of parent volunteers.

**22 January 2023.** Science Focus. *How to handle a defensive personality, according to a psychologist*, featuring research by Professor Michael Wenzel and Associate Professor Lydia Woodyatt.

**20 January 2023.** ABC Radio Melbourne with Charlie Pickering who interviewed Emeritus Professor Leon Lack on night-time noises disrupting sleep. Also interviewed on ABC Radio Sydney.

**19 January 2023.** The Conversation, EveningReport.nz. *Drip, drip, drip. Why is my leaking tap keeping me awake at night*. Article by Emeritus Professor Leon Lack. Also featured in the Asia Bulletin; Dispatchlist; MENAFN; hashtag.net.au; Yahoo News Australia; and associated media.

**19 January 2023.** ABC Radio Adelaide. Interview with Emeritus Professor Leon Lack re night-time noises disrupting sleep and causes for sleeplessness.

**18 January 2023.** The Advertiser. *School funding*. Letter to the Editor by Emeritus Professor John Halsey re the worrying concern that schools put their 'image before kids' when young people don't score a high ATAR.

**16 January 2023.** Sydney Morning Herald, The Age. *Eat for your brain's sake*. Letter to the Editor from Emeritus Professor Alan Russell re appetite self-regulation in children research.

**12 January 2023.** ABC News. *Adelaide BMX program aims to improve young people's mental health with 'practical' approach*, featuring comments by Associate Professor Dan Fassnacht on the staggering 40% increase in mental illness reported by young people during the COVID pandemic.

**10 January 2023.** Psychology Today. *What it takes to fix a broken relationship*, featuring research by Professor Michael Wenzel and Associate Professor Lydia Woodyatt.



**4 January 2023.** ABC Online. *Healthy ageing isn't only about diet and exercise. Just ask the Fab Five*, featuring Associate Professor Tim Windsor's research suggesting that feeling good about ageing and about ourselves can actually help us to live longer.

**January 2023.** SBS Arabic24. Interview with Dr Amelie Hanna about PhD project "Teaching Arabic-speaking migrants to establish their online businesses."

**22 December 2022.** Canberra Times; Cessnock Advertiser. *How to avoid family conflict on Christmas*, featuring Professor Damien Riggs.

**14 December 2022.** Morgana Lizzio-Wilson on social justice protesters.

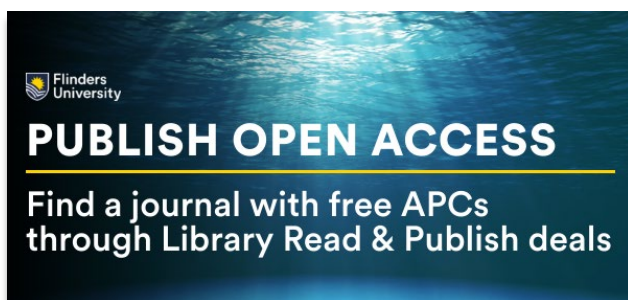
**12 December 2022.** Hashtag.net.au. *How bullying can be invisible to adults*, featuring comments by Dr Ben Lohmeyer. Also in world.edu (13 Dec).

**10 December 2022.** ABC News 24. Interview with Professor Melanie Takarangi, regarding research findings that trigger warnings do not deter from viewing graphic material.

**5 December 2022.** ABC Gippsland. Interview with Professor Melanie Takarangi re trigger warnings and how little meaningful difference there is to how people react whether there is a trigger warning or not.

**1 December 2022.** Australian Men's Health. *Bodies*, Emeritus Professor Marika Tiggemann was interviewed about the impact of social media on body image issues.

**29 November 2022.** The Age, SMH, Brisbane Times. *Trigger warnings are everywhere, but do they work?* Featuring Professor Melanie Takarangi discussing that there is really no meaningful difference to how people react to something whether they received a trigger warning or not. (also on Channel 10, 30 November 2022).



### Read & Publish agreements - 2023

The Library is participating in several Read & Publish agreements that allow Flinders researchers to publish Open Access with no Article Processing Charges.

View the list of publishers with [Free and Discounted APCs](#) on offer and check to see if your upcoming journal submission will be covered.

### Eligibility

Submit your article using your Flinders email address. You must be the corresponding author and include an affiliation/ byline to Flinders University. If you choose to publish with one of these publishers, you will be alerted by the journal to the Read & Publish option for Open Access upon acceptance of your article.

### Caps

Several of our Read & Publish agreements have publisher-imposed caps on the number of articles that are published in a calendar year. The capped limits are shared across all participating institutions within the Council of Australian University Librarians (CAUL) consortium.

### Further information

Please note that all agreements are slightly different – some do not cover all journals published by a specific publisher, some cover fully open access journals, and others do not. Additional publication charges may still apply – visit the [Read & Publish webpage](#) for information or submit a [Library research query](#) via Service One.



## The Mind, Body and Cognition Colloquium Series, S1, 2023

All Sessions will be held Mondays 3pm in North Theatre 4

Date	Presentation
February 27	<p><b>Professor Norman Brown</b>  <i>Doing the COVID bump: Understanding how the Covid-19 pandemic affected autobiographical memory</i></p>
March 6	<p><b>Professor Nick Hulbert-Williams</b>  <i>Striving for impact in health psychology research: From theoretical modelling studies to clinical trials of interventions for people affected by cancer</i></p>
March 20	<p><b>Psychology discipline meeting</b></p>
March 27	<p><b>Professor Neil Brewer</b>  <i>Confused of Bedford Park – is autism all the things it's supposed to be?</i></p>
April 3	<p><b>Psychology discipline meeting</b></p>
April 24	<p>No colloquium this week (ANZAC day Tuesday)</p>
May 1	<p><b>Psychology discipline meeting</b></p>
May 8	<p><b>Christina Galanis</b>  <i>Stigma in relation to behavioural addictions: Concept, processes and predictors</i>  <b>Bohua Zhang</b>            TBC</p>
May 15	<p><b>Isabella Anderberg</b>  <i>Step counts and calories: Associations among diet and fitness app use, body image, disordered eating and compulsive exercise</i>  <b>Weiyang Xiong</b>  <i>The mental health and wellbeing outcomes of domestic and international tertiary students: Findings from systematic review and meta-analysis</i></p>
May 22	<p><b>Dr Serena Bauducco</b>  <i>Adolescents' sleep</i></p>
May 29	<p><b>Xin Luo</b>  <i>Attentional biases in different mental states</i>  <b>Indira Carey</b>  <i>The interrelationships between movement, music and mood</i></p>
June 19	<p><b>Professor Helen Fung</b>  <i>Improving age-related performance by making it more meaningful</i></p>



# Higher Degree by Research

## CEPSW HDR UNSUPERVISED EVENTS



**Theme: Welcome Event**

**Date: 2<sup>nd</sup> March 2023**

**Time: 12.30 – 1.30pm**

**Location: SSN, Tearoom, Level 3**

Please join us for a **Welcome/Welcome back – HDR Pizza Lunch** – for HDR Students and Supervisors, new and old, on the first Thursday of March 2023 – Social Sciences North tearoom. Also, please bring your water bottles, or your coffee mug, and access the refreshments normally available in the SSN Kitchen.

This is the second of our “**First Thursday each Month**” engagements with CEPSW HDR Students, planned for 2023. You will find the proposed schedule for 2023 on the next page. Please keep a look out for our meeting requests, which will be sent in due course. We also expect additional activity may be added during the year. **Who will be there?** CEPSW HDR Students – HDR Supervisors – HDR Student Committee members – CEPSW VPED and Dean of Research.

## CEPSW HDR Coordinator

Associate Professor Helen McLaren, College of Education, Psychology and Social Work  
Telephone: Office +61 8 8201 3025 | <http://www.flinders.edu.au/people/helen.mclaren>

## CEPSW HDR Contacts

A reminder that if you have any concerns or questions that you might not feel comfortable asking your supervisor, please get in touch with any of the committee members and we will help you as best we can or point you in the right direction.

**Student Committee:** [epsw-hdr-sc@FLINDERS.onmicrosoft.com](mailto:epsw-hdr-sc@FLINDERS.onmicrosoft.com)

**Education:** [catherine.litchfield@flinders.edu.au](mailto:catherine.litchfield@flinders.edu.au)

**Psychology:** [georgina.maddox@flinders.edu.au](mailto:georgina.maddox@flinders.edu.au) (Chair); [lucy.bird@flinders.edu.au](mailto:lucy.bird@flinders.edu.au); [sam.antoniades@flinders.edu.au](mailto:sam.antoniades@flinders.edu.au); [david.nicoll@flinders.edu.au](mailto:david.nicoll@flinders.edu.au)

**Social Work:** [tess.cunningham@flinders.edu.au](mailto:tess.cunningham@flinders.edu.au)

**Link to CEPSW HDR FLO page:** <https://flo.flinders.edu.au/course/view.php?id=56481>

**Twitter:** <https://twitter.com/EPSWHDR>

## HDR Completions

Congratulations to **Anna Barron**, supervised by Associate Professor Lydia Woodyatt and Professor Emma Thomas, who completed with the thesis, “*Understanding the factors that influence men’s support and resistance to the movement for gender equality*”.

Congratulations to **Ashleigh Collier** who completed with the thesis titled *Applying the Population Health Approach to school planning to support children’s early development*. Supervisors: Associate Professor Kerry Bissaker and Dr Julie McMillan.

Congratulations **Franki Ford**, supervised by Associate Professor Kerry Bissaker and Professor Robyn Young, who completed with the thesis titled *Experiences of autism: Perspectives from adolescents on the autism spectrum*.

Congratulations to **Reneshree Govender** who completed with the thesis titled ‘*Bouncing back*’ from conflict: *The role of relationship resilience and hope for reconciliation in romantic couples following interpersonal transgressions*. Supervisors: Associate Professor Lydia Woodyatt and Professor Michael Wenzel.

# HDR 2023 Program of Events

	<b>Date</b>	<b>What's on</b>	<b>Who's there</b>	<b>Where?</b> <i>Subject to change, check your emails</i>	<b>Unsupervised?</b>
<b>1</b>	5 <sup>th</sup> Jan	Summer break	No event	No event	
<b>2</b>	2 <sup>nd</sup> Feb	Personal goal setting for the year to come	Georgina Maddox (Student Chair & HDR Students)	Media Room in the Hub 3-4pm, then Tavern	
<b>3</b>	2 <sup>nd</sup> Mar	Welcome to new & old students	College Academics, HDR Supervisors & Students	Social Sciences North Tea Room 12.30-1.30pm	
<b>4</b>	6 <sup>th</sup> Apr	Getting and balancing casual work at Flinders	HDR Students	Media Room in the Hub 3-4pm, then Tavern	
<b>5</b>	4 <sup>th</sup> May	Introducing the PhD Mentorship Program	HDR Coordinator and HDR Students	Media Room in the Hub 3-4pm, then Tavern	
<b>6</b>	1 <sup>st</sup> Jun	Q&A with peers on Confirmation of Candidature	HDR Students	Media Room in the Hub 3-4pm, then Tavern	
<b>7</b>	6 <sup>th</sup> Jul	Q&A with researchers on Research Groups & Research Culture	CEPSW Research Institute/ Centre members & HDR students	Media Room in the Hub 3-4pm, then Tavern	
<b>8</b>	3 <sup>rd</sup> Aug	Q&A on Mid-Candidature Review	HDR Students	Media Room in the Hub 3-4pm, then Tavern	
<b>9</b>	7 <sup>th</sup> Sept	Q&A on presenting at Conferences	Seasoned Academics, HDR Coordinator & HDR Students	Media Room in the Hub 3-4pm, then Tavern	
<b>10</b>	5 <sup>th</sup> Oct	Q&A on Final Thesis submission	HDR students	Media Room in the Hub 3-4pm, then Tavern	
<b>11</b>	2 <sup>nd</sup> Nov	Annual HDR Student Conference	Academics, HDR Coordinator, HDR Students	Venue TBA All day event	
<b>12</b>	7 <sup>th</sup> Dec	HDR & FiMWELL joint X-mas catch up	Members of FiMWELL & HDR Students	Media Room in the Hub 3-4pm, then Tavern	



Public Lecture with Visiting Research Fellow

## Professor Elizabeth Peel

(Loughborough University, UK)

Wednesday 5<sup>th</sup> April, 6.00pm | Level 2, 182 Victoria Square

### ***Canine Companions and Social Interaction: Barking up the right tree for health and wellbeing***

Do animal companions support human mental and physical well-being? In this Public Lecture Professor Peel discusses this question in light of the pandemic, focusing on how dogs help humans connect with other humans. Drawing on the 'Dog Talking and Walking Project', this lecture will focus on the so called 'pet effect'. It asks us to consider what are the subtleties of dog facilitated social interaction? What do people value about it? And when can connections catalysed by dogs be damaging for people, and conflict occurs? Professor Peel will present examples from her British research that illuminates how the 'pet effect' works with strangers, and how people can be supported to be more sociable. Maintaining social interaction is particularly important for some vulnerable groups such as people living with dementia. This lecture will explore how dogs may be especially enabling for people living with dementia, both as companions and as mediators of interactions between humans.

To register please email Professor Damien Riggs by 1<sup>st</sup> April 2023: [damien.riggs@flinders.edu.au](mailto:damien.riggs@flinders.edu.au)

Elizabeth Peel is Professor of Communication and Social Interaction at Loughborough University and was Associate Pro Vice Chancellor for the Doctoral College 2018-2022. She is a Fellow of the British Psychological Society. They have published widely in critical social and health psychology and have recently completed the ESRC-funded *Future of Legal Gender* project. She is on the Editorial Board of four journals and is Book Series Co- Editor of *Gender and Sexualities in Psychology* (Routledge). She is currently conducting the *Dog Talking and Walking Project*, learn more at [www.wellbeingdog.wordpress.com](http://www.wellbeingdog.wordpress.com)

