

Research News

Dean of Research

Dear Team,

The past month has been a remarkably productive one, and I'm delighted to share some exciting updates with you:

Reconciliation and Collective Wellbeing Event: Flinders University recently hosted a 'Come Together' event in a demonstration of our commitment to reconciliation and collective wellbeing. It was heartening to see the event well-attended and to witness the strong support for this crucial cause.

Collaboration with Aboriginal Mental Health Strategy and Planning: I had the privilege of hosting visitors from the Aboriginal Mental Health Strategy and Planning team at SA Health. Our discussions were highly productive, and we are actively working towards a robust research partnership. This collaboration holds significant promise in advancing our research objectives.

Grant success: Congratulations to Associate Professor Shane Pill and Associate Professor Deb Agnew for securing a PhD Industry Scholarship with SEDA College, and Professor Ben Wadham who is co-PI on a CBGL led grant from the Department of Veteran's Affairs. Their dedication and hard work continue to shine a bright light on our college's research excellence.

Breakthrough Impact Unlocked Event: On the 19th of October, I had the privilege of attending the Breakthrough Impact Unlocked event. This event showcased the remarkable work of Flinders researchers in collaboration with Breakthrough. It's inspiring to witness the impact our team is making in the field of Mental Health research.

Research Excellence Framework (REF) Expression of Interest (EOI): I would like to express my gratitude for the overwhelming response we received for the Research Excellence Framework (REF) within our college. I'm currently in the process of arranging interviews and assessments, and we anticipate announcing the new appointees in the coming weeks. Your dedication to advancing our research profile is truly commendable.

SWIRLS Interim Director: I am delighted to welcome Professor Murray Drummond to the role of Interim Director of the SWIRLS Research Centre.

MRFF Target - Childhood and Adolescent Mental Health and Wellbeing: The MRFF target call in Childhood and Adolescent Mental Health and Wellbeing has been released. Our college is well-positioned to seize this opportunity, and I am in the process of organizing several initiatives in this direction. If your work is even remotely related to this call, please reach out to Liz to schedule a meeting with me. Your involvement is crucial to our success in this endeavour.

As summer approaches, I encourage you all to take some time to enjoy the warm weather and to prioritize self-care. The well-being of our research community is paramount. Thank you for your dedication and contributions to our research endeavours. Let's look forward to another month of achievements and progress.

Warm regards,
Raj Shekhawat



S U C C E S S

Dr Loretta Bowshall-Freeman was awarded **\$2,500** for the project *Sustaining leadership: Serving schools and students* project by the **South Australian State School Leaders Association (SASSLA)**.

Associate Professor Shane Pill was awarded **\$25,522** from Shooting Hoops Foundation Pty Ltd for the Adelaide 36ers Xventures program evaluation.

Associate Professor Shane Pill and **Associate Professor Deb Agnew** were successful in obtaining a **PhD Industry Scholarship** from **SEDA College** for the project *Empirical investigation of Seligman's PERMA model with adolescents: Enhancing student wellbeing in a Sport Centric Learning Environment*. Scholarship amount: **\$122,000**.

Professor Ben Wadham, CI Project Lead Associate Professor Ann-Louise Hordacre, Dr Sara Howard and Dr Catherine Mackenzie from the College of Business, Government and Law, were awarded **\$162,436** for the project *Evaluation of DVA's Chaplaincy Pilot Program (VCP)* from the **Department of Veteran's Affairs**.



The Governor of South Australia, Her Excellency the Honourable Frances Adamson AC presented **Dr Annabelle Neall, Professor Melanie Takarangi and Associate Professor Lydia Woodyatt** with an **Augusta Zadow Award** for their work on *Enhancing Women's Psychological Safety and Wellbeing via Best Practice Framework for Workplace Sexual Harassment Reporting Processes* which will evaluate current practice and provide a best practice framework for workplace reporting of sexual harassment based on psychological needs. The Augusta Zadow Awards have been run by SafeWork SA since 2005 and provide grants of up to \$25,000 to help meet the costs of a work health and safety initiative.

Dr Ben Lohmeyer won best presentation for the **Youth Studies Special Interest Group** at the British Education Research Association Conference in Birmingham. Ben's presentation was titled *Informal education, school bullying and 'public executions': Young people's experiences of the hierarchical nature of relationships in school*.

RESEARCH PUBLICATIONS

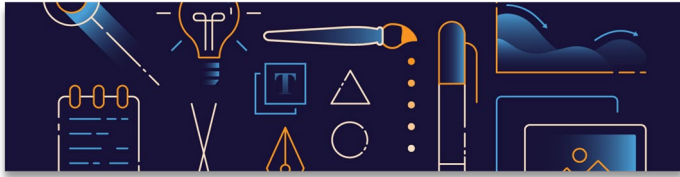


Book Chapters

- Du Plessis-Schneider, S. (2023). Taranorerer - Wyler (1800-1831). In Bastian, T., & Lang-Wojtasik, G. (Hrsg.), *Friedenshoffnung Weltbürgertum: Einst weltbürgerlich und friedensfördernd engagiert – heute vergessen und verkannt. Fünfzig Porträts*. Verlag Klemm+Oelschläger 1st edition, pp. 49-52.
- Du Plessis-Schneider, S. (2023) Nnoseng Ellen Kate Khuzwayo (1914-2006). In Bastian, T., & Lang-Wojtasik, G. (Hrsg.), *Friedenshoffnung Weltbürgertum: Einst weltbürgerlich und friedensfördernd engagiert – heute vergessen und verkannt. Fünfzig Porträts*. Verlag Klemm+Oelschläger 1st edition, pp. 195-198.

Refereed Journal Articles

- Beard, J., Cooper, Z., Masson, P., Mountford, V.A., Murphy, R., Raykos, B., Tatham, M., Thomas, J.J., Turner, H.M., Wade, T.D., & Waller, G. (in press, 21.9.23) Assessing Clinician Competence in the Delivery of Cognitive-Behavioural Therapy for Eating Disorders: Development of the Cognitive-Behavioural Therapy Scale for Eating Disorders (CBTS-ED). *Cognitive Behaviour Therapy*. doi: 10.1080/16506073.2023.2263640
- Cesur, E., Moritz, S., Balzan, R. P., Scheunemann, J., Gabbert, T., Aleksandrowicz, A. & Fischer, R. (2023). Hasty decision making and belief inflexibility in the more delusion-prone? A modified disambiguating-scenarios paradigm assessing cognitive biases implicated in delusions. *Schizophrenia Research*. Doi: 10.1016/j.schres.2023.07.001
- Cheng, J., Lavigne, K., Khangura, J., Chinchani, A., Rasheed, M., Woodward, B.K.S., Zahid, H., Zhao, J., Balzan, R., Ryder, A., Menon, M. & Woodward, T. S. (2023). Dimensions of beliefs without strong supporting evidence and reasons for holding them. *Heliyon* (in press). DOI: 10.1016/j.heliyon.2023.e19833
- Elliott, S., Petersen, J., Drummond, M., Prichard, I., Drummond, C., Crossman, S., Bramley, O. (2023). What are the perceived barriers for building and maintaining a culture of mental health support in Australian competitive youth sport?, *Journal of Applied Sport Psychology*, DOI:10.1080/10413200.2023.2274460
- Grey, G.E., Treharne, G.J., Riggs, D.W., Fuller, K.A., Taylor, N., & Fraser, H. (Online First 2023). The 'pet effect' and trans people. Associations between living with animal companions and wellbeing, social support, and trans-related marginalisation in three international studies. *International Journal of Transgender Health*. <https://doi.org/10.1080/26895269.2023.2234383>
- Lawson, M. J., Van Deur, P., Scott, W., Stephenson, H., Kang, S., Wyra, M., Darmawan, I. G., Vosniadou, S., Murdoch, C., White, E., & Graham, L. (2023). The levels of cognitive engagement of lesson tasks designed by teacher education students and their use of knowledge of self-regulated learning in explanations for task design. *Teaching and Teacher Education*, 125, <https://doi.org/10.1016/j.tate.2023.104043>
- McLaren, H., Patmisari, E. & Jones, M. (2023). Piloting the Mockingbird Family in Australia: Experiences of foster carers and agency workers. *Journal of Child & Family Work*. 10.1111/cfs.13095
- SueSee, B., Pill, S., & Williams, J. (2023). Arnold wanted X but we got Y – the Queensland senior physical education syllabus application of the Arnoldian perspective. *Physical Education and Sport Pedagogy*, DOI: 10.1080/17408989.2023.2269955
- Sulik, J., Ross, R., Balzan, R. P., McKay, R. (2023). Delusional ideation and data quality: Are classic cognitive biases an artefact of inattention? *Journal of Psychopathology and Clinical Science*, 132, 749-760.
- Vosniadou, S., Lawson, M. J., Bodner, E., Stephenson, H., Jeffries, D., & Darmawan, I. G. N. (2023). Using an Extended ICAP-Based Coding Guide as a Framework for the Analysis of Classroom Observations. *Teaching and Teacher Education*, 128. <https://doi.org/10.1016/j.tate.2023.104133>
- Walter, Z.C., Carlyle, M., Kerswell, N., Mefodeva, V., Nixon, R.D.V., & Hides, L. (2023). Study protocol: Implementing and evaluating a trauma-informed model of care in residential youth treatment for substance use disorders. *Frontiers in Psychiatry*, 14: 1169794. <https://doi:10.3389/fpsy.2023.1169794>
- Wenzel, M., Quinney, B., Wohl, M. J. A., Barron, A., & Woodyatt, L. (2023). Tensions between collective-self forgiveness and political repair. *European Journal of Social Psychology*. <https://doi.org/10.1002/ejsp.3006>
- Zannettino, L., Marmo, M., Esmaeili, H., & Richards, J. (2023). "Gatekeeping family violence": The role of religious and community leaders in the Afghan Migrant Community in South Australia. *Religions*, 14(9), 1208. <https://doi.org/10.3390/rel14091208>



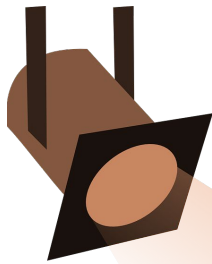
Presentations

- Abdullah, A. (2023, September). Presented *Studying and measuring child neglect: A systematic review of the role of culture in conceptualizing child neglect* at the ISPCAN Congress 2023, Edinburgh, UK. September 24-27, 2023
- Abdullah, A. (2023, September). Presented *The protective effects of community influence in child abuse: results from a nationally representative survey* at the ISPCAN Congress 2023, Edinburgh, UK. September 24-27, 2023.
- Balzan, R. (2023, August). Presentation titled *Can Metacognitive Training for Eating Disorders (MCT-ED) improve treatment outcomes for adolescents with anorexia nervosa? A pilot randomised controlled trial*, at SARMAC, Nagoya, Japan.
- Balzan, R. (2023, September). Presentation titled *Is the “Cogito” smartphone app a feasible and effective “assistant” to metacognitive training (MCT) for people with psychosis?* At the Australian Psychosis Conference, Sydney, Australia.
- Bromley, A. (2023, October). *‘The way we want to make it fit’: How child protection practitioners ‘resist’ systemic reform.* Paper presented at the Evidence and Implementation Summit (EIS), Melbourne, Australia.
- Graetz, L. (2023, September). Presented at the Flinders 2023 Medical Device Research Institute (MRDI) Showcase as part of the rapid fire research presentation for early career and PhD students. The presentation was on assessing non-invasive brain stimulation for tinnitus with neuroimaging.
- Hedger, R. (2023, October). Presented at the Early Childhood Australia National Conference on PhD findings titled *Drawing thought: Young children’s representational approaches to meaning making in science.*
- Nixon, R.D.V. (2023, October). *Improving interventions for PTSD: From prevention to treatment of PTSD.* Phoenix Australia, Melbourne University, Victoria.
- Pill, S. (2023, October). History of game-based coaching in Australia: *The influence of Eric Worthington.* South Australian Sports History Meeting, West Adelaide Football Club
- Pill, S. (2023, October). Indigenous Sport Pedagogy Virtual Academy: *Teaching Indigenous games in physical education using indigenous ways of knowing: The 8 ways pedagogy.*
- Stella Vosniadou, Michael Lawson, Helen Stephenson, Charlotte Dignath and Bracha Kramarski (2023, August) presented a symposium on *Understanding and developing teacher practices that promote self-regulated learning* at the 2023 European Conference for Research on Learning and Instruction in Thessaloniki, Greece.
- Wade, T. (2023, September). Opening keynote titled *The ‘roads less travelled’: Approaches to designing outcome studies in eating disorders*, at the 2023 Eating Disorder Research Society meeting in Boston.
- Wilksch, S. (2023, October). Presentation of a webinar titled *Increasing our understanding and support of parents with a child experiencing an eating disorder* to the Australian and New Zealand Academy of Eating Disorders.



& Professional Services

- Balzan, R & Delfabbro, P. (2023, September). *Down the Rabbit Hole: The psychology of conspiracy beliefs.* Legal Services Commission “Justice in Peril” 2023 Conference, Adelaide, Australia
- Dr Loretta Bowshall-Freeman is the newly appointed *South Australian State Leader Representative* for the *Australian Teacher Education Association (ATEA)*. The appointment commenced in October 2023.
- McLaren, H., Jones, M. (2023, October). System reform consultation invited by Child and Family Directorate – Strategy Policy and Commissioning, NSW Department for Communities and Justice, re findings from two consecutive research evaluation studies of Mockingbird, Kelly Walker and Hannah Zywczyak.
- Pill, S. (2023, October). Breakthrough corporate event. The Vault, 91 King William Street.
- Pill, S. (2023, October). Dogs Connect wellbeing initiative. St Xavier’s School, Wynn Vale



Associate Professor Helen McLaren

Dili, Timor-Leste: International Symposium on Child Care Reforms

International Symposium on Child Care Reforms

Hosted by H.E. Dr Alfonso Lopez, the Prosecutor General of Timor-Leste in partnership with Unicef Timor-Leste Country Office, Associate Professor Helen McLaren spoke at the International Symposium on Child Care Reforms convened in Dili on October 18th, where a collective call for stronger mechanisms to promote the well-being and optimal development of all children, including those residing in institutions and care facilities, was made.



Other VIP speakers included: H.E. Ceu Brites, the Vice Minister of Social Solidarity and Inclusion; H.E. Mr Bilal Aurang Zeb Durrani UNICEF Timor-Leste Country Representative; and, H.E. Dr Zelia Trindade, former Prosecutor General Portugal. Attendees included H.E. Maria Golumali Barreto, President of Commission F of the National Parliament; H.E. Ceu Brites, Vice Minister of Social Solidarity and Inclusion; Mr. Virgilio Guterres, the Ombudsman for Human Rights and Justice; Ms Dinora Granadeiro, President of Institute for the Defense of Children's Rights; Ambassadors and members of the diplomatic corps; UN Agencies; civil society organisations; and academics from local and international institutions. As a key outcome of the symposium, H.E. Dr Alfonso Lopez, the Prosecutor General, stressed the significance of the Timor-Leste Government's constitution in safeguarding children from harm, violence, and abuse. It was an amazing experience to be part of a delegate urging the safe embracement of children with care, education, and protection against violence.

First Graduation of Certificate III in Community Service



Associate Professor Helen McLaren attended with Flinders University Social Work and Australia Award Alumna, Ms Gizela Moniz da Silva, the first graduation for Certificate III in Community Services in Timor-Leste. Ms Moniz da Silva works at the Unicef Timor-Leste Country Office and has been instrumental leading systems-focussed development projects that are contributing to her Nation's transformation towards a specialised social and community workforce. We were privileged to have lunch with the Minister of Social Solidarity and Inclusion, H.E. Verónica das Dores Entrega, following the graduation. We should raise our glasses to Alumna, such as Gizela, who is making Flinders University Social Work so proud.

Unicef Representative, Mr Bilal Aurang Zeb Durrani

Associate Professor Helen McLaren spent time with Mr Bilal Aurang Zeb Durrani, Unicef representative Timor-Leste Country Office. On the back of recent legislative changes in Timor-Leste, discussed child protection system reform, child abuse law and policy advocacy, and strategies for strengthening of child and family protective environments.





Mental Health Month

It is Mental Health month in South Australia and our marketing team has been working with Institute researchers across our research Initiatives to produce short videos outlining the important work they are doing to improve mental health and wellbeing.

The **Generations** Initiative focuses on research promoting late-life health and wellbeing. [Hear from Director, A/Prof Tim Windsor](#) about their work which spans areas like social and emotional aging, dementia, financial capability and social engagement later in life.

The **Blackbird** Initiative, led by Institute Director and Matthew Flinders Distinguished Professor Tracey Wade, [focuses on research to combat disordered eating](#). From genomics through to body image behaviours, eating disorders and comorbidity, their research covers issues of disordered eating across the lifespan, with a real-world emphasis.

Director of The **Open Door** Initiative, Professor Ben Wadham, [talks about their focus on research](#) to help positively impact the health and wellbeing needs of veterans, public safety officers and other population groups transitioning into the next phase of their lives after service.

We will be continuing this series so make sure you follow us on [LinkedIn](#) to keep up to date and let [us](#) know if you would like your research featured in this way.

Institute Newsletter

Read all the news about the great working being done at Flinders Institute for Mental Health and Wellbeing in our latest e-newsletter [here](#). Sign up here to join our [mailing list](#) and receive the latest Institute news and information.



The Healing: Sunday, 5th November

Professor Ben Wadham has been invited to moderate the Q&A session after a special screening of *The Healing*, an award winning feature length documentary exploring a life-saving welfare program that brings traumatised ex-racehorses and traumatised military veterans together to help heal each other. It is a dramatic, emotional, inspiring story that contains a strong message of hope and healing. It also provides compelling evidence of a program that has the ability to revolutionise the ways in which the military and racing industries treat discarded veterans and horses. Professor Wadham will mediate the Q&A featuring Director Nick Barkla, Horseman Scott Brodie and military veteran Mel Baker. The screening is on Sunday 5 November at 7:30pm at Piccadilly Cinema (Wallis) Adelaide with the Q & A session after the film. For every ticket sold, 50% of profits go to Horse Aid to help support veterans, serving Defence members and first responders with their mental wellbeing. For more information, to see the film trailer and buy your tickets, click [here](#).

Transition Program for Separating ASDF Members

Professor Ben Wadham has been invited by the Deputy Secretary DVA to be a member of the Transition Working Group to develop an innovative transition program for separating ASDF members. The program will look at how to offer a tailored program which could include: "... creative arts, volunteering, sports, adventure activities, work experience and anything else that would help people find the spark that sets their post-service career alight and connects them with the community and purpose that makes life worth living – the exact things that service in the ADF offers in abundance but can be hard to find for some after transition. We are hoping that this can have a suicide prevention effect". The program will be developed over the next 12 months.

SHAPE

Sport, Health, Activity, Performance and Exercise Research Centre

World-leading keynote speakers at NYSC2023

The countdown is on for the inaugural **National Youth Sport Conference 2023** (16-17 November). NYSC2023 will feature three esteemed keynote presenters who will share their research expertise and discuss their experiences in industry-research collaborations in youth sport. **Professor Jean Cote**, **Professor Camilla Knight**, and **Professor Rochelle Eime** have a breadth of experience working with a range of sporting organisations and will share their insights and advice about the benefits and challenges of industry-research collaborations in pursuit of enhancing youth sport.



Professor Jean Cote
Queens University, Canada



Professor Camilla Knight
Swansea University, Wales



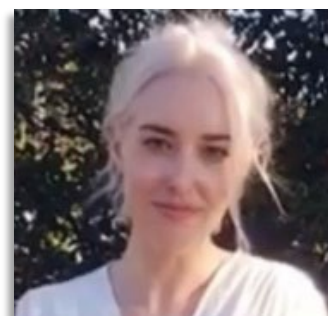
Professor Rochelle Eime
Victoria University

Prior to the conference, NYSC2023 are hosting two **Warm-up Webinars** exclusive to registered conference delegates. These webinars are a great way to learn from experts in the field and to get a head start on the conference content. **Warm-up Webinar #1** will feature **SHAPE's Associate Professor Deb Agnew**, who will discuss the ethics of working with young people in research. Her webinar, 'Never work with kids, or can you?', will be live streamed on Thursday 2 November, 4:00-5:00PM ACDT. If you would like to join the webinar you will need to [register for NYSC2023](#). **Warm-up Webinar #2** is an expert panel discussion on 'Industry-Research Collaborations in Sport', and will involve Paul Moore (ORSR), Associate Professor Simon Walters (Auckland University of Technology), and Kelly Curr (Sport New Zealand), on Thursday 9 November, 12:00-1:00PM ACDT. **Registrations are open until 2 November**. Register now and be inspired by two days of keynote presentations, concurrent sessions, digital scientific posters and rapid communications. Secure your place at NYSC [today](#) and book your tickets to the [social events](#)! Keep your eye on the NYSC2023 socials ([@NYSCConf2023](#)) for updates.

HDR News

Significant milestones were achieved by two of SHAPE's PhD candidates this month. **Amy Wright** and **Catherine Litchfield** submitted their PhD theses. Congratulations!

Amy's PhD thesis title is ***Myths and misconceptions: The lived experiences of women with eating disorders in contemporary society***. We asked Amy to describe her PhD experience: "It is funny how it certainly didn't go as I expected it but coming out the other side, I just feel incredibly grateful that I have been able to create a thesis on a subject that I am entirely invested in and believe needs to be addressed in research. The journey has been perpetual learning, every chapter, every milestone, it has all been an effort of growing and learning as a beginning academic". Amy's immediate plans are to continue teaching in CEPsw and continue working with fellow Flinders PhD candidate Velvet Klass in their own business, 'Athletic Ladies Finding Answers' (ALFA) providing seminars and education on menstruation and body image for female athletes.



SHAPE

Catherine's PhD thesis is titled ***Suffering in silence: Female footballers, injury and social support practices***. Catherine reflected on her candidature: "The PhD experience was a bit daunting but, in the end, so incredibly rewarding, especially when I was able to share the highs and lows with so many other HDR's in SHAPE". Catherine is now working as an Associate Lecturer in Active Communities and Social Impact, preparing courses both for the switch from FLO to Canvas and for the new campus, Flinders at Festival Plaza.



Visiting Scholar at the University of Gothenburg STEPS: Advancing sustainable youth performance sport interdisciplinary research network. A report by Associate Professor Shane Pill.

Earlier this year, Dr Deb Agnew, Liz Abrey and I published a [paper](#) on sport coach development in an elite youth sport setting. Following publication, one of the follow-up conversations was with the University of Gothenburg STEPS: - Advancing Sustainable Youth Performance Sport interdisciplinary research collaboration network. STEPS work with local sports clubs and Swedish Athletics on coach mentoring. Representatives from Swedish Athletics showed great interest in our coach developer work.

This led to Dr Astrid Schubring inviting me as a Visiting Scholar to come to Gothenburg to speak at the September 27th STEPS Conference: Sport Coaching for Sustainable Youth Sports. The trip was funded by the University of Gothenburg. Gothenburg is Sweden's second largest city, with a population around 600,000 people. In 2023, the University of Gothenburg ranked 62 in the Top 100 Innovative Universities, 187 in QS World University Rankings, and 219 in the Times Higher Education World University Rankings.

The week included meetings with the Sport Sciences faculty, Physical Education faculty, and the Food, Health and Environment staff meeting. They are part of the Department of Food, Health and Environment which is in the House (College) of Pedagogy. This College has 7000 students. Sport coaching, health promotion, strength and conditioning coaching, and nutrition appear to be considered 'education' professions. In addition, the College contains teacher education for outdoor education, physical education, health education, and home economics.

Apart from presenting the Conference key talk on coach developer research, and being a panellist on the plenary discussion on sustainable sport, I spoke with members of the sport science faculty, presented to sport science staff on Flinders University sport coaching, children and youth sport research, spoke with the Dean of Research, and attended the physical education and sport coaching staff meeting for discussion on teaching perspectives.

The week also included a presentation to the Food, Health and Environment faculty staff meeting. There is keen interest in internationalisation of student attendance at the University of Gothenburg. The information I presented on Deb Agnew's work on athlete stage of career transition gained a lot of interest and there has been follow-up.

The conference was attended by representatives from Swedish athletics, ice hockey, football, gymnastics, swimming, judo and sport clubs. Areas of research were much the same as our areas and ideas for research collaborations ensued.

I was fortunate to spend time with a legend of Swedish physical education, Emeritus Professor Claes Annerstedt, discussing physical education and youth sport research opportunities while touring the facilities available for idrotts across Gothenburg. Most impressive was Kviberg Park, where Claus continues an active research partnership with IFK Göteborg youth academy and Frölunda Hockey Club exploring learning environments for deliberate and purposeful practice in teams. This project would be replicable with our sport partners youth academies, and another one exploring how sport clubs retain players. I watched and spoke with Carsten Effertz, who runs a speed training academy, training two footballers, about his current ideas on developing acceleration and speed with football players.

I also presented a two-hour seminar on game-based teaching and sport coaching first year physical education students, and enjoyed a discussion with the students and their topic coordinator about the philosophy of idrotts that informs the Swedish approach to sport and games in physical education.

The University of Gothenburg Sport Sciences building is a terrific facility with an indoor multi-purpose gym that has three full size basketball courts able to be partitioned into three courts for separate teaching spaces when needed, several teaching rooms, sport science labs, staff offices, and it has Gothenburg's oldest sport specialist secondary school adjacent to it. Many conversations with Dr Astrid Schubring and Professor Stefan Grau about research possibilities occurred. I quickly appreciated the Swedish custom of *fika*: taking time out of your day to pause to enjoy a coffee and socialise.

Since my return, a collaboration with Dr Astrid Schubring on a youth sport literature review project is advancing, Swedish Judo initiated an email conversation about using the Big Talks for Little People in Sport mental health program, and a conversation with Dr Beatrix Aljurén about physical education research is 'booked in'.

I am most grateful to Dr Astrid Schubring and Professor Stefan Grau for making my visiting scholar opportunity possible and for hosting me during my time in Gothenburg.



Social Work Innovation Research Living Space



Spotlights

Change of Director

Professor Sarah Wendt has taken on a new role within the State Government, as Director for the [Social Work Registration Scheme](#). To spearhead this two-year project, Professor Wendt will be taking a leave of absence from her position at the university, stepping down from her role as Director of SWIRLS. Sarah will continue to be actively involved in her ARC research projects and will retain one day a week at Flinders. She will remain a member of SWIRLS where her expertise can continue to contribute to the research centre.

We warmly welcome **Professor Murray Drummond** who will be the Interim Director of SWIRLS.

Jeff Hearn Public Lecture and Masterclass

SWIRLS presented an online public lecture: [Towards Broader Understandings of Violence: Challenges for Men and Masculinities](#), by visiting scholar Professor Jeff Hearn on Wednesday 20th September 2023. Professor Jeff Hearn, from the Hanken School of Economics, Finland discussed how work and studies on men, masculinities and violence have developed over recent times. Professor Hearn also presented a Masterclass and interactive workshop titled 'Post Paradigm Thinking', exploring the case for and against paradigmatic thinking.

Awards and Prizes

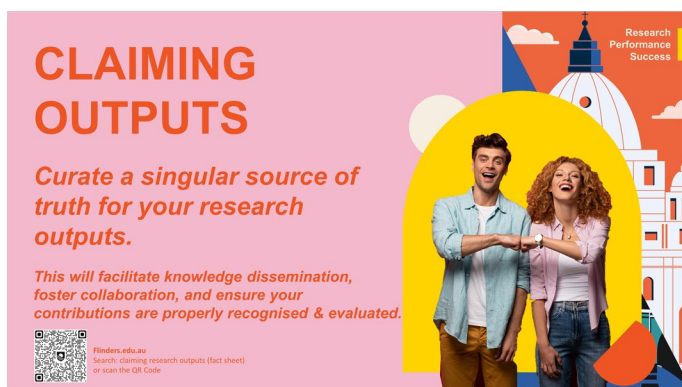
Research Excellence Award

The achievements of Flinders University researchers have been recognised in the 2023 Vice-Chancellor's Research Awards. **Dr Ben Lohmeyer** was awarded a **Vice-Chancellor's Award for Early Career Researchers**, awarded to individuals who are making a remarkable contribution to Flinders' research endeavours as they embark on their research careers.



Best Presentation Award

Dr Ben Lohmeyer was awarded **best presentation** for the Youth Studies and Informal Education Special Interest Group at the British Education Research Association conference in Birmingham in October. His presentation was titled: Informal Education, school bullying and 'public executions': young people's experiences of the hierarchical nature of relationships in school.



Research Performance Success Initiative

The **Enhance Research Reputation** initiative team has recently enhanced the process of recording and claiming research outputs in ResearchNow. From now, you will see improvements to system generated emails from ResearchNow when you have **new publications to claim**. The supporting [web pages](#) have been refreshed to guide you through the process of recording your research appropriately within ResearchNow, and the **validation of research outputs** has been streamlined to make this process quicker.

The [updated web pages](#) contain links to valuable resources, including a [Claiming Research Outputs Fact Sheet](#), Frequently Asked Questions and Quick Reference Guides (QRGs). The QRGs provide comprehensive visual instructions on executing tasks within ResearchNow, and some even feature instructional videos that demonstrate the step-by-step procedures.

Please note: **Research outputs** will not appear in Research@Flinders if they are not claimed correctly in **ResearchNow**. Take advantage of the new tools available to you to ensure that your research outputs are claimed correctly.

Available tools include:

- [Is my research-related item a Research Output or an Activity?](#)
- [Claiming Research Outputs Fact Sheet](#)
- [Research output claimed from Scopus](#)
- [Adding a research output manually](#)
- [Adding a research output manually \(video\)](#)
- [Adding a research output from an online source](#)
- [Adding a research output from an online source \(video\)](#)
- [Bulk import research outputs](#)
- [Claiming authorship of existing research output](#)
- [Disclaiming authorship of existing research output](#)
- [Adding a non-traditional research output](#)

Should you have any questions or need support, reach out to a Change Champion from your college or email: ResearchEngagementSuccess@flinders.edu.au



21 October 2023. SafeWork SA. 2023 August Zadow Awards announced. 2023 winners include Dr Annabelle Neall, Prof Melanie Takarangi, Assoc Prof Lydia Woodyatt, Flinders University. *Enhancing Women's Psychological Safety and Wellbeing via Best Practice Framework for Workplace Sexual Harassment Reporting Processes* will evaluate current practice and provide a best practice framework for workplace reporting of sexual harassment based on psychological needs.

19 October 2023. SBS News in Depth, Podcast. *Touchdown to tantrums: How sports-mad parents can impact their children* with Associate Professor Sam Elliott. This podcast was featured twice on his research on parental psychological abuse in youth sport which reached 6 million podcast streamers.

18-19 October 2023. Media response to the publication *Hearing health care stakeholders' perspectives on Teleaudiology implementation: Lessons learned during the Covid-19 pandemic and pathways forward* by Boaz Mui (PhD Candidate, Education), Jameel Muzaffar, Jinsong Chen, Niranjana Bidargaddi, & Professor Raj Shekhawat included radio interviews on ABC Riverland SA, ABC Eyre Peninsula, ABC North and West SA, and articles in Medical Xpress, Scimex, Flinders News.

15 October 2023. SwiftTelecast; Science Daily; Verve Times; News Azi; Medical Xpress; Newswise;. Features Dr Victoria Bridgland's research on trigger warnings. Also in Drugs.com; FOX Bangor; US News & World Report; Killeen Daily Herald; and associated media (17-18 October).

11 October 2023. Education Today. *Game on for Mental Wellbeing*, featuring Associate Professors Sam Elliott and Shane Pill who comment on the profound influence sports have on mental wellbeing, and that sporting clubs have potential to enhance young people's general mental health and wellbeing.

9-12 October 2023. Media response to the publication *The mother-daughter-sister triad: The role of female family members in predicting body image and eating behaviour in young women* by Melanie Deek (PhD Candidate Psychology), Associate Professor Ivanka Prichard and Professor Eva Kemps included radio interviews on ABC Radio Canberra, ABC Radio Adelaide, 6PR, and 3AW, with radio headlines on 4BC, 2GB, 2CC, Curtin FM, Sonshine 98.5FM, ABC Newcastle, ABC Radio Adelaide, Radio National, ABC Radio Perth, ABC Radio Darwin and Triple J. Newspaper articles were published in Cosmos Magazine, Herald Sun, Pedestrian, Courier Mail, The Educator Australia, and Flinders News.

5 October 2023. The Courier Mail; NT News; and associated press. *Maybe we should go on a diet together: SA school kids are encouraging each other to start dangerous dieting trends* features Professor Tracey Wade's comments on the impact of excessive dieting can make children's brains look like the brain of someone with Alzheimer's disease. Originally published in The Advertiser.

30 September 2023. ABC Radio Sydney; Hobart; Adelaide; Perth; Brisbane.. Interview with Emeritus Professor Leon Lack re daylight saving having an effect on some people who find it hard to lose that hour of sleep. Also featured in Verticallobby and The Strawell Times.

26 September 2023. SBS Insight, ABC Radio Adelaide, featuring Dr Victoria Bridgland's research on trigger warnings. Her research has found trigger warnings don't always have their intended effect. "Generally, across all of the labs that have looked at it so far, trigger warnings don't seem to increase avoidance at all," she said. "And in some studies [they] can actually draw, say trauma survivors, towards content that's related to their own trauma."

8 September 2023. The Guardian. Article *Fast access to hormone therapy in transgender adults 'lifesaving', study finds* included comments by Professor Damien Riggs on a study by Associate Professor Ada Cheung senior author into the impact of access to hormone therapy on mental distress for trans people. Professor Riggs said: "Trans people are typically aware of their desire to access medical treatment for a considerable period of time before presenting to services and receiving care. Importantly the researchers followed informed consent protocols. This study demonstrates that a harm-minimisation approach to trans healthcare is best served through the timely receipt of medical treatment following informed consent."

IN THE CONVERSATION

Lack, L., & Lovato, N. (2023). How dangerous is insomnia? How fear of what it's doing to your body can wreck your sleep. [The Conversation](#), 19 October 2023.

EXPERT COMMENT (9 October) edited:

Game On for Mental Wellbeing: How Sports Supercharge Young Minds

While the transformative impact of sports on physical health is widely acknowledged, its profound influence on mental wellbeing often takes a back seat. Beyond the courts and fields, a dynamic synergy between sports and mental health is shaping a generation of resilient minds. Recent research substantiates the multifaceted benefits of sports, illustrating its potential to shape a promising future for young minds by enhancing both their physical and mental capabilities.

Comments by **Associate Professor Sam Elliott**: "Sporting clubs have enormous potential to positively enhance the general health of young people's general mental health and wellbeing. Throughout the height of the COVID-19 pandemic – where many young people's mental health declined – it was found that individuals involved in both team and individual sport reported significantly better general and physical health compared to those involved in individual only sports or physical activity throughout the pandemic. In addition, male youth fared better than female youth in terms of mental health. Team-based sport may encourage increased time in physical activity and/or social interactions, which potentially buffers against declining health outcomes due to pandemic restrictions. We also know that youth sporting clubs are eager to transform into sites of mental health promotion. Many clubs are already embarking on initiatives such as awareness-raising activities, education and first aid training, to support their young members and wider community. But many also require tailored support, leadership, and access to contextually relevant resources. In South Australia, a mental fitness charter was developed in collaboration with the Breakthrough Mental Health Research Foundation and Sport SA to provide a holistic framework of mental health resources which has the potential to help clubs take the first step to mental health promotion."

Comments by **Associate Professor Shane Pill**: Physical activity and sports participation during childhood and adolescence is linked to better mental health. There is a strong and positive interconnection between physical activity and children and youth mental health outcomes. School and community sport participation can therefore play an important role in promoting mental health and wellbeing. Research suggests school sport involvement during adolescence can be a statistically significant predictor of lower depressive symptoms, lower perceived stress, and higher self-rated mental health (Jewett et al., 2014). These outcomes are most likely to occur in an environment where child and youth sport participants feel safe, are facilitated to reflect on behaviours, and enabled to have agency of themselves and their situation. Where this environment is established, sport is likely to lead to increased self-esteem, self-efficacy and motivation to be physically and mentally healthy (Veken et al., 2020). Sport settings that foster social-emotional learning are more likely to enable positive mental health and wellbeing. For this reason, we have developed the Big Talks for Little People in Sport mental health education program. The Big Talks for Little People in Sport mental health education program is based on the award winning and evidence based on the Big Talks for Little People primary school program developed through the support of Breakthrough and Little Heroes Foundations. The primary school program has been shown to enable primary school students to better understand their mental health and to enhance their wellbeing. The 3-session program for junior sport uses a digital platform with scenario based animations to initiate mental health education and encourage a whole of club approach to supporting mental health. Primary school age children playing sport are targeted to promote early mental health intervention and prevention as research acknowledges the positive impact of prevention through education on the mental health of young people when it enables them to understand their emotions and deal more effectively with problems that they may encounter (Membride, 2016).

Edited version of this was published in [Education Today](#), 11 October 2023: Game on for Mental Wellbeing.

Flinders University Library News



Open Access Week Events: 23-27 October

International [Open Access Week 2023](#) is an opportunity to join and raise awareness on the importance of research publications and data being openly available. This is particularly pertinent this year, with the introduction of Flinders University's [Open Access Policy](#) which has requirements for making publications open access in most cases. Session times can be found via [iEnrol](#).

How to make your research open access. By removing access barriers to published research, open access makes research findings available to everyone and your work has the best chance to be read, cited and shared. Green OA is where the Author Accepted Manuscript is placed into an Open Access repository such as Research Now (RN). RN is a platform for making papers open access for free, without having to pay for open access publishing through the publisher. This form of OA satisfies ARC and NHMRC requirements for research outputs. Research staff can [upload](#) a copy of the accepted manuscript to Research Now and then Library staff will make it open access in accordance with any publisher conditions. For more information about Open Access publishing please place a [Library research Query](#) via Service One.

Access to articles from any journal. The Library provides online access to [thousands of online journals](#) which can easily be accessed via FAN login from any location. The Library recognises that the wide scope of research being conducted means that researchers may occasionally require access to an article from a journal that is not subscribed to. The Library can still help with getting copies of these articles! By placing a request via our Document Delivery service, the Library can supply a digital copy of an article that's not already available and usually in under 24 hours. All university staff and postgraduates can access this service at no cost.

Library Satisfaction Survey. The biennial Satisfaction Survey results for CEPSW are now available to [view](#).

Colloquium

Mind, Body & Cognition Colloquium Series, S2, 2023
North Theatre 4, 12-1pm

Date	Name
October 26	Xi Huang; Sarah Lewitzka Isabelle Slattery <i>Secondary traumatisation and symptom transmission: How we experience secondarily traumatic events</i>
November 2	Lucretia Mallard Leah Burleigh Molly Kernahan
November 9	Psychology discipline meeting
November 17 Moot Court (LWCM)	<u>Special Colloquium:</u> Professor Michael Wohl, Department of Psychology, Carleton University (Canada) The long shadow of our (perceived) past: Collective nostalgia as a balm for groups under threat This session will be held at 3pm at the Moot Court, to be followed by refreshing beverages at The Tavern.



Higher Degree by Research



CEPSW HDR UNSUPERVISED EVENTS

Theme: Annual HDR Student Conference

Date: 30th October 2023

Time: All day, followed by prizes to be awarded at the Tavern

Location: Alere Function Centre plus online

So far, we've received research abstracts from numerous students across various disciplines. We sincerely appreciate your interest and support for the conference. The conference is a great opportunity to see the variety of research being conducted across multiple disciplines within our college. We've also noticed that many students have inquired about the conference's purpose, significance, eligibility, and abstract submission process, etc. If you have similar questions, please feel free to reach out to us. Looking forward to seeing you on October 30th (next Monday).

Who will be there? Your peers, seasoned Academics & HDR Coordinators.

More details to follow as the schedule for the day is confirmed. Keep an eye on your email inbox for further updates.

CEPSW HDR Coordinator

Associate Professor Helen McLaren, College of Education, Psychology and Social Work
Telephone: Office +61 8 8201 3025 | <http://www.flinders.edu.au/people/helen.mclaren>

CEPSW HDR Contacts

A reminder that if you have any concerns or questions that you might not feel comfortable asking your supervisor, please get in touch with any of the committee members and we will help you as best we can or point you in the right direction.

Student Committee: epsw-hdr-sc@FLINDERS.onmicrosoft.com

Education: catherine.litchfield@flinders.edu.au; glen.fernandes@flinders.edu.au

Psychology: georgina.maddox@flinders.edu.au (Chair); lucy.bird@flinders.edu.au; sam.antoniades@flinders.edu.au; david.nicoll@flinders.edu.au

Social Work: tess.cunningham@flinders.edu.au

Link to CEPSW HDR FLO page: <https://flo.flinders.edu.au/course/view.php?id=56481>

Twitter: <https://twitter.com/EPSWHDR>

HDR Completion

Congratulations to **Fahad Aldawsari** for completing the Doctor of Education degree with the thesis titled ***Understanding policy enactment of technology in Saudi Arabia: Three case studies in intermediate schools pursuing the Future Gate project.***
Supervisors: Associate Professor Shane Pill (Primary) and Dr Bev Rogers (Associate).



HDR Spotlight on Xin Luo



What's the overview of your PhD?

My PhD is researching attentional bias in different mood states. Based on the cognitive behavioural model, people with anxiety and depression have a preferential processing bias to negative information. This cognitive bias contributes to the rise, development, and maintenance of anxiety and depression.

In my research, we employed an innovative paradigm and EEG to investigate how this bias is affected by ensemble perception for groups of emotional faces.

What is something that you have enjoyed during your PhD?

In my PhD research, what I have enjoyed the most is the opportunity to meet like-minded peers, collaborate with distinguished experts, and expand my knowledge during this journey.

What has been the biggest challenge?

Pursuing my PhD in Australia, the biggest challenge is trying to overcome loneliness and homesickness.

What advice do you have for someone starting their PhD?

Choose a research topic you are truly interested in, establish a good work-life balance, and build a supportive network of peers, have regular communication with your supervisor. Don't be afraid to meet with your supervisor, even if you're not making good progress.



<i>Date</i>	<i>What's on</i>	<i>Who's there</i>	<i>Where?</i>	<i>Unsupervised?</i>
30 th Oct	Annual HDR Student Conference	Academics, HDR Coordinator, HDR Students	Venue Alere Function Centre All day event	
7 th Dec	HDR & FIMWELL joint X-mas catch up	Members of FIMWELL & HDR Students	Media Room in the Hub 3-4pm, then Tavern	

ARC Linkage Infrastructure, Equipment and Facilities (LIEF)

The ARC LIEF scheme for funding in 2025 (LE25) will open on Wednesday, 24th January 2024. Please register your EOI with the ARC@flinders.edu.au (cc'ing cespw.research@flinders.edu.au) no later than **Friday 1st December 2024**. An email notice was sent to all researchers on 17th October, however if you need a copy of the EOI and the LIEF Grant Guidelines please email cespw.research@flinders.edu.au. Round dates are as follows:

- Flinders University EOI close Friday 1st December 2023
- Colleges consider EOI and advise if proposal is supported by January 2024
- Applications open in RMS on Wednesday 24th January 2024
- Flinders deadline for review, Monday 25th March 2024
- Flinders deadline for Partner organisation certification, Monday 1st April 2024
- Applications close in RMS on Tuesday 9th April 2024

MRFF Research Future Fund: 2023 Childhood Mental Health Research

For the [MRFF 2023 Childhood Mental Health Research](#) funding, please contact Dr Rui Hoo (Research Development Director, Health) if you are considering an application to this round and would like to discuss your approach and strategy. Email rui.hoo@flinders.edu.au, or phone 08 7421 9403.



[Where are the self-correcting mechanisms in science?](#)

Thursday 9th November, 10.00-11.30am, Noel Stockdale Room, L1, Library). Professor Simine Vazire from the University of Melbourne is a meta-researcher who is passionate about openness and transparency in research. The presentation will be about the value, limits and signs of self-correction in science. Some quality control mechanisms, such as peer review for journals, or vetting for textbooks or for public dissemination, have recently been found not to provide much of a safeguard against invalid claims. Instead, Prof Vazire argues that we should look for visible signs of a scientific community's commitment to self-correction, including transparency in the research and peer review process, investment in error detection and quality control, and an emphasis on calibration rather than popularisation. Register via [iEnrol](#).

[Professor Michael J.A. Wohl presentation for Psychology staff and students](#)

Friday 17th November at 3pm in the Moot Court (LWCM). Professor Michael Wohl from Carleton University (Canada) will present *The long shadow of our (perceived) past: Collective nostalgia as a balm for groups under threat*. In this talk, data will be presented that demonstrates collective nostalgia content (i.e., what group members are nostalgising about) which can illuminate the varying (pro- and anti-social) ways group members attempt to protect their group's future. For instance, research will be presented that delineates the relation between collective nostalgia and support for strong leaders. Discussion will focus on the need for researchers and policy makers to understand that the content of collective nostalgia matters for understanding contemporary intra- and intergroup attitudes and behaviours.

[Media Training for Researchers with the Australian Science Media Centre](#)

Thursday 30th November, 10-12.30pm, web conference. This is led by Dr Joseph Milton, Senior Media Officer at Australian Science Media Centre (AusSMC), and will enable researchers to understand the media, how it works, what it wants and how to increase media interest in – and coverage of - your research. Dr Milton will be joined by Karen Ashford, Director of Media and Communications, other journalists and Flinders researchers (Professor Corey Bradshaw and Dr Romain Fathi).