

Research News

Dean of Research



Dear all,

Welcome back! We hope you all enjoyed a well-deserved break and are feeling refreshed.

The world of research has been buzzing with exciting developments, and we are thrilled to share the latest updates with you.

1) **Celebrating Achievements:** Congratulations to the following grant recipients: Professor Tracey Wade (NHMRC Investigator Grant), Professor Sarah Cohen-Woods (NHMRC), Associate Professor Lisa Beatty who is part of a MRFF grant led by the CMPH, Professor Eva Kempes who is part of an Ideas Grant (NHMRC) led by CMPH, and Professor Ben Wadham who is the recipient of several grants from the Department of Veteran Affairs. See page 2 for further details.

2) **Research Excellence Workshop:** On 9th Feb, we hosted a half-day workshop led by Mark Douglas. The event saw active participation from our research domain leads and deputies, who presented their ideas for research excellence. The session was enriched with valuable inputs and discussions from several internal and external stakeholders. Stay tuned as we collaboratively shape the final roadmap for our research endeavours.



3) **Men's Meals and Mental Health Event at Adelaide Oval:** Breakthrough Mental Health Foundation's upcoming event will be on the 23rd of May at the Adelaide Oval. As a member of the planning committee, I am actively involved in discussions with the wider community and partners towards creating support for men's suicide prevention in Australia and potential research funding opportunity for Flinders. Save the date for this significant initiative!

4) **Expression of Interest (EOI) for Strategic Research Support:** I am excited to announce strategic research support on offer for Early/Mid-Career Researchers, and senior researchers. This initiative aims to provide support to attract ambitious research grants and funding opportunities via projects lead by researchers from our college. Stay tuned for more details as we finalise the EOI process.

5) **DVC-R Office Internal Funding Schemes:** The Deputy Vice-Chancellor for Research's office will soon unveil various internal funding schemes. As a college, let's keep a close eye on these announcements and explore how we can maximize our chances for success. Opportunities abound, and we encourage everyone to actively engage in these upcoming initiatives.

Thank you for your continued dedication and contribution to Flinders research community. Together, we look forward to achieving new heights of excellence.

Best wishes

Raj



Department of Veteran Affairs

Professor Deb West and Professor Ben Wadham were awarded **\$150,000** from the Veteran Recognition of Prior Learning-Tertiary Support Grant Program for the project titled *Mapping roles and jobs: Recognising the skill sets of veterans to support more effective transition to employment*.

Professor Sharon Lawn (CMPH) and Professor Ben Wadham secured a **\$41,533** contract from the DVA for the project *Survey and interviews with DVA claims staff about how they understand veterans and veteran health claims*.

Associate Professor Ann-Louise Hordacre (CBGL), Dr Susan Howard (CBGL), Professor Ben Wadham, & Dr Catherine Mackenzie (CBGL) were awarded **\$162,436** from the DVA for the project *Evaluation of DVA's Veterans' Chaplaincy Pilot Program (VCP)*.

Professor Ben Wadham, Associate Professor Ann-Louise Hordacre (CBGL), Associate Professor Selina Tually (CBGL), Professor Mark Halsey (CBGL), and Professor Sharon Lawn (CMPH) were awarded **\$20,000** from the DVA for the Veterans' and Families' Hubs Program Evaluation.

Ideas Grant (NHMRC)

Professor Eva Kemps is one of the researchers who are part of a cross-College NHMRC Ideas Grant that was awarded. Professor Peter Catcheside of CMHP is the lead CI on the project titled *Personalised daily body-clock tracking and circadian light therapy retiming to improve sleep, performance, health and safety*. The grant is for **\$1,335,760.35**.

Investigator Grant (NHMRC)

Professor Tracey Wade is the recipient of an NHMRC Investigator Grant for **\$2,953,040** for the project *Revolutionising early intervention outcomes for youth with emerging eating disorders*. The project will identify the critical issues that cause eating disorders to develop.

Medical Research Future Fund

Koczwara, B., Bareham, M., Cook, O., Piller, N., Chan, R., Beatty, L., Sherman, K., Gunn, .K, Kemp, E., Reed, R., Kichenadasse, G., Wallen, M., Woodman, R., & Kaambwa, B. (2024-2026). Supporting self-management of lymphoedema after breast cancer. Co-design and implementation of a Lymphoedema Navigation Online (LeaN On) Program. *Medical Research Future Fund*. **\$598,546**.

National Health and Medical Research Council

Professor Sarah Cohen-Woods, together with K. Allen (University of Western Australia), J. Craig (Deakin University), K. Scurrah (University of Melbourne), N. Goulter (University of Newcastle), K. Fairweather (CMPH), was awarded **\$624,126** from the NHMRC for the project *Targeting outcomes of adolescent disordered eating: Identifying and integrating novel molecular and biopsychosocial risk models*.



Book Chapter

Riggs, D.W., Hines, S., Pearce, R., Pfeffer, C.A., & White, F.R. (2023). 'Spunkles', donors, and fathers: Men, trans/masculine, and non-binary people's accounts of sperm donor and their relationships to children. In D. Dempsey & F. Kelly (Eds.), *Donor-linked families in the digital age: Relatedness and regulation*. Cambridge University Press.

Book Review

Goudie, S. (2024). Book review: Behind closed doors: Why we break up families and how to mend them by Penny Curtis. *Australian Social Work*. Doi: 10.1080/0312407X.2024.2314795

Refereed Journal Articles

Abdullah, A., Cudjoe, E., Bastian, C., & Jordan, L.P. (2024). Passing the torch or breaking a cycle of intergenerational transmission of child labour: Reflections from the lived experiences of children. *Children and Youth Services Review*. Doi: 10.1016/j.chilyouth.2024.107430

Bailey, C., Prichard, I., Drummond, C., & Drummond, M. (2024). Australian adolescents' views about healthy eating and the effects of food advertising on dietary behaviour: Perspectives of athletes and non-athletes. *Health Education Journal*, 83(1), 40-51. Doi: 10.1177/00178969231215455

Crossman, S., Drummond, M., Elliott, S., Kay, J., Montero, A., & Petersen, J. M. (2024). Facilitators and constraints to adult sports participation: A systematic review. *Psychology of Sport and Exercise*, 72, 102609. Doi: 10.1016/j.psychsport.2024.102609

Deek, M.R., Kempes, E., & Prichard, I. (2024). My mother, sisters and I: Investigating the role of female family members in body dissatisfaction and disordered eating behaviours among young Middle-Eastern women. *Body Image*, 48, 101682.

Emery, C.R., Abdullah, A., Thapa, S., Chan, K.L., Hiu-Kwan, H., Lai, A., Lau, B., & Wekerle, C. (2023). Desistance from Physical Abuse in a National Study of Nepal: Protective Informal Social Control and Self-Compassion. *Child Abuse & Neglect*, 1-13. Doi:10.1016/j.chiabu.2023.106588

Emery, C.R., Wong, P., Haden-Pawlowski, V., Pui, C., Wong, G., Kwok, S., Liu, A.L., & Abdullah, A. (2024). Neglect, online invasive exploitation, and childhood sexual abuse in Hong Kong: Breaking the links. *Child Abuse & Neglect*, 147, 106591. Doi: 10.1016/j.chiabu.2023.106591

Gillespie, K.M., White, M.J., Kempes, E., Moore, H., Dymond, A., & Bartlett, S.E. (2024). The impact of free and added sugars on cognitive function: A systematic review and meta-analysis. *Nutrients*, 16, 75. Doi: 10.3390/nu16010075

Granfield, P., Kempes, E., Yager, Z., Alleva, J.M., & Prichard, I. (2023). Enhancing Body Image in Motherhood: A randomised controlled trial of Expand Your Horizon among mothers of young children. *Body Image*, 47, 101648.

Kulbida, M., Kempes, E., Williamson, P., & Tiggemann, M. (2024). The role of decision-making and impulsivity in beverage consumption. *Appetite*, 195, 107233.

Leske, M., Galanis, C., Koczwara, B., & Beatty, L. (2024). A meta-analysis of healthy lifestyle interventions addressing quality of life of cancer survivors in the post treatment phase. *Journal of Cancer Survivorship*. Doi: 10.1007/s11764-023-01514-x

Lohmeyer, B., Macaitis, K., & Schirmer, R. (2023). Jesus, the Bible and 'I feel like I should be left-leaning': the liberalising effect of sociology and diffused religion in Australian non-university faith-based higher education. *Journal of Beliefs & Values*, 1-15.

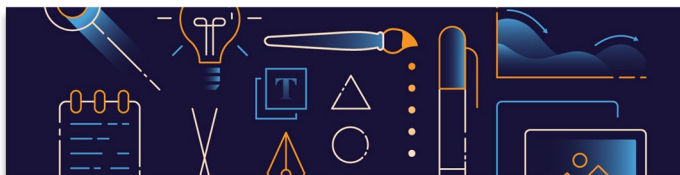
Manners, J., Kempes, E., Guyett, A., Stuart, N., Lechat, B., Catcheside, P., & Scott, H. (2024). Estimating vigilance from the pre-work shift sleep using an under-mattress sleep sensor. *Journal of Sleep Research*, e14138. Doi: org/10.1111/jsr.14138

McGreen, J., Kempes, E., & Tiggemann, M. (2024). The effectiveness of Go/No-Go and Stop-Signal training in reducing food consumption and choice: A systematic review and meta-analysis. *Appetite*, 195, 107215.

Natalier, K., Wendt, S., & Goudie, S. (2024). Safe and unsafe housing for domestic and family violence survivors: Practitioner perspectives. *Australian Social Work*. Doi: 10.1080/0312407X.2023.2289407

Pill, S., SueSee, B., & Davies, M. (2024). The spectrum of teaching styles and models-based practice for physical education. *European Physical Education Review*, 30(1), 142-155. Doi: 10.1177/1356336X231189146

- Pill, S., Petersen, J., Agnew, D., Prichard, I., & Ridley, K. (2024). Barriers, supports and constraints on women coaching in tennis. *International Journal of Sports Science & Coaching*, 19(1), 33-40. Doi: 10.1177/17479541231191596
- Riggs, D.W., Rosenberg, S., Taylor, N., & Fraser, H. (2023). The role of animals in buffering against cisgenderism in and beyond family contexts for trans young people living in Australia. *Journal of Family Violence*.
- Robinson, J. A., & Dinh, P. T. T. (2023). High doses of a national preschool program are associated with the long-term mitigation of adverse outcomes in cognitive development and life satisfaction among children who experience early stunting: a multi-site longitudinal study in Vietnam. *Frontiers in Public Health*, 11, e1087349. doi: 10.3389/fpubh.2023.1087349
- Thomas, E.F., Bird, L., O'Donnell, A., Osborne, D., Buonaiuto, E., Yip, L., Lizzio-Wilson, M., Wenzel, M. & Skitka, L. (2024). Do conspiracy beliefs fuel support for reactionary social movements? Effects of misbeliefs on actions to oppose lockdown and to 'Stop the Steal'. *British Journal of Social Psychology*. Doi: 10.1111/bjso.12727
- Tuckey, M. R., Oppert, M., Neall, A. M., Li, Y., & Selby, H. (2024). Exploring the enablers, motivators, and triggers of upwards bullying. *Work & Stress*. Doi: 10.1080/02678373.2024.2308826
- Van Malderen, E., Goossens, L., Claes, L., Wilderjans, T.F., Kempes, E., & Verbeken, S. (2024). Self-regulation profiles in addictive behaviors among adolescents: A transdiagnostic approach. *Appetite*, 192, 107128.
- Wilksch, S.M. (2023). The urgent need for greater parent support and better health system experiences to enhance outcomes for pediatric anorexia nervosa: A Commentary on Marchetti & Sawrikar. *Int J Eat Disord*. Doi: 10.1002/eat.24131
- Wu, Y., Kempes, E., & Prichard, I. (2024). Digging into digital buffets: A systematic review of eating-related social media content and its relationship with body image and eating behaviours. *Body Image*, 48, 101650.
- Zheng, Y., & Goulter, N. (2024). Introduction to the special issue: Novel insights into the externalizing psychopathology spectrum in childhood and adolescence from intensive longitudinal data. *Research on Child and Adolescent Psychopathology*, 1-6. Doi: 10.1007/s10802-023-01154-w



Presentations

- Boulton, Z., Brusche, M., Riggs, D.W., Lin, A., Davies, C., & Gregory, T. (2023). Population-level mental health and wellbeing outcomes across genders in school students. *Society for Mental Health Research Conference*, Perth, 29 November - 1 December.
- Curtis, D.D. & Nielsen, P. (2023). Low literacy achievement for some: A persistent and pernicious problem in Australian education. AARE Conference. 27-30 November. Melbourne.
- Nielsen, P. & Curtis, D.D. (2023). The stubborn hurdle: Inconsistent and fading reading achievement. AARE Conference. 27-30 November. Melbourne.
- Hanna, A. (2023), "Motivations of Participants in START e-Business Training: Profiling First Intake", Higher Degree by Research HDR Conference, College of Education, Psychology and Social Work, Flinders University, 30 October, <http://www.ameliehanna.net/files/2023-CEPSW-HDR-Conference-Abstract-PowerPoint.pdf>
- Hanna, A (2023), "Development of STAT e-Business Training: Software & Tools", Video Demonstration for HDR Conference, College of Education, Psychology and Social Work, Flinders University, 30 October, <https://youtu.be/e9xF2aUT0g4>.
- Hedger, R. (2024, February). Presentation titled *Listening, Empowering and Innovating*, at the Australian Journal of Early Childhood (AJEC) Research Symposium.
- Pill, S. (2024, February). SANFL Level 2 Coaching Course, Norwood FC: Skill acquisition.
- Pill, S. (2024, February). Netball Victoria Coaching Conference, online. Play with Purpose sport coaching.
- Pill, S. (2024, February). School Sport SA Convention, Morphettville Racecourse. Conceptualising school sport with educative value.
- Pill, S. (2024, February). SANFL Level 2 Coaching Course for women coaches, Norwood FC: Game based coaching
- Wenzel, M., (2024, February). Does forgiveness help offenders forgive themselves? Paper presented at the annual convention of the Society for Personality and Social Psychology, San Diego, CA, USA.



**Flinders
University**

Institute for Mental Health &
wellbeing

Professor Reg Nixon, Interim Director

I would like to take this opportunity to [introduce myself](#) as the new Interim Director of Flinders University Institute for Mental Health and Wellbeing and very much look forward to meeting Institute members as well as connecting with others working in mental health and wellbeing across Flinders and the wider community.

I have been at Flinders for 21 years and most recently I have been working with emergency personnel as part of the Protecting Emergency Responders with Evidence-Based Interventions (PEREI) program. This has allowed me to see first-hand the very real impact that research into mental health and wellbeing can have on the community, which is why I am so delighted to take be taking up this position in the Institute.

Professor Tim Windsor, Interim Deputy Director

Joining me in the leadership team is [Professor Tim Windsor](#) as Interim Deputy Director. Tim's research focuses on psychological and social processes that facilitate coping and resilience as well as promoting late life well-being and reducing ageism.

Over the coming weeks Tim and I will be working on forming our Executive Team, finalising plans for the year and talking to as many of our members as possible. Please [reach out](#) if you would like to meet or would like any further information.

Finally, I would like to acknowledge the leadership and immense contribution to the Institute of outgoing Director, Professor Tracey Wade who has stepped down to take up her NHMRC Fellowship. From its beginnings as Órama in 2019, Tracey has provided mentorship and guidance to so many members as well as leading a collaborative process to reimagine and rename the Institute, resulting in an incredible year of funding success and outreach in 2023.



Social Work Innovation Research Living Space



Presentations

Australian Literature Symposium

Catherine Kevin presented a paper in an Association for Studies in Australian Literature symposium hosted by the Australian National University on the writing of Ruth Park on Thursday 15 February. The paper is called *Intimacy, Domesticity and Violence in Ruth Park's The Harp in the South (1948) and The Witch's Thorn (1951)*.

Publications

- Abdullah, A., Cudjoe, E., Bastian, C., & Jordan, LP. (2024). "Passing the torch or breaking a cycle of intergenerational transmission of child labour: Reflections from the lived experiences of children" *Children and Youth Services Review*. 10.1016/j.childyouth.2024.107430
- Emery, CR, Wong, P., Haden-Pawłowski, V., Pui, C., Wong, G., Kwok, S., Liu, AL., & Abdullah, A. (2024). "Neglect, Online Invasive Exploitation, and Childhood Sexual Abuse in Hong Kong: Breaking the Links" *Child Abuse & Neglect*, 1-15, 147, 106591. <https://doi.org/10.1016/j.chiabu.2023.106591>
- Emery, CR., Abdullah, A., Thapa, S., Chan, K.L., Hiu-Kwan, H., Lai, A., Lau, B., & Wekerle, C (2023). "Desistance from Physical Abuse in a National Study of Nepal: Protective Informal Social Control and Self-Compassion" *Child Abuse & Neglect*, 1-13, in press, <https://doi.org/10.1016/j.chiabu.2023.106588>
- Goudie, S. 2024. Book Review: *Behind Closed Doors: Why We Break Up Families and How To Mend Them* by Penny Curtis. *Australian Social Work*. DOI: 10.1080/0312407X.2024.2314795
- Natalier, K., Wendt, S., Goudie, S. 2023. Safe and unsafe housing for survivors of domestic and family violence: Practitioner Perspectives. *Australian Social Work*.



& Professional Services

- Pill, S. (2024, January). Tennis Australia consultation, Melbourne: Coaching and school programs.
- Pill, S. (2024, February). Netball Australia consultation, Adelaide. Junior sport participation.
- Pill, S. (2024, February). Adelaide United FC consultation, Adelaide. Schools' program.
- Professor Damien Riggs was appointed to the Flinders Human Research Ethics Committee B.

SHAPE

SPORT, HEALTH, ACTIVITY, PERFORMANCE & EXERCISE

Research update

Grant success

Associate Professor Sam Elliott, Associate Professor Ivanka Prichard (College of Nursing and Health Science) and Mr Ashley Montero have received \$23,545.49 from the Flinders Foundation to investigate the mental health and wellbeing of talented youth footballers in the road to the AFL Draft. The project is in collaboration with eight SANFL state-league clubs.



HDR News

Mr Glen Fernandes has won a prestigious SANFL Industry PhD scholarship for 3.5 years to investigate the sociocultural impact and legacy of AFL Gather Round on South Australian communities. Glen will be supervised by Associate Professor Sam Elliott, Professor Murray Drummond, Dr Laura Edney and Jessica Wainwright (SANFL Industry supervisor).



In the media

- Sam Elliott was interviewed by ABC Radio's Jason Chong on January 31, 2024 (8:45 pm) to discuss the latest research on young males, mental health and sport. Interview link: https://www.abc.net.au/listen/programs/adelaide-evenings/evenings/103391894?utm_campaign=abc_listen&utm_content=link&utm_medium=content_shared&utm_source=abc_listen
- Murray Drummond provided expert commentary to ABC Adelaide on the upsurge in running groups around Adelaide and Australia. View the Instagram post: <https://www.instagram.com/reel/C3UDwTdv6kq/?igsh=MTlrYzF0aW9ycDI3Ng%3D%3D> or link to the ABC Adelaide article: <https://www.abc.net.au/news/2024-02-19/running-clubs-growing-popularity-social-media-support/103456610>

Beyond the Club PODCAST



The Beyond the Club Podcast, hosted by Associate Professor Sam Elliott and sports writer and reporter Ben Hook.

Episode 30: A Motivational Climate

<https://open.spotify.com/episode/0F4yAAnt1TSRUkSW44lu43?si=97f3230c1de04a2c>

Colloquium

Psychology Research Colloquium Series, S1, 2024
SSS Lecture Theatre 149, 2-3pm

Date	Name
February 22	Psychology discipline meeting
February 29	Dr Dieter De Grave Vreugde <i>Making sense of suffering: Trauma, psychedelics, psychosis</i>
March 7	Dr Todd Woodward <i>Brain networks detectable by fMRI underlying symptoms and treatment of schizophrenia</i>
March 14	Kaya He <i>Positive body image in breast cancer survivors: A cross-cultural comparison of China and Australia</i> Cassandra Quarisa <i>From belief to action: Mapping the psychological antecedents of conspiracy beliefs and exploring their relationship with reactionary social action</i>
March 21	Psychology discipline meeting
March 28	Breakthrough-Órama Seed Grant Project Outcome Series Professor Tracey Wade <i>Snatching success from the jaws of failure: Developing an online guided self-help intervention for disordered eating</i> Professor Robyn Young <i>Investigating the relationship between autism and PTSD in young adults</i>
April 4	Breakthrough- Órama Seed Grant Project Outcome Series Dr Stephanie Wong <i>Snatching success from the jaws of failure: Developing an online guided self-help intervention for disordered eating</i>
May 2	Psychology discipline meeting
May 9	Dr Isabella Bower <i>Using neuroscience to understand how building design shapes our behavioural brain, and body responses</i>
May 16	Breakthrough- Órama Seed Grant Project Outcome Series Dr Ryan Balzan <i>Improving outcomes for older adults with depression. Evaluation of the Metacognitive Training (MCT-Silver) program in an Australian community sample</i> Professor Melanie Takarangi <i>How to mitigate the impact of viewing distressing Instagram content</i>
May 23	Psychology discipline meeting
May 30	Eli Kolovos <i>Does what you prioritise for wellbeing matter? Examining relationships between wellbeing priorities, behaviour and wellbeing outcomes</i> Zilu Zhang <i>The effects of insomnia and aging on emotion processing</i>
June 6	TBC
June 13	Professor Tracey Wade <i>Revolutionising early intervention outcomes for people with eating disorders</i>
June 20	Psychology discipline meeting
27 June	TBC



16 February 2024. 2MCE, National Radio News. Features comments by Professor Tracey Wade on the clear role of early interventions for young people suffering from eating disorders.

11 February 2024. International Day of Women and Girls in Science, featuring Prof Eva Kemps, along with the other six female Chief Investigators of the ARC Centre of Excellence in Plants for Space (Prof Melissa de Zwart, University of Adelaide; Prof Christine Feinle-Bisset, University of Adelaide; Prof Sally Gras, University of Melbourne; Prof Kim Johnson, La Trobe University; A/Prof Jenny Mortimer, University of Adelaide; Prof Michelle Watt, University of Melbourne).

8 February 2024. ABC Online. *'Still waiting': A mother's frustration over lack of disability services for autistic daughter in rural SA*, featuring expert comments on autism from Professor Robyn Young.

7 February 2024. Eureka Street. Education column, *Why we need a new approach to school bullying*, article written by Dr Ben Lohmeyer.

7 February 2024. ABC Radio, Hobart. Interview with Associate Professor David Curtis who addressed questions about co-educational vs single sex schools and literacy, numeracy and science achievement and about the effects of SES of individual students and schools.

5 February 2024. The Educator. *School type doesn't fix reading gap*, featuring Associate Professor David Curtis' research into co-ed or single-sex schools' student literacy abilities, noting that it makes little difference to their achievement levels. Also featured in the Canberra Times (9 February).

5 February 2024. ABC North and West SA. Interview with Professor Robyn Young on students with autism.

3 February 2024. The Advertiser. *The psychology of Swifties: Why Taylor Swift hysteria rivals Beatlemania*, featuring Professor Emma Thomas' comments that "the idea of social identity was at the heart of Swiftmania, creating psychological connections between not just each fan and Swift, but with each other".

2 February 2024. SBS News. Associate Professor David Curtis commented on the effect of coeducational versus single sex schools and literacy achievement, and on the formerly single-sex schools that are planning to become coeducational.

30 January 2024. Education Today. *Girls high achievers in school, less so in careers*. Article content taken from a publication by Dr Rebecca Napier, Dr Jane Jarvis, Associate Professor Julie Clark, and Emeritus Professor John Halsey. Doi: 10.1177/00169862231206. Also featured in EducationHQ, 13 February.

30 January 2024. ABC Online. *Vietnam soldiers recommended for Medals of Gallantry*, interview with Professor Ben Wadham.

27 January 2024. Adelaide Now, and associated media. *This has been one of the worst drowning years ever...*, featuring comments by Professor Murray Drummond that masculinised behaviours such as risk-taking, peer approval, disregard for injury and mortality are at the core of the problem.

27 January 2024. 5AA. Interview with Associate Professor Sam Elliot about the direct link between mental health interventions and engagement in local sporting clubs. Also featured in Flinders News and Medical Xpress. Also featured in EducationDaily, 25 Jan; barossaleader.com 31 Jan;

21 January 2024. MSN Australia, and associated media. *Anorexia and other eating disorders are strongly linked to perfectionism*, featuring Professor Tracey Wade comments that there is a definite connection between eating disorders and perfectionism which entails very rigid standards and responding to disappointment with self-hatred, or self-critical.

17 January 2024. ABC Radio National. Interview with Professor Tim Windsor about the definition of personality and what contributes to the changes when ageing.

13 January 2024. Neos Kosmos. *Revolutionising education: Bridging Greek and Australian schools through self-regulated learning*, featuring Professor Stella Vosniadou's research into the students' academic advantages when learning is self-regulated by them.

9 January 2024. The Cairns Post, and associated media. *Video to beat disorder*, features Professor Tracey Wade NHRMC grant project which aims to increase access for young people with an eating disorder to a video-based treatment.

23 December 2023. The Advertiser. *Nature wonderland or playground from hell*, featuring Associate Professor Joss Rankin comments on emerging benefits of nature playgrounds.

6 December 2023. ABC Radio Adelaide. Interview with Emeritus Professor John Halsey on the OECD PISA results wherein the complexity of how data is used, in particular in headlines, often hides both highs and lows. Rural and remote and lower socio-economic areas where there is high unemployment show a need for different kind of skill building.



3 December 2023. Huffington Post; pipanews.com. *Trigger warnings are everywhere, but do they actually help anyone?*, features Dr Victoria Bridgland comments on her research into trigger warnings: “We found that the main claims about the potential benefits of trigger warnings – are unfounded. Instead, they make us feel anxious in anticipation.

3 December 2023. Sunday Mail Adelaide. *Our 50 inspiring women over 50*, features Professor Tracey Wade. The article says: “Tracey Wade... has changed the lives of those suffering eating disorders across the country. Her co-authored self-help book, *Overcoming Perfectionism*, has sold 34,823 copies in 35 countries, while a co-authored manual on therapy for non-underweight eating disorders led to international recognition.”

Flinders University Library News



College based Services for Researchers

Building upon the success of last year's pilot, we are extending our **College based drop-ins service** to CSE, CHASS, CMPH, and CNHS. This provides researchers with the opportunity for one-on-one consultations with a senior librarian from the Research Engagement team located within the College. Days, times and where to find us will be promoted through your local College.

If you are interested in having a research librarian regularly attend in your college, please contact the Library's Research Engagement Coordinator peter.mason@flinders.edu.au.

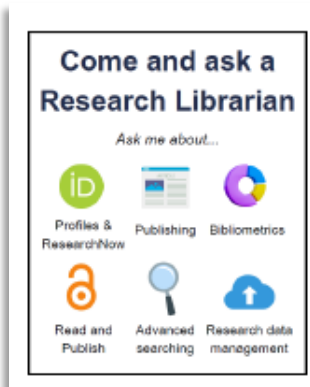
Library Orientation for HDR students

The Library is committed to providing resources and support to help researchers and HDR students during their research journey. The Library's [website](#) has a dedicated area for researchers, including HDR students, where you can find information on systematic review support, advanced searching, bibliometrics, research data management tools, publishing support, and statistical tools and services. You will also find a link to our training calendar which we are populating with our 2024 offerings.

Recommencing from late February our **Library Induction for new HDRs students and Researchers** is perfect for HDRs starting their research journey at Flinders. This orientation workshop and is an opportunity to obtain a broad overview of library services. We include a hands-on session to establish your ResearchNow profile including obtaining or linking your ORCID. Register for either online or in-person sessions via [iEnrol](#).

Library Drop-in support

The Library's drop-in search support sessions have recommenced for 2024. Offering both online and in-person sessions, Library staff are available for consultation every day to provide specialist searching advice from finding scholarly articles, to advanced literature searching and systematic review support. We also offer a **Systematic Literature Searching** module in [FLO](#) which provides step-by-step guidance through all stages of your literature review.



Monday	Tuesday	Wednesday	Thursday	Friday
Online 2.30-3.30pm	Medical Library 11.30am-12.30pm	Central Library 11.30am-12.30pm	Sturt Library 11.30am-12.30pm	Online 10.00-11.00am

Higher Degree by Research News



Introducing 2024 HDR Coordinator and Deputy Coordinator

Associate Professor Dan King and Dr Ben Lohmeyer are the 2024 HDR Coordinator and Deputy Coordinator for the College. Their contact details are:

daniel.king@flinders.edu.au and ben.lohmeyer@flinders.edu.au.

[Associate Professor Dan King](#) is a clinical psychologist whose expertise is the study of digital technology-based programs with a focus on online gaming and simulated gambling.

[Dr Ben Lohmeyer](#)'s expertise is in youth sociology with a focus on youth violence, in particular to uncover where violence is invisible and an accepted part of Australian society that shapes young people's lives.



HDR Events

HDR Event news will be published as soon as this information comes to hand.

HDR Student Committee

If you have any concerns or questions that you might not feel comfortable asking your supervisor, please get in touch with any of the committee members and we will help you as best we can or point you in the right direction.

Student Committee: epsw-hdr-sc@FLINDERS.onmicrosoft.com

Education: catherine.litchfield@flinders.edu.au; glen.fernandes@flinders.edu.au; yeling.shen@flinders.edu.au

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Social Work: tess.cunningham@flinders.edu.au

Twitter: <https://twitter.com/EPSWHDR>

Useful web-links

- Office of Graduate Research: <https://staff.flinders.edu.au/colleges-and-services/office-graduate-research>
- HDR Students' webpage: <https://students.flinders.edu.au/my-course/hdr>
- [Inspire](#)
- Library services: <https://library.flinders.edu.au/>

HDR Completions

Congratulations to Asma Akther, who completed with the thesis titled *Adaptation of children of skilled immigrants from non-English speaking backgrounds at transition age to secondary school in Australia*. Principal supervisor: Associate Professor Helen McLaren. Associate Supervisor: Associate Professor Lorna Hallahan. Asma features as the HDR Spotlight on the next page.

Congratulations to Jinwen Chen, who completed with the thesis titled *Imagining ageing futures: LGBTQ+ multicultural people in Australia*. Principal Supervisor: Associate Professor Helen McLaren.

Congratulations to Cherie Sim, who completed with the thesis titled *Nudging healthier choices through menu labelling*. Principal Supervisor: Professor Eva Kemps. Associate Supervisor: Associate Professor Ivanka Prichard.

HDR Spotlight on Dr Asma Akther

We would like to introduce Asma Akther, a PhD graduate in Psychology. Asma's thesis titled *Adaptation of children of skilled immigrants from non-English speaking backgrounds at transition age to secondary school in Australia* received outstanding results from the examiners.



What's the overview of your thesis?

My thesis was focused on the adaptation of second-generation children of skilled immigrants based on the Australian longitudinal data. This is well-known that immigration is a defining characteristic of the 21st century. The successful adaptation of children of immigrants enhances their well-being and fosters economic prosperity and social cohesion of their host country.

Most research findings in the USA and Western Europe indicate that immigrant status can be a disadvantage for the adaptation of immigrant children, with even more acculturated second-generation children of immigrants (who are born in host country) displaying worse outcomes. This alarming trend prompted my investigation into whether similar findings apply to the outcomes of second-generation children of skilled immigrants.

Contrary to most reports concerning immigrant children in the USA and Western Europe, my findings revealed a marked contrast outcome. Immigrant children in Australia are thriving, showing no evidence of poorer outcomes in terms of mental health and academic performance at ages 10, 12, and 14 years. This research is probably the pioneer longitudinal research on this forgotten generation of children of skilled immigrants. This research area is close to my heart, and there is much work to be done to uncover the reasons behind these positive outcomes and sustain them for collective growth.

What is something that you have enjoyed during your program?

There were numerous aspects that brought me immense joy. Engaging deeply in a topic that I am passionate about brought me immense joy and satisfaction.

Additionally, participating in conferences and presenting my research consistently brought me joy. A particular highlight was meeting with Professor Frosso Motti-Stefanidi, whose theoretical framework I incorporated into my thesis.

What has been the biggest challenge?

I began my journey, as a part-time PhD student, motivated to bridge a significant gap in my education. Despite starting part-time, I was determined to complete my PhD ahead of schedule. However, various circumstances contributed to delays. Devoting my entire time as a part-time student to completing my thesis proved to be a significant challenge, impacting my concentration and, at times, my self-confidence. Nevertheless, I persisted through these challenges, and I am grateful for all of my supervisors' support and guidance that ultimately led to the successful completion of my PhD.

What advice do you have for someone starting their HDR study?

Perseverance, self-confidence, maintaining integrity towards work along with supervisors' invaluable support and guidance will ultimately lead them to the successful completion of a PhD.

I recommend making use of the resources offered during the HDR journey from Flinders University, notable among them are discipline colloquium, workshops, and staff development programs.

ARC Linkage Infrastructure, Equipment and Facilities (LIEF)

The ARC LIEF scheme for funding in 2025 (LE25) will open on Wednesday, 24th January 2024. Round dates are as follows:

- Applications open in RMS on Wednesday 24th January 2024
- Flinders deadline for review, Monday 25th March 2024
- Flinders deadline for Partner organisation certification, Monday 1st April 2024
- Applications close in RMS on Tuesday 9th April 2024

MRFF – [2023 Childhood Mental Health Research Grant Opportunity](#)

Please advise the [Research Tenders and Grants Team](#) of your intention to apply (if you haven't already done so). A strict timetable is in place for applicants:

- Compliance Review deadline: Wednesday, 28 February 2024
- Final check deadline: Wednesday, 13 March 2024
- Sapphire certification deadline: Tuesday, 12 noon, 26 March 2024
- Sapphire applications close: Wednesday, 4.30pm, 27 March 2024

Prior to submission an RN application must have been approved by the College's Dean of Research.

NHMRC Ideas Grant: Call for Applicants

In order to provide targeted support for the upcoming NHMRC Ideas Grant round opening **20th March 2024**, we are asking researchers to flag their interest in applying this year. We would like to engage with researchers early in this process, including working with you on grant strategy to ensure that you will receive all relevant communications for the round. If you are interested in applying, let us know by contacting [Marina Zupan](#), Research Development Officer.



[Human Research Ethics Committee](#)

The University is currently seeking an internal volunteer member with a background in Psychology to sit on the University's Human Research Ethics Committee A. EOI, including a short CV, are requested by close of business Thursday 29th February 2024 to Hendrik-flaegel@flinders.edu.au

[National Statement of Ethical Conduct in Human Research](#)

The updated version of the National Statement of Ethical Conduct in Human Research came into effect on 1 January 2024, and is available to [read](#).

[Writing for The Conversation](#)

Thursday 22nd February, 10-11.30am. The Flinders research community is invited to a one-hour online session on how and why to write for The Conversation. This session will be presented by Executive Editor Liz Minchin.