

APPOINTMENT PROCESS

- Clients do not need a referral to attend the Flinders University Fluency Disorders Clinic at the Flinders Medical Centre. However anyone that wishes to attend the Women's and Children's Hospital will require a GP referral to that service.
- Clients will be booked for two initial assessment sessions, usually one week apart for one hour at a time.
- These sessions enable us to discuss and understand your individual communication needs, strengths and concerns, plus provide you with information and general management strategies while you wait for treatment.
- As treatment places become available, clients may be offered individual or group therapy depending on their areas of difficulty. Treatment is conducted on a weekly or fortnightly basis.
- Stuttering is a relapse prone disorder, so maintenance sessions are highly recommended. Individual and group maintenance sessions are offered at this clinic.

WHEN SHOULD I SEEK TREATMENT

Treatment is more efficient in children than in adults. Some children recover from stuttering. If a child is stuttering, it is important for them to be referred to a speech pathologist for assessment.

There are effective treatments available for children, adolescents and adults. These include the Lidcombe Program for pre-schoolers and early school-aged children and Smooth Speech Program for adolescents and adults. Evidence shows that the Lidcombe Program is effective in maintaining stutter-free speech in children in normal speaking environments. The actual therapy provided will be individualised for your situation.

The Flinders University Fluency Disorders Clinic provides stuttering and cluttering assessment and therapy services to pre-schoolers, school children and adolescents and adults with a fluency disorder.

Please contact the clinic via email for further information or to book an appointment.

FLINDERS UNIVERSITY FLUENCY DISORDERS CLINIC College of Nursing and Health Sciences
Flinders University
GPO Box 2100, ADELAIDE SA 5001
E: fluency@flinders.edu.au

CLINIC LOCATION WEDNESDAYS ONLY

Northern Clinic
Women's and Children's' Hospital
Ground Floor, Good Friday Building
72 King William Road
NORTH ADELAIDE SA 5006
P: 08 8161 8083

THURSDAYS ONLY

Southern Clinic
Speech Pathology and Audiology
Level 6
Flinders Medical Centre
BEDFORD PARK SA 5042
E: fluency@flinders.edu.au
P: 08 7221 8700



Flinders
UNIVERSITY



FLINDERS UNIVERSITY FLUENCY DISORDERS CLINIC

PROVIDING ASSESSMENT AND THERAPY

**FOR CHILDREN, ADOLESCENTS
AND ADULTS**



FLINDERS UNIVERSITY FLUENCY DISORDERS CLINIC

“Providing stuttering assessment and therapy services to pre-schoolers, school children and adolescents with a fluency disorder”

The Flinders University Fluency Disorders Clinic is run by an experienced speech pathology clinical educator. Speech pathology students from Flinders University are directly supervised by the clinical educator to provide individual programs to participating clients.

Each speech pathology student's roster lasts for a period of approximately three to four months. This means that a client may see more than one student across their treatment program.



SERVICES PROVIDED

- Individual speech pathology assessment directed towards you or your child's specific communication needs
- Specific feedback regarding speech pathology assessment results, focusing on areas of both strength and weakness
- Joint goal setting between you and/or your child and the student clinician
- Weekly or fortnightly individual or group therapy programs based on the speech pathology assessment results and identified goals
- Written assessment report detailing assessment results and management recommendations
- Provision of a home program to encourage and reinforce progress for the duration of the therapy program
- Access to the fluency service via Skype, using telehealth. The Skype based assessment and treatment sessions are available for clients of all ages on a weekly or fortnightly basis. Priority for this service is given to outer metropolitan, rural and interstate clients. Local clients may also access this service subject to availability. Referrals for Skype based services must have functional, conversational level English
- Monthly maintenance groups for adults and adolescents who have completed a smooth speech intensive or individual therapy program.

RESEARCH

Flinders University regularly conducts research studies into stuttering. If you are interested in being involved in research, please contact Dr Michelle Swift on **(08) 7221 8833** or email michelle.swift@flinders.edu.au

WHEN DOES THE CLINIC OPERATE?

The Flinders University Fluency Disorders Clinic has two locations, and operates during university semesters. On Wednesdays the clinic is located at the Women's and Children's Hospital. On Thursdays the clinic is located at the Flinders Medical Centre.

Individual programs run for as long as required for each client until they are ready to be discharged from the service. Clients may choose to leave the program at any time.

INITIAL ASSESSMENT SESSIONS

Usually there are two initial assessment sessions per client, one hour each, at a cost of \$55 per session.

INDIVIDUAL TREATMENT SESSIONS

These sessions are one hour each, and cost \$40 per session or \$180 for a block of five sessions paid in advance.

GROUP TREATMENT SESSIONS

These sessions run for 30 minutes and cost \$25 per session.

MAINTENANCE SESSION

These run for 30 minutes and cost \$25 per session.

Medicare funding or private health insurance rebates are NOT available for these services, a private service fee applies. Fees may be altered according to individual circumstance.