

MOTIVATIONAL INTERVIEWING SKILLS IN EVERYDAY PRACTICE

This new one day workshop has been developed to support clinicians in applying Motivational Interviewing (MI) skills in their everyday practice. An interactive and practical workshop program provides opportunities for health professionals to develop and practice MI skills to work in partnership with clients and their families. A combination of pre-workshop online activities and supported face to face activities provides learners with the foundations of Motivational Interviewing and the opportunity to practice health coaching skills and strategies to support clients to engage in behaviour change.

Workshop Aims:

The workshop is relevant for Allied Health Practitioners, Aged Care workers, Nurses, GP's and Aboriginal Health Practitioners. Topics covered include:

- Client engagement
- Communication and motivation
- Behaviour change support, skills and strategies
- Application of MI to everyday practice.

When it's run

Monday 20 April 2020
Monday 19 October 2020

Duration

1 day

Cost

\$ 500 + gst *

CPD Points

Yes

How to Register

- To register and pay with your credit card, go to the Flinders University secure online payments link, alternatively
- Register using the form

Available Study Modes

On-site

* Group rates/Organisational discounts available.

For further information

email ccm@flinders.edu.au or
phone 61 8 8404 2607