Participants have the opportunity to develop their skills to support people of all ages to make positive changes in relation to 'risky' behaviours? alcohol, tobacco, problem gambling, marijuana and other drugs, nutrition and physical inactivity. The social determinants underlying Indigenous health and wellbeing are acknowledged throughout the training.

**Workshop Aims:**
- to develop a deeper understanding of addiction and the barriers to change
- to introduce participants to introduce a wide range of tools and techniques that can be used to engage people in the process of change around risky behaviours, from brief interventions through to the development of comprehensive action plans with clients.
- Although the training is intended for health and community practitioners, organisations may choose to invite other staff or community members for the first ½ day of training.

**When it’s run**
Available on request

**Duration**
2 days.

**Cost**
Available on Request

**CPD Points**
No

**How to Register**
Register using the form

**Available Study Modes**
On-site

* Group rates/Organisational discounts available.

**For further information**
email ccm@flinders.edu.au or phone 61 8 8404 2607