The Chronic Condition Management Program introduces tools and processes to assist in supporting self-management and patient collaboration in care planning.

**Course Content**
This short course introduces the structured process and set of tools underpinning the Flinders Program approach to self-management support and collaborative care planning. The workshop includes supervised practice of self-management assessment and care planning.

**Who should attend?**
This short course is designed and relevant for allied health practitioners, aged care workers, nurses, GPs and Aboriginal health practitioners.

**Learning Outcomes**
Participants should complete this program with the following capabilities including be able to:
- Demonstrate understanding of the concepts and principles of the Flinders Chronic Condition Management Program
- Identify the principles and processes of Motivational Interviewing
- Identify first steps to implement chronic condition management with self-management support

Using this knowledge, participants should have the capacity to:
- Assess a client’s self-management capacity using the Partners in Health Scale and the Cue and Response Interview
- Work with a client to identify a significant problem and link mid- to long-term goals using the Problems and Goals Assessment
- Assist a client to problem solve
- Use behaviour change counselling skills to maintain a client centred focus throughout the interview
- Develop an evidence-based behavioural care plan to improve and support self-management of the client’s chronic condition(s).

Tasmania Medicare Local has greatly appreciated the support of the Flinders Team. They have assisted TML to establish a Community of Practice for our ‘Closing the Gap’ Care Coordination network which has included sharing resources to assist with the implementation of the Flinders Program for Chronic Condition Management and Flinders Tools.

Debra Burden
Manager, Aboriginal Health
Medicare Local, Tasmania

**Disclaimer**
Every effort has been made to ensure the information in this publication is accurate at the time of publication. Information regarding this course, the course fees, and the content is subject to change. Please refer to our website for up-to-date information. Thank you.
Assessment
In order to receive a Certificate of Completion, participants must complete the Flinders Program training, including care planning activities, and submit the signed individual Trainee Undertaking and Personal Licence for Use of the Flinders Program. These entitle the participant to use the Flinders Program tools as part of their individual clinical practice.

Facilitators/Presenters
This short course is delivered by members of the Education and Training team. Areas of expertise include psychiatry, nursing, occupational therapy and social work.

CPD and Credits
Attendance at this short course, where relevant to your clinical role, can be used as self-reported evidence of meeting CPD requirements of up to 16 hours. This workshop has been endorsed by the Royal Australian College of General Practitioners QI&CPD as a Category 1 activity (the equivalent of 40 points) and also by Australian College of Rural and Remote Medicine as a PRPD activity (to the equivalent of 30 points).

Pathways into Flinders University Award Programs
Successful completion of this course can attract credit for assessment within the Flinders University Chronic Condition Management postgraduate programs.

Further information
Further details can be found at the Flinders Program website www.flindersprogram.com.au or by calling +61 8 8404 2607.