



Risk Assessment/Safe Work Methods Checklist

Lab Member Name ————————————————————————————————————	-Supervisor Name ————————————————————————————————————
Signature/Date	

RISK ASSESSMENTS	SAFE Work Method	INITIALS	DATE
	Use of the Omics Facility		
Computer workstation			
Printers			
Dish Washing			
Dry heat oven			
Electronic Balance			
Equipment power cords	Equipment Power packs		
Hazardous substances	Hazardous Substances		
Microwave (lab).	Microwave		
Heated Mixer			
Heating Block	Heating Block		
Micro Centrifuges	Centrifuge		
pH meter	pH Meter		
Pipettes			
Platform Rocker	Platform Rocker		
-80 Freezer	-80 Freezer		
Laboratory Refrigerator	Laboratory Refrigerator	1	
Scalpel blades	Scalpel Blades and Sharps		
Stirrer			
Vortex Mixer			
Water Bath	Water baths		
Light Source			
Centrifuge	Centrifuge		
Gas Cylinders/Requiators	Gas Regulators		
Gel Electrophoresis-Acrylamide	Electrophoresis - Acrylamide		
HPLC-Biotech	HPLC Biotech		
Liquid Nitrogen	Liquid Nitrogen		
Step Ladder			
LAS4000 Imager			
IPGphor Unit			
Typhoon Imager			
Proteome Lab			
1D Gel Electrophoresis	1D Gel Electrophoresis		
2D Gel Electrophoresis	2D Gel Electrophoresis		
In Solution Digestion of CBB 1D Gels	In Solution Digestion of CBB 1D Gels		
In Gel Digestion of CBB 1D Gels	In Gel Digestion of CBB 1D Gels	 	
Western Blot Transfer	Western Blot Transfer		
Needles	Needles	 	
Weighing Talcum-Like Chemicals (ie SDS)	Weighing Talcum Like Chemicals (i.e. SDS)		
Dispensing Acids and Bases	Dispensing Acids and Bases	 	
Plate Washer Model 1575	Plate Washer Model 1575		
SNAP I.D.	riate Wasilei Wiodei 13/3		
Sonicator		 	
	Homogonicor		
Homogeniser	Homogeniser		
Plate Reader		 	
Mass Spectrometer			
Trans-Blot Turbo (Bio-Rad Transfer Unit)			
Trans-Blot Turbo Imager			
Vacuum Concentrator			
FPLC			
UV Light Box	UV Light Box	 	
Ultracentrifuge	Ultracentrifuge		