1. Edmonton Symptom Assessment System (ESAS):

Please circle the number that best describes:

<table>
<thead>
<tr>
<th>Symptom</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
</tr>
</thead>
<tbody>
<tr>
<td>No pain</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>Worst possible pain</td>
</tr>
<tr>
<td>Not tired</td>
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<td></td>
<td></td>
<td>Worst possible tiredness</td>
</tr>
<tr>
<td>Not nauseated</td>
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<td></td>
<td></td>
<td></td>
<td>Worst possible nausea</td>
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<tr>
<td>Not depressed</td>
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<td>Worst possible depression</td>
</tr>
<tr>
<td>Not anxious</td>
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<td></td>
<td></td>
<td></td>
<td>Worst possible anxiety</td>
</tr>
<tr>
<td>Not drowsy</td>
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<td></td>
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<td></td>
<td></td>
<td></td>
<td>Worst possible drowsiness</td>
</tr>
<tr>
<td>Best appetite</td>
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<td></td>
<td>Worst possible appetite</td>
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<tr>
<td>Best feeling of wellbeing</td>
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<td></td>
<td></td>
<td></td>
<td>Worst possible feeling of wellbeing</td>
</tr>
<tr>
<td>No shortness of breath</td>
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<td></td>
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<td>Worst possible shortness of breath</td>
</tr>
<tr>
<td>Other problem</td>
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<td>2</td>
<td>3</td>
<td>4</td>
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<td>6</td>
<td>7</td>
<td>8</td>
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<td>10</td>
</tr>
</tbody>
</table>

2. Canadian Problem Checklist:

Please check all of the following items that have been a concern or problem for you in the past week including today:

**Emotional:**
- Fears/Worries
- Sadness
- Frustration/Anger
- Changes in appearance
- Intimacy/Sexuality

**Practical:**
- Work/School
- Finances
- Getting to and from appointments
- Accommodation

**Informational:**
- Understanding my illness and/or treatment
- Talking with the health care team
- Making treatment decisions
- Knowing about available resources

**Spiritual:**
- Meaning/Purpose of life
- Faith

**Social/Family:**
- Feeling a burden to others
- Worry about family/friends
- Feeling alone

**Physical:**
- Concentration/Memory
- Sleep
- Weight