

Child/Adolescent Referral Form

AISH Sleep Health Clinic

Phone: 08 8432 4242

Please email your referral to

sleephealthtreatment@flinders.edu.au

We will contact your patient to schedule an appointment

<https://www.flinders.edu.au/fhmri/research/sleep-health/sleep-health-treatment>



To arrange appointments for your child to see one of our psychologists, please email this completed referral form to sleephealthtreatment@flinders.edu.au. In addition to this referral please also attached a Patient health summary and MHCP. We recommend booking a **long consult** to provide sufficient time to complete the referral.

PLEASE NOTE, we are a **private clinic**, and co-payment is required per appointment. Please call or email our clinic for any questions regarding fees.

GP/SPECIALIST TO COMPLETE

Patient Details

First Name	Last Name	Gender	D.O.B.
Address			
Email Address			
Primary Parent/Guardian:	Phone (Mobile):	(Home):	
Medicare No.	IRN	Expiry:	
Does the patient have a neurodevelopmental condition? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please specify:			

Preferred psychologist

<input type="checkbox"/> First available	<input type="checkbox"/> Preferred clinician (see website for our practicing psychologists)
Name of preferred clinician	
Are any MHCP sessions currently used by another Psychologist? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, how many?

*A Mental Health Care Plan MUST accompany this referral for patients to access MBS rebates under the Better Access initiative.

Current Risk Assessment for Suicide and Self Harm

Date assessed
Details
Provision for interim care
*We are not an acute service and cannot respond to immediate high risk.

PLEASE ENSURE A PATIENT HEALTH SUMMARY AND MHCP IS INCLUDED WITH THIS REFERRAL

Previous sleep study report and/or specialist letter should also be included.

The referral must be completed in entirety to be accepted. If not, it will be returned for completion.

Referring Doctor

<input type="checkbox"/> GP <input type="checkbox"/> Specialist	Date	Provider no.
Referring Doctor	Signature	
Practice name		
Email address	Phone no.	
Address		

PARENT TO COMPLETE

Primary sleep complaint

- | | | |
|--|--|---|
| <input type="checkbox"/> Difficulty falling asleep | <input type="checkbox"/> Frequent night waking | <input type="checkbox"/> Early morning rising |
| <input type="checkbox"/> Daytime lethargy/sleepiness | <input type="checkbox"/> Parasomnia | <input type="checkbox"/> Co-sleeping |
| <input type="checkbox"/> Other | | |

Planned payment method

- | | | | |
|---|--|--|--|
| <input type="checkbox"/> Medicare Rebates (co-payment required) | <input type="checkbox"/> Private Cover | <input type="checkbox"/> NDIS for plan and self-managed clients only (confirm eligibility) | <input type="checkbox"/> Out-of-pocket |
|---|--|--|--|

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