



Adelaide Institute *for* **Sleep Health**



**Flinders  
University**

Dear Doctor,

Thank you for considering the Adelaide Institute for Sleep Health Clinic (AISH) for your patient. For your patient to access the full treatment program with Medicare rebates (including physician and psychologist care for sleep difficulties), please complete the following:

1. AISH Psychologist and Physician referral forms. Please complete the AISH Sleep Physician referral only if the patient **has not** had a sleep study in the last 12 months.
2. A mental health care plan, specifying a referral to a psychologist at the Adelaide Institute for Sleep Health for **six sessions**. Sleep difficulties are an indicated disorder for the MHCP. Please be sure to indicate your provider number and reason for referral.
3. If your patient has completed a sleep study within the last 12 months, please include a copy of the sleep study report and any relevant correspondence between yourself and the sleep physician.

Please email us at [sleephealthtreatment@flinders.edu.au](mailto:sleephealthtreatment@flinders.edu.au) or give to your patient to submit via email.

Our postal address is:

AISH, Flinders University  
Box 6, Mark Oliphant Building  
5 Laffer Drive  
Bedford Park, SA, 5042

Thank you for your cooperation.

Kind regards,

The ITP Team at Flinders University