

Flinders Cancer Survivorship

Annual Report 2023



Caring Futures Institute

Creating better lives through research

FHMRI

Institute for Mental Health &

wellbeing

Flinders Cancer Survivorship Annual Report 2023

Further information:

Caring Futures Institute (CFI)

<https://www.flinders.edu.au/caring-futures-institute/cancer-care>

Flinders Health and Medical Research Institute (FHMRI)

<https://www.flinders.edu.au/cancer/research-groups/cancer-survivorship>

Flinders Institute for Mental Health & Wellbeing (FIMHWell)

<https://www.flinders.edu.au/institute-mental-health-wellbeing/research-pillars/health-wellbeing-older-people>

Email: cfi.survivorship@flinders.edu.au



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OVERVIEW

CANCER CARE

At Flinders University Cancer Survivorship is covered over three groups, Caring Futures Institute (CFI), Flinders Health and Medical Research Institute (FHMRI), and the Flinders Institute for Mental Health & Wellbeing (FIMHWell).

Our program aims to drive better care and outcomes for all cancer survivors across the lifespan.

We will do so by delivering innovative, meaningful solutions through integrating research, care practices and policy.

Australia has one of the highest incidence rates of cancer in the world (measured by new cancer cases per 100,000 people) and also has some of the best survival rates globally. With advances in early detection and treatment, there is an ever-growing population that is living with, or beyond, cancer requiring optimal supportive care. Today over one million people are living with cancer underscoring the major health and economic impact on society.

At an individual level, cancer has whole-person health impacts, including substantial social and financial consequences for individuals, as many continue to experience profound unmet care needs and symptoms requiring attention despite routine follow-up with healthcare professionals.

Our cancer care program consists of a diverse group of multidisciplinary clinicians and researchers who are committed to addressing the complex care needs of all people affected by cancer, including their loved ones. We partner with consumers and bring together interprofessional cancer teams to deliver innovative and meaningful solutions through the nexus of integrating research, care practices, education, and policy development.

OUR RESEARCH

The **Caring Futures Institute (CFI)** has a strong and experienced team of clinical academic multidisciplinary cancer researchers across a number of health professions to progress our ambitious program of work promoting optimal cancer survivorship care.

We develop and evaluate health innovations that promote the best outcomes for people with cancer and their loved ones across the entire cancer trajectory that is delivered by high-quality and sustainable health services solutions. Through research supported by significant nationally competitive grants and industry contributions, we aim to:

- Address cancer survivors' needs
- Address caregivers' needs
- Enhance the integration of care
- Optimise patient navigation
- Optimise models of care
- Influence policy
- Advance prehabilitation
- Improve care for people living in rural and remote settings
- Address inequity

Our team at **Flinders Health and Medical Research Institute (FHMRI)** aims to improve the health and wellbeing of cancer survivors through research. We strive to increase our understanding of the nature and burden of problems that survivors experience and develop and test interventions that will improve outcomes and inform policy and practice.

We work closely with cancer survivors and collaborate with colleagues nationally and internationally in diverse disciplines including epidemiology, population health, psychology, physiotherapy and exercise medicine, pharmacy, geriatric oncology, cardiology, neurology, endocrinology and other areas.

Research themes

- Survivorship epidemiology
- Survivorship biology
- Wellness
- Multimorbidity

Our team at **Flinders Institute for Mental Health & Wellbeing (FIMHWell)** aims to improve cancer-related wellbeing across the adult-lifespan. Our research focuses on maximising wellbeing and resilience, and ameliorating the notable psychological distress and quality of life impact that occurs following cancer diagnosis.

We explore the current concerns and unmet needs of people affected by cancer, then co-design and rigorously evaluate accessible psychological interventions to address these needs. We have a particular emphasis on developing and optimising digital mental health interventions. We work closely with cancer survivors, industry (e.g., Cancer Council SA, Breast Cancer Network Australia), and clinicians and researchers in Australia and abroad, across medicine, nursing, epidemiology, and other areas.

Research themes

- Psycho-oncology
- Digital mental health
- Epidemiology of cancer & mental illness
- Metastatic survivorship

The team are located in the College of Education, Psychology & Social Work.

OUR TEAMS

LEADERSHIP CFI CANCER SURVIVORSHIP

Professor Raymond Chan

Co-Lead, Director Caring Futures Institute, Dean (Research) Nursing and Health Sciences

Professor Raymond (Ray) Chan is the Dean (Research) and Caring Futures Institute Director. Prof Chan's research program focuses on optimising models of care and health services' responses to address the needs of people affected by cancer. Prof Chan has published >210 peer-reviewed articles and two book chapters. In total, he has attracted >\$36 million AUD of research funding as Chief Investigator. Prof Chan holds/has held a range of international and national leadership roles including Executive Board Director (Secretary) of Multinational Association of Supportive Care in Cancer (MASCC); Board Director for the International Society of Nurses in Cancer Care (ISNCC) In 2021, Prof Chan was appointed by the Australian Minister for Health to serve on the NHMRC Research Committee (Triennium 2021–24).



Professor Catherine Paterson

Co-Lead, Professor of Cancer Nursing

Professor Catherine Paterson is nationally and internationally recognised as a researcher, clinician, supervisor, and teacher in cancer care. Prof Paterson provides senior leadership for the Flinders Cancer Survivorship Program and Central Adelaide Local Health Network. The focus of her applied research is on improving and addressing the unmet supportive care needs of people affected by cancer across their lifespan. She has developed and implemented innovative nurse-led cancer practice which has been recognised as clinical excellence. Recently, CI Paterson has been listed as the top 2% of scientists globally in 2023 in the 6th annual Stanford-Elsevier standardized citation index (published: Oct 2023). Prof Paterson has an extensive senior nursing experience and a proven research track record with over 150 peer review publications, and \$7,338,729 competitive research funding. Catherine is a global certified PRINCE2® qualification for project management and completed her intensive Women in Executive Leadership course. Prof Paterson Chairs the Cancer Nurses Society of Australia (CNSA) GU Specialist Nursing Network, and is a representative on the SA State-wide Cancer Clinical Network. She also Chairs the Cancer Nursing Community of Research Practice in the Central Adelaide Local Health Network.



Dr Matthew Wallen

Deputy Lead (Capacity Building), Senior Research Fellow

Dr Matthew Wallen is an Accredited Exercise Physiologist who is focused on investigating the effects of lifestyle interventions on cardiometabolic, musculoskeletal and psychosocial health in people living beyond a diagnosis of cancer, as well as solid-organ transplant candidates and recipients. Dr Wallen has published 48 peer-reviewed publications, including position statements for lymphoedema and hypertension, and has attracted over \$10.9 million AUD of competitive research funding. Dr Wallen currently serves on the Exercise and Sport Science Australia (ESSA) research committee, and the ESSA South Australian Chapter.



Dr Fiona Crawford-Williams

Deputy Lead (Implementation & Policy Research), Research Fellow

Dr Fiona Crawford-Williams has a strong track record in psycho-oncology research. Her areas of interest include investigating models of care, health service implementation and health policy. Her research focuses on improving the delivery of survivorship care with a focus on equity for rural and remote cancer survivors. Dr Crawford-Williams has experience in public policy and health systems and received a Health Policy Research Scholarship from the Deeble Institute in 2022. Dr Crawford-Williams is a member of the Executive Committee of the Clinical Oncology Society of Australia (COSA) Survivorship Group and was awarded the inaugural COSA Survivorship Research Fellowship in 2020.

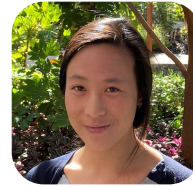




Dr Carla Thamm
*Clinical Lead,
Senior Research
Fellow,
Cancer Nurse*



**Dr Imogen
Ramsey**
*Research Fellow,
Clinical
Psychologist*



Dr Jane Lee
*Research Fellow,
Public Health*



Dr Chad Han
*Research Fellow,
Dietitian*



Reegan Knowles
*Research Fellow,
Dietitian*



Dr Andi Agbejule
*Research Fellow,
Radiation
Therapist*



Ria Joseph
*Research Fellow,
Dietitian*



Dr Matthew Tieu
*Research Fellow,
Sociologist
(until July)*



Louise Armitage
*Program
Coordinator &
EA to Prof Chan*



**Dr Juliana
Christina**
*Research
Assistant,
Cancer Nurse*



Jolyn Johal
*Research
Assistant,
Dietitian*



Dr Sue Merchant
*Research
Assistant,
Radiation
Therapist*



Yani Dick
PhD student



**Mary-Ann
Carmichael**
*PhD student,
Radiation
Therapist*



Diana Jones
*PhD student,
Clinical Nurse
- Radiation
Oncology*



**Lebogang
Thomy**
*PhD student,
Clinical Nurse
Consultant Cancer*



Rohan Miegel
*PhD student
Senior,
Physiotherapist -
Cancer Care*



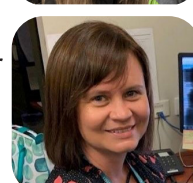
Shalyn Rourke
PhD student



Tricia O'Connor
PhD student



Bethany Crowe
IBIS Trial Manager



Kerrie Doupain
Research Nurse



Jo Taylor
Research Nurse



**Jasmine-Jade
Forrester**
Research Nurse

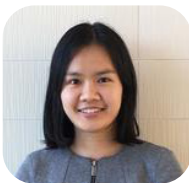


Mark Ansell
Research Nurse

LEADERSHIP FHMRI CANCER SURVIVORSHIP

Professor Bogda Koczwara

Professor Koczwara is a medical oncologist with expertise in breast cancer based at the Flinders Medical Centre and a research lead in cancer survivorship at the Flinders Health and Medical Research Institute. Her research is directly informed by her clinical practice and delivered through multidisciplinary collaborations with patients and survivors, health care providers, policy makers and researchers in diverse fields from epidemiology to biomedical research and implementation science. Trained at Roswell Park Cancer Institute, in Buffalo, New York, she also holds a Master in Bioethics from Monash University. Her work has been recognised by her appointment as the Member of the Order of Australia for her services to oncology.



Dr Huah Shin Ng
*Practitioner
Fellow,
Pharmacist*



Dr Emma Kemp
*Senior Research
Fellow - Cancer
Support,
Psychology*



Dr Katia Ferrar
*Senior Research
Fellow - Cancer
Wellness,
Physiotherapist*



Dr Liz Buckley
*Senior Lecturer in
Public Health*

LEADERSHIP FIMHWELL CANCER SURVIVORSHIP

Associate Professor Lisa Beatty

Lisa Beatty is an Associate Professor in Clinical Psychology at Flinders University, and a consulting clinical psychologist in Medical Oncology at Southern Adelaide Local Health Network. She has over 18 years of research and clinical expertise in the field of psycho-oncology (the scientific exploration of the psychological impact of cancer diagnosis and treatment). Within this field, Assoc Prof Beatty specialises in digital psycho-oncology interventions, a strategy that aims to deliver evidence-based psychological treatments to those who may not be able to access them due to their health status, distance, or stigma.



Amy Rigg
*PhD (Clinical
Psychology)
student*



Xingcheng He
PhD student



Morgan Leske
*Research
Associate,
PhD (Clinical
Psychology)
student*



**Stephanie
Bourboulis**
*Master (Clinical
Psychology)
student*



Elizabeta Brkic
*Master (Clinical
Psychology)
student*

RESEARCH PROGRAMS

CFI CANCER SURVIVORSHIP MODELS OF SURVIVORSHIP CARE

THE EMINENT TRIAL

Implementing a nurse-coordinated, integrated, shared-care model involving specialists and general practitioners in breast cancer post-treatment follow-up: a Phase II randomised controlled trial: The EMINENT Trial

Commenced 2019 - Metro South Health \$100,000
Flinders team involved: Professor Ray Chan, Dr Fiona Crawford-Williams, Dr Chad Han

- The goal of this trial is to conduct a phase II randomised controlled clinical trial implementing the EMINENT intervention – a nurse coordinated, integrated, shared-care model involving cancer centre specialists and community-based general practitioners - for survivors of early breast cancer post-treatment follow-up compared to standard follow-up including provision of a Cancer Council Australia booklet, *Living Well After Cancer*. The trial aims to demonstrate the feasibility, acceptability and usefulness of a new model of care which could influence future post-treatment care for survivors of early breast cancer. The pilot trial was conducted at the Princess Alexandra Hospital in Brisbane, Queensland.

2023 Successes:

- In 2023, data from the EMINENT trial was cleaned and analysed ready for reporting final results.

<https://www.flinders.edu.au/caring-futures-institute/our-research/research-projects/eminent>

THE GOSPEL TRIAL

Partnering with General practitioners to Optimise Survivorship for Patients with Lymphoma: A Phase II randomised controlled trial on effect of shared model of follow-up care on quality of life: The GOSPEL I Trial

Commenced 2020 - Health Innovation, Investment and Research Office (HIIRO), Queensland Health \$392,630

Flinders team involved: Professor Ray Chan, Dr Fiona Crawford-Williams

- The goal of this trial is to investigate the feasibility of a share-care model, including pharmacist, specialist cancer nurse, GP and haematologist. The GOSPEL 1 intervention is an integrated shared-care model providing holistic care beyond surveillance for disease return compared with usual specialist-led care for the follow up of patients with lymphoma. The pilot trial was conducted at the Princess Alexandra Hospital in Brisbane, Queensland.

2023 Successes:

- In 2023, data from the GOSPEL trial was cleaned and analysed ready for reporting final results.

<https://www.flinders.edu.au/caring-futures-institute/our-research/research-projects/gospel>

THE IBIS-SURVIVORSHIP STUDY

Implementation of a nurse-enabled, shared-care follow-up model for early Breast cancer survivors: the IBIS-Survivorship Study (IBIS)

Commenced 2020 - NHMRC Partnership Grant APP1170519 \$1,444,032 + \$1,699,422 (from Partners) Total: \$3,143,454

Flinders team involved: Professor Ray Chan, Professor Bogda Koczwara, Dr Fiona Crawford-Williams, Bethany Crowe, Jasmine Forrester, Jo Taylor

- The IBIS-Survivorship Study follows and builds on the success of the EMINENT Trial. IBIS is a national study investigating a nurse coordinated, shared-care model over six sites. The study aims to assess the effectiveness and cost effectiveness of a nurse-coordinated, share-care follow-

up model of care (IBIS survivorship model of care), and to demonstrate that General Practitioners can be involved in providing a holistic approach to care, facilitate a healthy lifestyle to prevent further chronic illness and offer greater patient satisfaction and flexibility in appointment intervals. The expansion of IBIS to sites other than PAH Brisbane will help to better understand the system implications and identify barriers to the implementation of the model in diverse settings.

2023 Successes:

- In November 2023, IBIS completed recruitment with a total of 570 participants recruited across all six sites. The IBIS-Survivorship nurse-led intervention was successfully delivered to 263 participants with many important learnings regarding the implementation of shared care pathways. Data collection will continue until November 2024 followed by analysis and reporting.

<https://www.flinders.edu.au/caring-futures-institute/our-research/research-projects/ibis-survivorship>

THE MOSES TRIAL

A hybrid, implementation-effectiveness trial of a nurse-enabled, shared-care MOdel between primary and acute care for proState cancer Survivors: the MOSES Trial (MOSES)

*Commenced 2021 - MRFF Primary Health Care Research Initiative APP2006113 \$1,625,286
Flinders team involved: Professor Ray Chan, Dr Carla Thamm, Mark Ansell*

- The MOSES Trial is expected to include approximately 890 participants across six acute cancer centres and involve 900 General Practitioners in Queensland, South Australia, and Victoria over a four-year period. The trial aims to examine the feasibility of a shared-care system in the follow-up of patients treated for prostate cancer across multiple sites nationally and to expand on the 2017 ProCare pilot trial and provide evidence for practice change.

2023 Successes:

- In April 2023 MOSES officially launched at the Princess Alexandra Hospital in Brisbane. Eastern Health in Melbourne was launched as a new site in November.

<https://www.flinders.edu.au/caring-futures-institute/our-research/research-projects/moses>

THE AUS-NET TRIAL

Implementing a Nurse-Enabled, Shared-Care Model to Address Unmet NeedS of People with NEuroendocrine Tumours: the AUS-NET Trial (AUS-NET)

*Commenced 2022 - MRFF Rare Cancers, Rare Diseases and Unmet Needs APP2014728
\$2,374,220*

Flinders team involved: Professor Ray Chan, Dr Matthew Wallen, Dr Chad Han, Ria Joseph, Professor Catherine Paterson

- The goal of the AUS-NET trial is to improve patient quality of life and develop a cost-effective system that can be implemented across other rare cancers in the future. Rethinking the health care system to represent a share-care model, including support from General Practitioners and local health workers to address unmet needs of people with Neuroendocrine Tumours and relieve pressure from specialist care. The trial aims to implement a new share-care model for the care of people with neuroendocrine tumours focusing on including local health professionals, including GPs in the follow-up structure, moving patients away from hospitals and acute care, and improve the model of care for patients with neuroendocrine tumours, and other rare cancers in the future.

2023 Successes:

- In May 2023, AUS-NET received ethical approval. It is expected that AUS-NET will be officially launched in Q1/Q2 of 2024.

<https://www.flinders.edu.au/caring-futures-institute/our-research/research-projects/aus-net>

PROMISE TRIAL

PROMISE: Patient-Reported Outcome Measures in cancer care: a hybrid effectiveness-Implementation trial to optimise Symptom control and health service Experience

*Commenced 2020 - Cancer Council Queensland \$2,000,000 (led by QIMR Berghofer)
Flinders team involved: Professor Ray Chan, Dr Fiona Crawford-Williams, Kerrie Doupain, Mark Ansell, Dr Carla Thamm*

- PROMISE is a multi-centre, randomised hybrid effectiveness/implementation trial to evaluate the effectiveness and cost-effectiveness of using e-PROMs in routine cancer care to improve patient outcomes. We hypothesise that, compared to usual care, patients randomised to use an e-PROM tool will have fewer unplanned hospital presentations/admissions, report better health-related quality of life and greater satisfaction with their care, and that the e-PROM tool will be cost-effective compared with usual care.

2023 Successes:

- The PROMISE trial began recruitment at the Princess Alexandra Hospital in November 2021 and recruitment closed in April 2023. A total of 468 patients were identified, 172 consented to participate, and 153 randomised with 76 patients assigned to the e-PROM intervention. Patient reported outcome data will continue until early 2025.

<http://qccs.org.au/the-promise-trial-status-ongoing/>

THE BRAIN TRIAL

Multidisciplinary brain cancer rehabilitation, holistic assessment, and multimodal interventions to address survivorship needs: Brain Trial

*Commenced 2021 - ACT Health Research Innovation Fund \$350,000
Flinders team involved: Professor Catherine Paterson*

- BRAIN is a feasibility randomised controlled study to prospectively assess the impact of multidisciplinary multimodal supportive care intervention on cancer selected outcomes

in people diagnosed with high grade glioma (HGG) brain cancer and their family and/ or caregiver. Patient perspectives in the development of the multimodal intervention and the current research, have been fundamental to the aim of advancing patient engagement as an essential part of the process by which this research has been identified, prioritised, designed, and will be conducted and disseminated.

2023 Successes:

- The trial is open to participant recruitment.

PREHAB TRIAL

In men choosing radical prostatectomy for localised prostate cancer, does a multimodal prehabilitation intervention give better functional and quality of life outcomes than usual care?

*Commenced 2020 - Prostate Cancer Foundation Australia Priority Impact Research Award \$119,058
Flinders team involved: Professor Catherine Paterson, Professor Ray Chan*

- PREHAB assesses the impact of existing clinical practice and compares this care to a new prehabilitation multimodal model of nursing care safely embedded in the interprofessional cancer team. Evidence demonstrates that often patients and their partners/spouses require multiple interventions that focus on improving quality of life and addressing what matters most to them. This innovative study is the first to measure the clinical impact of existing practice on psycho-social outcomes for couples affected by prostate cancer.

2023 successes:

- The trial is closed and achieved full recruitment.

DIET, EXERCISE AND LIFESTYLE

PREHABILITATION - OVERVIEW OF SYSTEMATIC REVIEW

Commenced 2023

Flinders team involved: Dr Matthew Wallen, Professor Ray Chan, Professor Catherine Paterson, Yani Dick, Dr Chad Han, Ria Joseph, Dr Carla Thamm

- This MASCC-endorsed umbrella systematic reviews aims to provide an overview of the existing level 1 evidence on the efficacy lifestyle-based prehabilitation interventions on physical, psychological, and clinical outcomes for individuals with cancer.

2023 Successes:

- Presentation of preliminary results at the 2023 MASCC Annual Meeting in Nara, Japan.

CONCURRENT EXERCISE AND COGNITIVE REHAB

Cognitive impairment in survivors of prostate cancer: combining cognitive and physical activity for a brain fog fix

Commenced 2023 - World Cancer Fund \$126,323

Flinders team involved: Professor Catherine Paterson

- In this project, researchers want to investigate physical (cycling) with cognitive training compared to doing the physical or cognitive training alone, to see if it helps improve fatigue, memory, and thinking among men receiving hormone treatment. This research project will provide the needed information to understand the benefits of physical and cognitive training. Information will be gained on how participants engage with the interventions, as well as whether or not they think this would be an intervention to complement existing cancer care. This information will inform the research team whether a larger trial should be undertaken.

2023 Successes:

- This trial is open to recruitment.

TOXICITIES AND SYMPTOMS

THE T-CRF TRIAL

Telehealth Cancer-Related Fatigue Clinic Model for Cancer Survivors: A Pilot Randomised Controlled Trial (The TCRF Trial)

Commenced 2021 - PA Research Foundation (PARF) \$100,000

Flinders team involved: Professor Ray Chan, Dr Andi Agbejule, Jo Taylor

- This pilot randomised controlled trial (RCT) will determine the feasibility of a telehealth CRF clinic intervention (T-CRF) to implement evidence-based strategies and assess the impact of the intervention on CRF and other clinical factors in comparison to usual care.

2023 Successes:

- Trial follow-up completed. Achieved complete follow-up of 44/60 cancer survivors and 14/21 caregivers for all designated timepoints, including final endpoint. Quantitative analysis of trial data commenced. Qualitative conversation analysis of telehealth clinic recordings completed.

FINANCIAL TOXICITY

Think Tank

Commenced 2023

Flinders team involved: Professor Ray Chan, Dr Carla Thamm, Reegan Knowles

- COSA convened a national *Think Tank on Financial Toxicity in Cancer Care* in May 2023 led by Professor Ray Chan. The aim of the think tank was to identify innovative solutions to address financial toxicity associated with cancer and its treatment. The Think Tank was planned as a foundational activity for the development of a roadmap to identify the leadership activities, policy changes and research activities required, and how to engage with health services and health systems to effect change.

2023 Successes:

- A draft development of the roadmap was commenced after the Think Tank and is in its final rounds of review at the end of 2023.

COSA's Financial Toxicity Working Group, Co-chaired by Professor Ray Can hosted a very well-attended financial toxicity breakfast session based on the *Think Tank* and *Roadmap* at the 2023 COSA ASM.

RARE CANCERS | PENILE CANCER **What are the barriers and facilitators to interdisciplinary models of person-centred supportive care in the context of penile cancer? A mixed methods study**

Commenced 2021 - ANZUP Below the Belt Research Funding \$50,000

Flinders team involved: Professor Catherine Paterson

- This national study aims to 1) to assess the experiences of unmet supportive care needs, quality of life, anxiety, depression, distress and person-centred care in men affected by penile cancer, and their partners, and 2) to understand the barriers and facilitators of interdisciplinary models of person-centred supportive care delivery. Secondly, this study will help to inform future work in developing a pilot randomised controlled trial to test a future person-centred supportive care intervention.

2023 Successes:

- The study continues with recruitment.

LYMPHOEDEMA GUIDELINES

Commenced 2022

Flinders team involved: Dr Matthew Wallen, Professor Ray Chan, Yani Dick

- The objective of this MASCC-endorsed study was to develop recommendations on evidence-based interventions to prevent breast cancer-related arm lymphoedema. In partnership with consumer advocates, we conducted an international Delphi consensus study involving 64 global experts from 16 countries involved in the care and research of breast cancer and lymphoedema.

2023 Successes:

- Presentation of preliminary results at the 2023 MASCC Annual Meeting in Nara, Japan. The full results were submitted to The Lancet's e-Clinical Medicine journal in 2023 and

published in 2024. Dr Matthew Wallen was co-first author and Professor Raymond Chan was co-senior author of this publication.

GLOBAL LEADERSHIP

SUPPORTIVE CARE MOVEMENT 2030

Commenced 2023

Flinders team involved: Professor Ray Chan, Reegan Knowles

- In this Multinational Association of Supportive Care in Cancer (MASCC) study, we utilised Delphi methodology, involving study group leaders from the MASCC and patient advocates, to reach consensus on a list of unifying and futuristic ambition statements for the desired future state of supportive care in cancer.

2023 Successes:

- A manuscript reporting the study is in progress. The ambition statements were launched at the 2023 MASCC Annual Scientific Meeting in Nara, Japan and can be accessed at the link below.

<https://doi.org/10.25957/hx8b-v004>

THE GINO PROJECT

Global Initiative to advance cancer Navigation for better Outcomes (GINO)

Commenced 2023 - Novartis \$938,488

Flinders team involved: Professor Ray Chan, Dr Fiona Crawford-Williams, Dr Imogen Ramsey, Dr Carla Thamm

- This project aims to eliminate obstacles and promote fair cancer care, globally. Caring Futures Institute, along with the Odette Cancer Centre (Sunnybrook Health Science Centre, Toronto, Canada) are working in partnership with the MASCC. Generously funded by Novartis.

2023 Successes:

- The GINO project was launched in 2023 with an announcement at the MASCC Annual Meeting in Nara, Japan in June. Since then, phase 1 of the project which aims to develop a global practice framework for navigation has commenced.

THE AC2 PROJECT

Advancing Cancer survivorship through partnership between Australia and Greater China (The AC2 Project)

Commenced 2023 - National Foundation for Australia-China Relations – Department of Foreign Affairs and Trade \$300,000

Flinders team involved: Professor Ray Chan, Dr Fiona Crawford-Williams, Professor Bogda Koczwara, Dr Matthew Tieu, Dr Jane Lee, Dr Chad Han

- Given recent advances in cancer treatment, there is an urgent need to adapt and innovate healthcare provision to address the many unmet and long-term care needs of the rapidly increasing number of people living with and beyond cancer. The AC2 Project will build understanding and connections to improve outcomes for Chinese cancer survivors.

2023 successes:

- The AC2 project was initiated early 2023. Since then, a website which will host resources for patients, health professionals and provide public awareness has been created, which will be publicly launched later in 2024. The steering committee has initiated plans for an opportunity to bring together stakeholders across the Greater China region to outline cancer survivorship priorities in the region in late 2024.

<https://www.ac2project.org/>

COMPREHENSIVE CANCER CENTRE EVIDENCE REVIEW

Commenced 2023

Flinders team involved: Professor Ray Chan, Dr Elise Button, Dr Carla Thamm, Reegan Knowles, Jolyn Johal

- The aim of this scoping and systematic review is to explore the core attributes, benefits, and outcomes of Comprehensive Cancer Centres. These centres are regarded as centres of excellence in multidisciplinary cancer care delivery that require substantial investment of resources. The findings of this review can inform the future evolution of Comprehensive Cancer Centres both in Australia and globally.

2023 Successes:

- The review is at draft manuscript format. Preliminary findings were presented as a poster at COSA 2023.

NATIONAL LEADERSHIP

CANCER NURSING FRAMEWORK EVIDENCE REVIEW

Commenced 2023 - CNSA \$10,000

Flinders team involved: Dr Carla Thamm, Professor Catherine Paterson, Dr Juliana Christina

- The aim of this project is to scope specialist nursing frameworks and pathways to guide an in-depth review of the current national professional development framework for cancer nurses to reflect contemporary practices, models of care and health policy. This will be done through an environmental scan and scoping review of global specialist nursing frameworks.

2023 Successes:

- Scoping review commenced.

OPTIMISING CATHETER CARE

IDC-IMPROVE: The co-design, implementation and evaluation of a care bundle to improve indwelling catheter care (IDC)

Commenced 2023 - MRFF \$1,455,163.33

Flinders team involved: Professor Catherine Paterson

- International estimates suggest 5–8% of people in residential aged care homes have a long-term indwelling urinary catheter (IDC). Although IDCs are potentially beneficial, long-term use is associated with significant morbidity and mortality. Aged care residents with an IDC are three times more likely to die within a year than those without an IDC and the number of admissions to emergency departments (ED), admissions to hospital, duration of hospitalisation, and use of antimicrobial drugs are all three times greater among residents with an IDC. This research project will focus on translating best practice guidelines for the management of IDCs to practice in Australian residential aged

care homes. It will be a two-staged mixed methods study characterised by: (i) a co-design stage to produce a targeted evidence based, fit-for-purpose catheter care bundle, and an implementation strategy, and (ii) a multi-centre, facility-level cluster randomised controlled trial, with parallel mixed methods process evaluation to evaluate the feasibility and impact of the bundle.

2023 Successes:

- Funding received.

FHMRI CANCER SURVIVORSHIP

SURVIVORSHIP EPIDEMIOLOGY

- Our work covers a range of areas including examination of datasets looking at the burden of multimorbidity in cancer survivors and disparities in access to health support and services. We have a particular interest in priority populations including people impacted by low health literacy, people experiencing socioeconomic disparities, people living rurally and remotely, and older adults. We are keen to partner with Indigenous people and researchers to examine Aboriginal and Torres Strait Islander cancer survivorship epidemiology.

SURVIVORSHIP BIOLOGY

- We conduct interventions where we examine biomarkers that may identify predictors of late effects and biological hallmarks of ageing and stress. These studies allow us to understand the mechanisms behind conditions experienced by cancer survivors and develop interventions to address them.

WELLNESS

- We develop novel interventions for management of health concerns of cancer survivors, promotion of wellbeing, self-management and peer support. We have particular interest in exercise interventions and digital health strategies to support self-management in cancer. See our [Australian Digital Health in Cancer Road Map](#).

MULTIMORBIDITY

- Cancer does not occur in isolation. Our work aims to understand how symptoms and conditions cluster and how we can best improve outcomes for survivors who also suffer from other conditions including cardiovascular disease, lymphoedema, neuropathy, sleep disorders and other common chronic conditions. As these conditions are more common in older survivors, we are developing ways of integrating geriatric oncology into survivorship care. The report on our recent stakeholders consultation on priorities for lymphoedema care can be found [here](#).

FIMHWELL CANCER SURVIVORSHIP

PSYCHO-ONCOLOGY

- Our work explores the psychosocial adjustment concerns of people with cancer, to then develop and evaluate self-directed interventions to address these concerns. Specific areas of recent focus have included:
 - Body image: quantifying the impact of cancer on body image, trialing accessible writing interventions to improve body image, and exploring cross-cultural experiences of cancer related body image;
 - Exploring the role of repetitive negative thinking as a causal and maintaining factor for cancer-related distress;
 - Exploring the relationship between sleep and trauma in cancer survivors (both early stage and metastatic).

DIGITAL MENTAL HEALTH

- Our group has developed and evaluated numerous self-directed digital mental health programs for cancer survivors, including newly diagnosed curatively treated cancer (www.findingmyway.org.au); people living with metastatic breast cancer (www.findingmywayadvanced.org.au); and post-treatment survivors (www.healthylivingaftercancer.org). Finding My Way is now freely available to the Australian cancer community, while Finding My Way-Advanced is accessible via participating in our current clinical trial. Healthy Living after Cancer Online is still available to those who signed up during the trial but is not currently taking new users. We hope to make this available for new users again in future. Our current research focus in this area is to identify means of optimising intervention engagement, outcomes and efficiency.

CANCER AND MENTAL ILLNESS EPIDEMIOLOGY

- Our group has explored the prevalence of mental illness in cancer compared to the non-cancer community, using large nationally representative datasets. We have also explored the differences in health literacy levels among those with and without mental illness in cancer.

METASTATIC SURVIVORSHIP

- Our group has a particular focus on understanding the psychosocial needs and developing interventions for individuals living with metastatic cancer.

GRANTS

Chan R, Fitch M, Crawford-Williams F.	2023–2026	<i>GINO: A Global Initiative to advance cancer Navigation for better Outcomes</i>	Novartis	\$938,488
Chan R, Crawford-Williams F.	2023	<i>Development of implementation framework for cancer navigation</i>	Commission on Excellence and Innovation Health	\$40,546
Chan R, Tieu M, Crawford Williams F, Jefford M, Koczwara B, Vardy J.	2023–2025	<i>Advancing Cancer survivorship through partnership between Australia and Greater China (AC2 Project)</i>	National Foundation for Australia-China Relations, DFAT	\$300,000
Crawford-Williams F.	2023–2024	<i>Re-designing the head and neck cancer monitoring program: considering patient preferences</i>	Flinders Foundation	\$100,000
Kemp E, Bareham M, Lawn S, Reed R, Koczwara B, Beatty L.	2024–2025	<i>Developing optimal models of care to manage multimorbidity in people with cancer: a clinical pathway co-design study</i>	2023 Flinders Foundation Health Seed Grant	\$24,159
Koczwara B, Bareham M, Cook O, Piller N, Chan R, Beatty L, Sherman K, Gunn K, Kemp E, et al.	2024–2026	<i>Supporting self-management of lymphoedema after breast cancer. Co-design and implementation of a Lymphoedema Navigation Online (LeaN On) Program</i>	Medical Research Future Fund	\$598,546.
Ng HS.	2024–2026	<i>Real-world data for evidence-based treatment decisions in older adults with breast cancer</i>	Cancer Council SA Beat Cancer Early Career Research Fellowship	\$240,000
Woodman R, Mangoni A, Shi J, Horwood C, Ng HS, Liu L, Hopkins A, Thompson C, Russell P, Koczwara B.	2024–2025	<i>Developing a novel pathway for holistic prescribing in multimorbidity using network analysis.</i>	Flinders Foundation Health Seed Grant, Flinders Foundation	\$23,895
Mangoni A, Koczwara B, Woodman R, Shi J, Ng HS, Liu L, Hopkins A, Horwood C.	2024–2025	<i>Developing innovative and holistic prescribing strategies in patients with multimorbidity using network analysis.</i>	SALHN Enquiry Grant	\$67,575
Ng HS, Koczwara B.	2023	<i>Cancer and comorbid cardiovascular disease – a population-based study of health service utilisation.</i>	Flinders Health and Medical Research Institute Kickstart Grant	\$20,000
Raphael D, Gott M, Frey R, Moeke-Maxwell T, Williams L, Beatty L.	2023–2025	<i>The adaptation of a web-based psychosocial intervention for cancer survivors</i>	Health Research Council of New Zealand (HRC)	\$229,269
Ramsey I.	2024–2026	<i>Surveillance of patient-reported outcomes in cancer survivorship: a patient-centred approach to understanding the impacts of cancer on population health</i>	Cancer Council SA Beat Cancer Early Career Research Fellowship	\$240,000
Thamm C.	2023–2024	<i>Mapping the pathways to specialisation for cancer nurses in Australia: A scoping study</i>	Cancer Nurses Society of Australia	\$10,000

RESOURCES

JOURNAL ARTICLES

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Agbejule OA, Hart NH, Ekberg S, Chan RJ. Development of a self-management support practice framework for addressing cancer-related fatigue: a modified Delphi study. **J Cancer Surviv**. Feb 24 2023. <https://doi.org/10.1007/s11764-023-01348-7>

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Zomerdijk N, Bryant C, **Beatty L**. Enabling psychologists to address the psychological consequences of cancer. **Australian Psychologist**. 2023/11/02 2023;58(6):401–410. <https://doi.org/10.1080/00050067.2023.2225693>



thelimbic*
COSA

A national roadmap for addressing financial toxicity

Professor Raymond Chan
Flinders University

thelimbic*
COSA

COSA 23 Presidential Address

Professor Bogda Koczwara
Flinders Medical Centre

Professor Ray Chan and Professor Bogda Koczwara speakers at the Clinical Oncology Society of Australia's 50th Annual Scientific Meeting, Melbourne, Australia, 3–5 November, 2023

CONFERENCE PRESENTATIONS

COSA Cancer Survivorship Conference, Adelaide, 9–10 March

Chan R, Crawford-Williams F. *Debate: More data = more health.*

Beatty L, Kemp E, Rigg A, Butow P, Girgis A, Hulbert-Williams N, Kaambwa B, Schofield P, Turner J, Combes R, Koczwara B. *Finding My Way-Advanced: A pilot evaluation of a self-directed online psychosocial intervention in improving fear of cancer progression, distress and QOL in metastatic breast cancer.*

Leske M, Koczwara B, Morris J, Beatty L. *A meta-analysis of health behaviour interventions addressing quality of life among post-treatment cancer survivors.*

Leske M, Koczwara B, Blunt J, Eakin E, Short C, Daly A, Morris J, Degner J, Beatty L. *Evaluating the feasibility of a co-designed, online healthy living intervention for post-treatment cancer survivors: Healthy Living after Cancer Online.*

2023 American Society of Clinical Oncology Annual Meeting, Chicago, USA, 2–6 June

Koczwara B. Invited speaker: *Cardiac toxicity in oncology: Prevention and surveillance strategies for early and late effects of treatment.*

Multinational Association of Supportive Care in Cancer (MASCC) Annual Meeting, Nara, Japan, 22–24 June

Chan R. *The grand multidisciplinary debate: Traditional medicine is “totally” compatible with evidence based medicine.*

Chan R, Knowles R. *Launch of MASCC Supportive Care Movement 2030.*

Koczwara B, Kemp E, Ullah S, Kaambwa B, Wilson T, Hunt L, Lawn S, Miller M, Morton E, Selvanayagam J, Reed R, Woodman R, Clark R. *Feasibility and preliminary efficacy of a nurse led intervention to reduce cardiovascular disease risk factors in women treated for breast cancer.*

Australian and New Zealand Head & Neck Cancer Society 24th Annual Scientific Meeting, Hunter Valley, 10–12 August

Crawford-Williams F. *Cancer survivors, carers and health providers perspectives on head and neck cancer surveillance: A qualitative examination.*

Southeast Asian Breast Cancer Symposium (SEABCS), Hue City, Vietnam, 25–26 August

Koczwara B. Invited speaker: *Clinical capacity building in breast cancer clinical practice – Joint session between SEABCS and ASCO.*

International Psycho-Oncology Society 24th World Congress, Milan, Italy, 31 August–3 Sept

Beatty L, Kemp E, Rigg A, Butow P, Girgis A, Hulbert-Williams N, Kaambwa B, Schofield P, Turner J, Combes R, Koczwara B. *Finding My Way-Advanced: Co-designing and evaluating an adapted intervention for women with metastatic breast cancer.*

Beatty L, Koczwara B, Hulbert-Williams N. *Stop reinventing the wheel! Adapting evidence-based digital interventions to different settings & populations: lessons from the Finding My Way program of research.* Symposium chair/abstract.

Hulbert-Williams N, Leslie M, Hulbert-Williams L, Piovesan A, Cartwright T, Pendrous R, Millington S, Koczwara B, Hall P, Jackson R, Coulson N, Watson E, Ashley L, The FMW-UK Steering Group, Beatty L. *Findings from a replication randomised controlled trial of Finding My Way in the UK healthcare setting.*

2nd Annual Cancer Center Survivorship Research Forum, Stanford, USA, 11–12 September

Chan R, Koczwara B. *Joint Session with COSA: Priorities for survivorship research global solutions to common challenges.*

Psycho-Oncology Cooperative Research Group’s Annual Scientific Meeting, Melbourne, 31 October

Beatty L. *Tailoring in practice: Formulation and delivery of psycho-oncology care.*



*Professor Koczwara and Professor Chan at the
2nd Annual Cancer Center Survivorship Research Forum. Stanford, CA USA*

Clinical Oncology Society of Australia’s 50th Annual Scientific Meeting, Melbourne, 3–5 November

Koczwara B, *Presidential lecture.*

Chan RJ, Knowles R, Varlow M, Piper A. *A National roadmap to addressing financial toxicity.*

Beatty L, Kemp E, Hulbert-Williams N, Koczwara B. *Scaling up and out with Finding My Way!*

Thamm C, Jahan S, Lindsay D, Chan RJ, Garvey G. *Patterns of care and health service costs for adolescent and young adults cancer survivors in Queensland.*

Johal J, Han C, Joseph R, et al. *A scoping review on dietary supplements for malnutrition and malnutrition-related conditions in people with metastatic cancers.*

Jones D, Pinkham MB, Wallen MP, et al. *Benefits of supportive strategies for carers of people with high-grade glioma.*

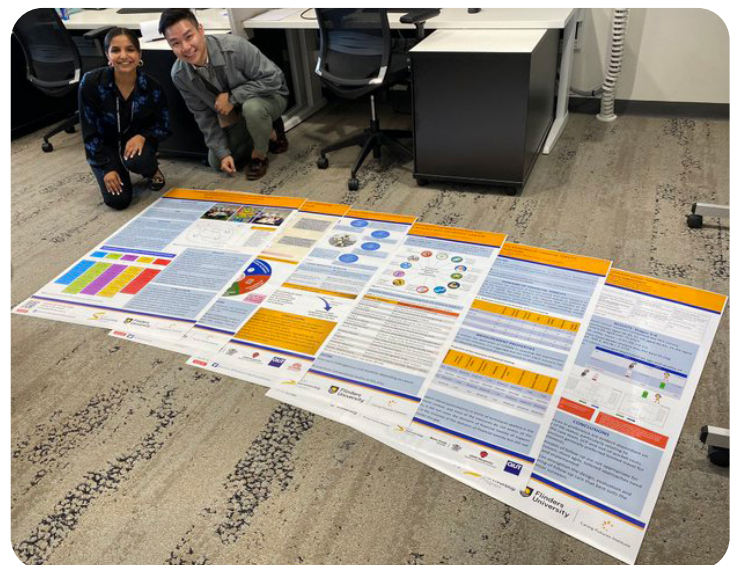
Joseph R, Hart NH, Bradford N, Chan R. *Optimising referral practices to dietary and exercise services for cancer survivors.*

CONFERENCE POSTERS

COSA Cancer Survivorship Conference, Adelaide, 9–10 March

Agbejule OA, Chan R, Ekberg S, Hart N. *Developing an international self-management support practice framework for addressing cancer-related fatigue.*

Crawford-Williams F, Kularatna S, Hettiarachchi RM, et al. *Cancer survivor preferences for models of breast cancer follow-up care: Findings from a discrete choice experiment.*



*Ria Joseph & Chad Han with posters ready for the
COSA Cancer Survivorship Conference*

Knowles R, Miller M, Koczwara B. *Perceptions of people with cancer regarding cardiovascular disease (CVD) risk in cancer: A qualitative study.*

Thamm C, Johal J, Button E, Knowles R, Gulyani, A, Chan R. *Attributes, benefits and effectiveness of Comprehensive Cancer Centres: A scoping and systematic review of the international literature.*

Thomy L, Crichton M, Chan R, Hart N, Yates P, Jones L. *A systematic review of the psychometric properties of instruments/tools used for measuring financial toxicity in people with cancer.*

25th Cancer Nurses Society of Australia (CNSA) Annual Congress, Adelaide, 14–16 June

Thamm C. *Enhancing postgraduate cancer nursing education through effective university-industry partnerships: InsPIRE.*

Clinical Oncology Society of Australia's Annual Scientific Meeting, Melbourne, 3–5 November

Brkic E, Beatty L, Prichard I. *Testing the efficacy of a single-session online writing intervention on body image and distress in female cancer survivors: A randomised controlled trial.*

Carmichael M-A, Chan RJ, Hart NH, Crawford-Williams F. *Role of radiation therapists in the provision of cancer survivorship care.*

Chan RJ, Thamm C, Johal J, Button E, Knowles R, Gulyani A. *Attributes, benefits, and effectiveness of comprehensive cancer centres: A scoping and systematic review of the international literature.*

Han C, Chan R, Sharma Y, Yaxley A, Baldwin C, Miller M. *An observational study of frailty, associated factors and outcomes in older adults with and without a cancer diagnosis in an acute medical unit.*

Joseph R, Hart NH, Bradford N, et al. *Systems-thinking to optimise dietary and exercise advice and referral practices for cancer survivors in Australia.*

Kemp E, Zangari S, Koczwara B, Beatty L. *Access to digital health in cancer care: Exploring the perspectives of people living rurally and/or with socioeconomic disadvantage.*

Knowles RK, Miller M, Kemp E, Koczwara B. *Codesign of a web-based resource on cardiovascular disease risk in cancer for people affected by cancer and their health care providers.*

Knowles R, Lustberg M, Scotte F, Taylor C, Tinianov S, Chin M, Bowen J, Olver I, Chan A, Chan RJ. *The Supportive Care 2030 Movement: Unifying and futuristic ambitions for supportive cancer care.*

Lee J, Han C, Thamm C, et al. *Attitudes and Perceptions of Australian registered nurses on prescribing in cancer and palliative care.*

Lee J, Piller N, Chan R, Bareham M, Koczwara B. *Improving lymphoedema care in Australia – stakeholders' perspective.*

Leske M, Koczwara B, Eakin E, Short C, Daly A, Degner J, Beatty L. *Feasibility and preliminary efficacy of brief coaching calls in Healthy Living after Cancer Online: A randomised control trial.*

Ng HS, Koczwara B, Beatty L. *Patterns of mental health service utilisation in people with cancer compared with people without cancer: The Australian National Study of Mental Health and Wellbeing analysis.*

Tan JQE, Ng HS, Koczwara B. *Patterns of cardiovascular medication utilization in people with cancer: the Australian National Health Survey linked data analysis.* The study was awarded the best of the best oral presentation (epidemiology) at the Meeting.

Wallen MP, Miegel R, Chesterfield N, Chan RJ, Drummond C, Ramos JS, Evans HE. *Student-led exercise physiology clinics in cancer care – a multi-purpose training opportunity.*

Zhang B, Beatty L, Kemp E. *The impact of socioeconomic factors and social support on digital intervention engagement in people with breast cancer: a secondary data analysis.*

Multinational Association of Supportive Care in Cancer (MASCC) Annual Meeting, Nara, Japan, 22–24 June

Agbejule OA, Hart N*, Ekbert S, Chan RJ. *Clinician practice framework for supporting the management of cancer-related fatigue: A modified Delphi study.*

Chan RJ, Emery J, ... Crawford-Williams F*, et al. *Feasibility of a nurse-enabled shared-care model of breast cancer follow-up: Pilot randomised controlled trial.*

Han CY*, Knowles R, Joseph R, et al. *Relationships between fruit and vegetable intake and financial toxicity in Australian cancer survivors.*

Joseph R*, Hart N, Bradford N, Chan R. *A systems-thinking study to optimise dietary and exercise referral practices for cancer survivors in Australia.*

Milch V*, Hart N, Crawford-Williams F, et al. *Patient navigation across the cancer continuum: The state of the science.*

Ng HS*, Woodman R, Koczwara B. *Health status and mental distress in individuals with cancer and comorbidities.*

Wallen M*, Joseph R, Dick N, et al. *Prehabilitation before cancer treatment – An overview of systematic reviews.*

* Presenting author



Fiona Crawford-Williams, Chad Han, Matthew Wallen, Ria Joseph & Reegan Knowles at The MASCC/JASCC/ISOO 2023 Annual Meeting. Nara, Japan



Bogda Koczwara at The MASCC/JASCC/ISOO 2023 Annual Meeting. Nara, Japan

PROFESSIONAL PRESENTATIONS

Chan R. (2023, Jan). [Telemedicine in cancer care: Patient empowerment, policy and implementation](#). **Sharing Progress in Cancer Care webinar series.**

Chan R. (2023, 28 Feb). [Innovations in survivorship models of care](#). **OCS Director's Series webinar.**

Chan R. (2023, 26 Jul). *Innovations in models of survivorship care research*. **IPOS Live webcast.**

Beatty L. (2023, 17 Nov). **So Brave Podcast** for young women with breast cancer. [Navigating parenting with breast cancer: A guide for young mums with Lisa Beatty](#).

Beatty L. (2023, Oct). *Adapting psychological therapy for people with cancer*. **Australian Psychological Society College of Clinical Psychologists SA Seminar Series.**

Beatty L. (2023, Oct). *Navigating the psychosocial impact of metastatic breast cancer online: Introducing 'Finding My Way-Advanced'*. **Keynote speaker for Cancer Council SA's Innovations and inspirations seminar.**

Beatty, L. (2023, Feb). **VCCC Virtual Alliance, Breast Cancer Grand Rounds presentation.** [Increasing Psychosocial Support Options for women with metastatic breast cancer through digital modalities](#).

Beatty L. (2023, Aug). **Supportive Care Matters podcast by The Oncology Network.** Featured on Episode 3: [How to create successful collaborations in international research projects](#).

Wallen M. (2023, Oct). [Let's get active – the importance of exercise for people living with head and neck cancer](#). **Head and Neck Cancer Australia Webinar Series.**

MEDIA RELEASES

[Providing light in a dark space](#) *Flinders University Alumni stories*. Posted on 15 November 2023, by Leonard Rowe.

[Australian breast cancer survivors call for informed, unbiased options when undergoing mastectomies](#) *ABC News*. Posted 10 Nov 2023 by Meg Bolton.

[Breast cancer survivor advocates going flat](#) *Noosa Today*. 25 Oct 2023.

[Student-led program aims to improve cancer patients' wellbeing through exercise](#) *Caring Futures Institute news*. Posted on 31 August 2023 by Sally Kloeden.

[Advancing cancer survivorship through partnership between Australia and Greater China \(The AC2 Project\)](#) *Caring Futures Institute news*. Posted on 30 August 2023 by Sally Kloeden.

[Pioneering change: GINO revolutionising cancer care](#) *Caring Futures Institute news*. Posted on 30 August 2023 by Sally Kloeden.

[Optimising referral practices for cancer survivors to dietary and exercise services](#) *Caring Futures Institute news*. Posted on 30 August 2023 by Sally Kloeden.

[Cancer patient navigators improve patient outcomes and reduce healthcare costs](#) *Flinders University News*. Posted on 27 June 2023.

[Cancer Patient Navigators Improve Outcomes, Reduce Costs](#) *Mirage News*. 27 Jun 2023.

[HIIT combats fatty liver disease](#) *Flinders University News*. Posted on 26 June 2023.

[A new patient-centred approach to caring for cancer survivors](#) *The Department of Health and Aged Care News*. 31 March 2023.

FACILITATING ENGAGEMENT

HOSTED INTERNATIONAL FELLOWS

Professor Nicholas Hulbert-Williams

- Professor and Head of Department- Psychology, Edge Hill University: UK, 6–10 March.

Associate Professor Wendy Lam

- Director, The University of Hong Kong Jockey Club Institute of Cancer Care; Associate Professor, Head, Division: Hong Kong, 12 March–3 April.

Dr Michael Halpern

- Medical Officer U.S national Cancer Institute: USA, 17 October–16 November.



*Associate Professor Lisa Beatty with
Professor Nicholas Hulbert-Williams*



*Professor Ray Chan with
Associate Professor Wendy Lam and Dr Michael Halpern*



CONFERENCES

- *COSA Cancer Survivorship Conference: Solidarity in Survivorship: Bringing Us Together*, 9–10 March 2023, Conference Convened by Professor Bogda Koczwara, and hosted by the Clinical Oncology Society of Australia (COSA) and Flinders University.



Delegates at the Cancer Survivorship Conference

WORKSHOPS

- *Cancer Navigation in SA: Workshop 1, 30 May 2023 & Workshop 2, 30 September 2023*, a Collaborative project with Commission on Excellence and Innovation in Health (CEIH), and supported by the Statewide Cancer Clinical Network (SCCN).
- *Identifying Stakeholders Priorities for Improving Lymphoedema Care Workshop, 3 July 2023*, supported by the Flinders Lymphoedema Working Group.



Fiona Crawford-Williams facilitating the Cancer Navigation in SA workshop



Participants in the Lymphoedema Care Workshop

AFFILIATIONS / SERVICE

Professor Ray Chan

- Multinational Association of Supportive Care in Cancer (MASCC): Executive Committee, Secretary.
- Clinical Oncologic Society of Australia (COSA): Survivorship Group, Chair.

Professor Catherine Paterson

- Cancer Nurses Society of Australia (CNSA): GU Specialist Nursing Network, Chair.
- Representative on the SA State-wide Cancer Clinical Network.
- Cancer Nursing Community of Research Practice in the Central Adelaide Local Health Network: Chair.

Professor Bogda Koczwara

- Cancer Council SA: Clinical Investigator.

Associate Professor Lisa Beatty

- Psycho-Oncology Cooperative Research Group (PoCoG): Deputy Chair, Scientific Advisory Committee.
- Breast Cancer Trials (BCT): Member, Scientific Advisory Committee; Deputy Chair, Supportive Care Subgroup.

Dr Matthew Wallen

- Exercise & Sports Science Australia (ESSA): Research Committee Member.
- Exercise & Sports Science Australia (ESSA): South Australian State Chapter Member.
- Multinational Association of Supportive Care in Cancer (MASCC): Survivorship Group Member.
- Multinational Association of Supportive Care in Cancer (MASCC): International Steering Group on Lymphoedema.

Dr Carla Thamm

- Clinical Oncologic Society of Australia (COSA): Financial Toxicity working group, Project lead.
- Cancer Nurses Society of Australia (CNSA): Education Standing Committee, Chair.
- International Society of Nurses in Cancer Care (ISNCC): Conference Management Committee, member.

Dr Fiona Crawford-Williams

- Clinical Oncology Society of Australia (COSA): Survivorship Group Executive Committee, social media manager.
- Multinational Association of Supportive Care in Cancer (MASCC): Psychosocial Group Member.
- Psycho-Oncology Co-Operative Research Group (PoCoG): Scientific Committee Member.
- National Rural Health Alliance: Friends of the alliance member.

Dr Emma Kemp

- Psycho-oncology Co-operative Research Group: Scientific Advisory Committee Early Career Member, & Early Career Researcher Special Interest Group Co-lead
- Clinical Oncology Society of Australia Psycho-Oncology Group: Member

ACADEMIC TITLE HOLDERS

- Professor Vivienne Milch
- Professor Nicholas Hulbert-Williams
- Associate Professor Nicolas Hart
- Associate Professor Amanda Fox
- Dr Michael Halpern
- Dr Sara Zangari
- Dr Daniel Coro
- Lee Jones

AWARDS

Professor Ray Chan

- Inducted as Fellow of the American Academy of Nursing.
- MASCC Outstanding Publication of the Year Award 2023.
- Stanford's list of World's Top 2% scientists, 2023.

Professor Catherine Paterson

- Stanford's list of World's Top 2% scientists, 2023.

Professor Bogda Koczwara AM

- Distinguished Alumni Award for leadership in the medical oncology profession and health services research.
- Stanford's list of World's Top 2% scientists, 2023.

Dr Matthew Wallen

- Vice President & Executive Dean's Research Award – Mid-career Researcher – Flinders University.



Professor Bogda Koczwara receiving Distinguished Alumni Award



Professor Ray Chan inducted as Fellow of the American Academy of Nursing

HIGHER DEGREE BY RESEARCH (HDR) STUDENTS

CURRENT

Student	Project title	Academic supervisor/s
Diana Jones	<i>Intervention for caregivers of brain tumour patients</i>	Matthew Wallen, Ray Chan, Mark Pinkham, Carla Thamm
Lebogang Thomy	<i>Enhancing the understanding of financial toxicity in people with cancer in Australia</i>	Ray Chan, Matthew Wallen, Patsy Yates, Nicolas Hart, Lee Jones, Carla Thamm
Mary-Ann Carmichael	<i>Role of radiation therapists in survivorship care</i>	Fiona Crawford-Williams, Catherine Paterson, Andi Agbejule
Ria Joseph	<i>Optimising referral practices to dietary and exercise services for cancer survivors</i>	Ray Chan, Nicolas Hart, Natalie Bradford
Shalyn Rourke	<i>The experiences of nurses and patients in the ICU environment</i>	Catherine Paterson, Rachel Bacon, Ria Joseph
Rohan Miegel	<i>Prehabilitation for cancer surgery — Understanding the influencing factors to engagement from consumer and health professional perspectives</i>	Sarah Hunter, Matthew Wallen, Ray Chan, David Watson
Tricia O'Connor	<i>The conscious state of the dying patient</i>	Catherine Paterson, Karen Strickland, Jo Lewis
Yani Dick	<i>Breast cancer-related Lymphoedema: early detection and CARE pathways: the LymphoCARE study</i>	Matthew Wallen, Ray Chan, Nicolas Hart, Neil Piller, Imogen Ramsey
Reegan Knowles	<i>Identification and management of cardiovascular disease in people with cancer — A focus on older people</i>	Bogda Koczwara, Michelle Miller, Emma Kemp
Alison Waterman	<i>The impact of steroid and chemotherapy treatment on cardiometabolic and endocrine function in patients with early-stage breast cancer</i>	Bogda Koczwara
Amy Rigg	<i>Enhancing Finding My Way-Advanced with therapist support: establishing the optimal modality and dosing of guidance required to improve engagement and outcomes in women with metastatic breast cancer</i>	Lisa Beatty, Bogda Koczwara, Emma Kemp
Elizabeta Brkic Master Clinical Psychology	<i>Comparing the effectiveness of two writing interventions against a neutral writing control in increasing positive body image in female cancer populations: An RCT</i>	Lisa Beatty
Morgan Leske	<i>Co-designing and evaluating an online Healthy Living after Cancer program</i>	Lisa Beatty, Bogda Koczwara
Xingcheng He	<i>Positive body image and functionality appreciation in breast cancer survivors: A cross-cultural comparison of China and Australia</i>	Lisa Beatty, Bogda Koczwara

COMPLETED

Congratulations to:

Student	Project title	Academic supervisor/s
Andi Agbejule	<i>Enabling health professionals to provide effective self-management support for cancer-related fatigue</i>	Ray Chan, Nicolas Hart, Stuart Ekberg
Stephanie Bourboulis	<i>A qualitative exploration of factors that influence engagement with a digital mental health platform for women with metastatic breast cancer: Finding My Way-Advanced</i>	Lisa Beatty, Emma Kemp

STUDENT PRIZES / AWARDS

Andi Agbejule

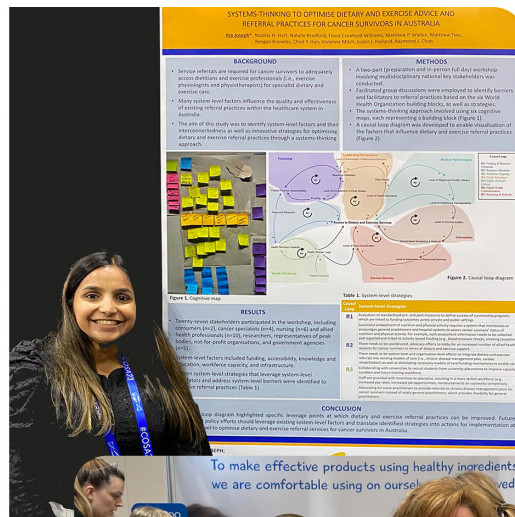
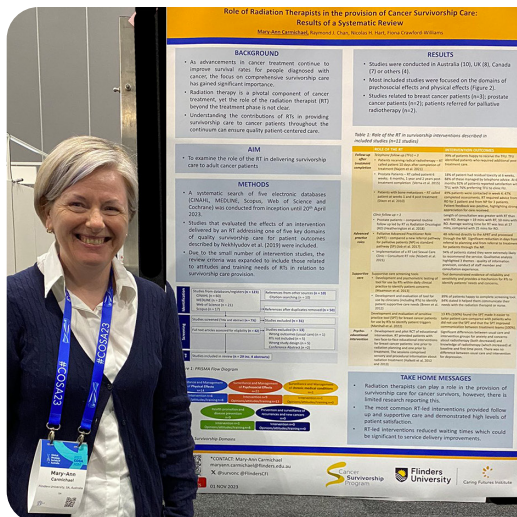
- 2023 CNHS HDR Student Publication Award for recognition of paper *Development of a self-management support practice framework for addressing cancer related fatigue: a modified Delphi study* published in a Q1 journal.

Diana Jones

- MooGoo Postgraduate Cancer Nursing Scholarship 2023.

Rohan Miegel

- SALHN Excellence in Research award.



PhD students **Mary-Ann Carmichael & Ria Joseph** at their conference posters & **Diana Jones** with her MooGoo prize



GALLERY

