

The 'Regional Hospice in RACF' Project – Improving end-of-life care for people living in Residential Aged Care

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Introduction

- Regional SA has an innovative model of collocating aged care beds on SA Health hospitals
- Keeps older South Australians in their community

Fig 1. Project overview



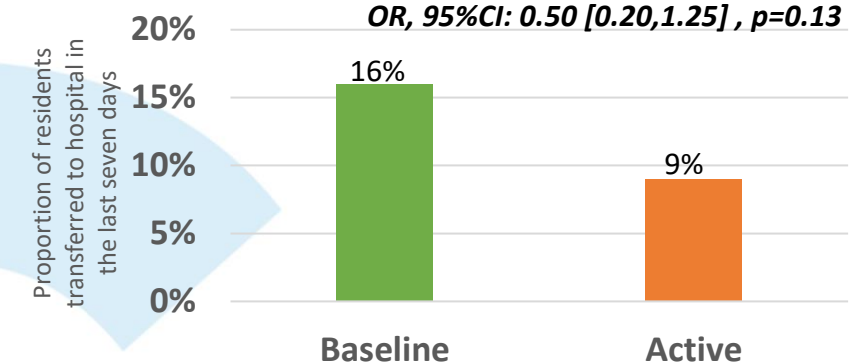
Aim

- To describe impact of project on avoidable hospitalisations in last seven days of life at 15 project sites

Methods

- ELDAC After-Death Audits used to measure impact
- 29 question survey completed at death of resident by local nurse
 - Prior to the project commencing (99)
 - During active phase of project (130)

Results



Reasons for Hospitalisation

- | | | |
|--|-----|---|
| <ul style="list-style-type: none"> • 57% Symptom management | vs. | <ul style="list-style-type: none"> • 30% Unexpected issue (e.g. falls) • 30% Unexpected deterioration |
|--|-----|---|
- p=0.016

End-of-life care pathway plan

52% commenced	vs	70% commenced
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p = 0.012

Conclusion

While the low numbers of deaths are unable to demonstrate a significant reduction in hospitalisations, there is a significant shift in the reason for hospital transfer in the last seven days of life from symptom management to sudden unanticipated events.