

# 2025 Pre-departure guide





#### **Welcome to Flinders University**

This is an important time of growth, exploration and transformation for you, and one we want you to enjoy! Immerse yourself in the campus and community environment and get involved in the many exciting events and activities.

We are particularly aware of how challenging it can be to adjust to a new environment, and we encourage you to seek assistance early if you have any concerns or questions at all, so you can adjust as quickly as possible to Flinders and Adelaide.

Even before you arrive on campus you will be well-supported here at Flinders. The Flinders International team will assist you through your settling in phase, and will help you to connect with a range of support services and staff in your academic area, the team are at your fingertips!

Wishing you the very best of luck!

#### Sebastian Raneskold

Vice-President & Pro Vice-Chancellor (International)



#### Ranked No. 1 in SA for student support

The Good Universities Guide 2023 (undergraduate), public SA-founded universities only

No. 1 SA university for overall educational experience and full-time employment

The Good Universities Guide 2022, overall quality of educational experience (postgraduate), public SA-founded universities only



ABOVE: Artwork by contemporary Aboriginal artist Elizabeth Close, a Pitjantjatjara Yankunytjatjara woman and Flinders alumna. This artwork responds to and reflects the incredible natural landscape in and around Flinders, and seeks to place into stark relief the elements of earth and water, coast and landscape; sun, flora and fauna. The artwork features as a mural in the Tjilbruke Student Lounge, Yungkurrinthi Trruku Building at Flinders Bedford Park campus.

Flinders University acknowledges the Traditional Owners of the lands on which its campuses are located, these are the Traditional Lands of the Arrernte, Dagoman, First Nations of the South East, First Peoples of the River Murray & Mallee region, Jawoyn, Kaurna, Larrakia, Ngadjuri, Ngarrindjeri, Ramindjeri, Warumungu, Wardaman and Yolngu people. We honour their Elders and Custodians past and present.





#### **Arranging a student visa**

You are required to apply for a student visa sub class 500 online regardless of your chosen course.

Use the Document Checklist Tool immi. homeaffairs.gov.au/visas/web-evidentiary-tool to help you find out the documents you need to provide with your student visa application.

As an international student, you are required to pay your first semester tuition fees before entering Australia. The amount required depends on your enrolled course and will be stated on your Letter of Offer.

For subsequent semesters, you will not be invoiced but you can check your fee account from your Student System.

#### **Prepare your travel**

The following links can help you prepare for your travel to Australia:

Pre departure checklist: studyaustralia.gov.au/ en/plan-your-move/preparing-to-travel

Restricted items: abf.gov.au/entering-andleaving-australia/can-you-bring-it-in

#### **Time zones**

Australia is divided into three time zones, with Adelaide coming under Australian Central Standard Time (ACST).

Time difference between Adelaide and overseas:

Indonesia - 2.5 h	United Arab Emirates
China, Malaysia, Singapore - 1.5 h	- 5.5 h
	Delhi, India - 5 h
USA - 18 h	Nairobi, Kenya - 7.5 h

#### **Flights**

You can fly to Adelaide from anywhere in the world, and there are many direct flights available.

Estimated flight times to Adelaide\*:

Kuala Lumpur - 7.5 h	Hong Kong - 9 h
Buenos Aires - 19 h	New Delhi - 10 h
Dubai - 13 h	London - 22 h
Beijing - 13 h	Hanoi - 11.5 h
Tokyo - 9 h	Lagos - 22 h
Guangzhou - 9 h	Nairobi - 16 h

Singapore - 7 h



Adelaide has offered much more than academic opportunities. Adelaide's overall affordability has made my student life more manageable, and the diverse food and entertainment options have added a delightful dimension to my experience, creating a perfect balance between academic pursuits and the enjoyable lifestyle Adelaide has to offer.

Gabrielle Genty Doctor of Philosophy, Colombia

<sup>\*</sup> Some flights require stopover

## When you arrive

#### Documents to bring with you

Official documents you will need on arrival in Australia:

- valid passport and student visa grant letter
- offer letter from Flinders University
- Confirmation of Enrolment (eCoE) issued by Flinders University
- receipts of payments (e.g. tuition fees, OSHC, bank statements etc.)
- original or certified copies of your academic transcripts and qualifications
- other personal identification documents
   e.g. birth certificate, ID card, driver's licence
- medical records and/or prescriptions.
- COVID19 Vaccination certificate

#### Clothing

Summer in Australia is from December to February, autumn from March to May, winter from June to August, and spring from September to November.

In Adelaide, the hottest months are January and February. If you arrive in June or July, the coldest months of the year, you may need to bring or buy winter clothing and blankets.

Season average temperature range:

Summer (December to February) 25°C to 35°C / 77°F to 95°F

Autumn (March to May) 20°C to 25°C / 68°F to 77°F

Winter (June to August) 10°C to 15°C / 50°F to 59°F

Spring (September to November) 20°C to 25°C / 68°F to 77°F

To check the weather, download the **BOM Weather app** 

#### Travel money

Bring a small amount of cash in Australian dollars for food, taxis and public transport. Travel with either a VISA or MASTERCARD credit card.

#### **Mobile Phone**

You can bring a mobile phone which works with Australia's mobile technology.

The website **acma.gov.au** can help you.

Otherwise, you can buy a phone when you arrive. There are four major mobile phone providers: whistleout.com.au

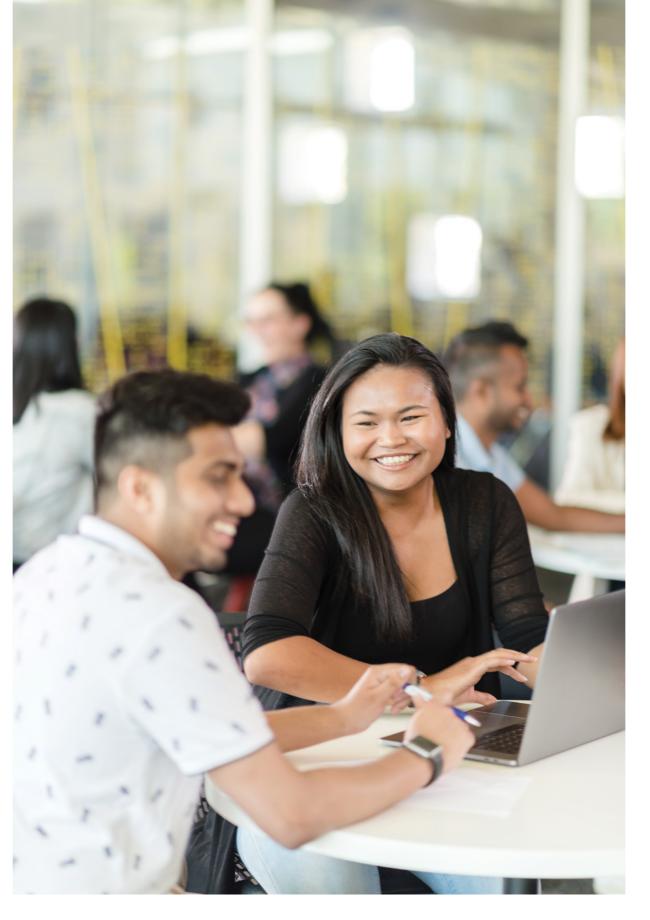
#### **Meet and Greet**

ISS provides a free 'meet and greet' arrival service. A team member can meet you at the airport, train or bus station in Adelaide. Book this service at least 5 working days before you arrive in Adelaide. students.flinders.edu.au/support/iss/planning-arrival

#### Declare It

Australia has strict rules to protect it from biosecurity risks. To know what you can and cannot bring, visit abf.gov.au/entering-and-leaving-australia/can-you-bring-it-in/overview





## The city offers a comfortable and relaxed lifestyle, providing convenient transport options and a manageable cost of living. The friendly and welcoming atmosphere and its multicultural environment have made adapting to life in Adelaide enjoyable and rewarding.

Karanpal Singh Master of Social Work, India

### **Finance**

#### Money

To cover your initial expenses, you will need between \$3,000AU and \$6,000AU. On arrival you can open a bank account and use either a debit or credit card to pay for rent, food and utilities. The four major banks in Australia are ANZ, Commonwealth Bank, National Australia Bank and Westpac. You will need your passport and some cash to open an account. Most Australian banks charge fees for a bank account or a banking service.

Read our Preparing for your journey page for information on how much money to bring and banks in Australia

students.flinders.edu.au/support/iss/planning-arrival/preparing-for-your-journey

#### **Working in Australia**

You can work a maximum of 48 hours per fortnight during the term and unlimited hours when your course is not in session if you are undertaking a bachelor/graduate certificate/graduate diploma/masters by course work. If you are doing masters by research or PhD, you can work unlimited hours any time of the year.

For more information: students.flinders.edu.au/support/ iss/working-whilst-studying

There are number of online employment websites which can assist you:

careerone.com.au seek.com.au au.indeed.com

#### Adelaide cost of living estimates

Average weekly costs per week in \$AUD^:

Rent – City (Shared) \$180-\$250

Utility Bill (Shared) \$30-\$50

Groceries \$60-\$100

Phone and internet \$20-\$40

Public Transport \$20-\$30

Entertainment \$80+

^Average student budget in Adelaide, calculated using the Study Australia cost of living calculator

Flinders University
Flinders University



#### On-campus housing

Flinders Living or the Flinders Medical Centre Flats are on campus housing options if you are studying at the Bedford Park, Sturt or Tonsley campuses. To apply at Flinders Living visit

Flinders.edu.au/living

#### Off-campus housing

If you choose to live off campus the following websites will assist you in finding rental accommodation:

- Flinders.edu.au/living/short-term-privateaccommodation
- students.flinders.edu.au/support/iss/ accommodation

A security deposit or bond is required by a landlord or property agent. The bond is to guarantee the owner reimbursement if you leave the premises damaged or with rent owing. If you leave the property in good condition and with all rent paid your bond should be returned to you in full once you have left the property.

#### City accommodation

#### The Switch

The Switch is Flinders Univrsity's key accommodation partner in the Adelaide CBD. A co-living space that is redesigned for the younger generation and equipped with all-inclusive world-class amenities. It's a 5 minute walk to the Flinders City Campus and just a 22 minute train ride to the Bedford Park campus. switchliving.com.au/flinders-university

#### Types of housing

There are many types of off campus housing, from private rental house and flats, sharing house, room only accommodation and full board homestay. Visit our Planning Your Arrival page for information on the types of housing and to know your rights: students.flinders.edu.au/support/iss/planning-arrival

The Flinders University campus is a great place to study because it is away from the hustle and bustle of the city with a quiet and peaceful environment. The proximity of each campus and facilities makes it easy to go for a walk to get one from end to the other. In my first year, I lived on campus at Flinders Living. This was a great experience because it's a 5 minute walk to class, the library and the Flinders Gym. The environment is also safe for students to access even late at night.

Francis Tungcol, Master of Physiotherapy, Canada





Adelaide is alive and vibrant. Local fresh food markets, exciting restaurants and cafés, international sporting events and world renowned arts festivals are just a few of the reasons that studying in Adelaide gives you a quality of life you won't find anywhere else in Australia.

More than 38,000 students from 130 countries choose to study, live and work in Adelaide. The city designed for life.

flinders.edu.au/international/living-in-adelaide

#### Helpful links

www.studyadelaide.com www.southaustralia.com

#### Top 10 things to do in Adelaide

southaustralia.com/travel-blog/top-10-things-

#### **Festivals**

South Australia is known as the 'Festival State', with regular cultural and sporting events held right across the year, including:

- WOMADelaide
- Adelaide Festival
- Adelaide Fringe
- Tour Down Under
- Tasting Australia

If you love great food, you'll love Adelaide. The city is full of stunning cafés and restaurants. South Australia is well known for producing high-quality produce, from fresh fruit and vegetables through Barossa Valley and McLaren Vale. Adelaide is a multicultural city well catered to vegan, vegetarian, halal and kosher requirements.

### ranked in the top **30 student cities** Welcome to Adelaide, South Australia

#### International Student Services (ISS)

Campus life

ISS is part of Flinders International, and is the first point of contact for all international students, we arrange social activities including trips and tours at low cost. Information is sent via student email, so check your university email regularly: students.flinders.edu.au/support/iss

#### **Flinders University Student** Association

Flinders University Student Association (FUSA) is the student organisation that represents the rights and interests of students. fusa.edu.au/about Join a club via: students.flinders.edu.au/uni-life

#### **OASIS**

Adelaide is

globally

QS Best Student Cities 2024

OASIS is a student community wellbeing centre focused on supporting the physical, emotional, social and spiritual needs of students. Most international students visit the Oasis community centre for studies, social activities and to meet staff and other students. oasis.flinders.edu.au

#### **Flinders University Sport and** Fitness

Flinders One Sport and Fitness is open 7 days per week for 24 hours a day and offers a range of fitness and wellness activities. To join: onesportandfitness.com.au

#### **Careers and Employability**

If you need help in planning your career, broadening your skills and experience and connecting you to potential employers and industry professionals. students.flinders.edu.au/ support/careers

#### Flinders University Museum of Art

Interested in art? Check the collection at FUMA: flinders.edu.au/museum-of-art

#### Study spaces

A variety of spaces and resources for students are available on campus. You can use the PCs, connect your own device using wifi on campus or print at designated printing areas. flinders.edu.au/campus/bedford-park/

facilities-services/technology-in-hub

## Campuses

#### **Bedford Park**

Located just 12km south of the centre of Adelaide, the Bedford Park campus is Flinders' main campus. It's a spacious, elevated site with panoramic views to the coast and over the city. Our Student Hub offers 24/7 study spaces and access to all student services in one convenient location. It is also a short walk from Flinders Sturt precinct, and on-campus student accommodation, Flinders living.

#### **Tonsley**

Flinders' Tonsley campus is a \$120 million hub of innovation which centrally locates the University's teaching and research in computer science, artificial intelligence, defence and national securities, autonomous vehicles, information technology, engineering and mathematics.

Along with some of Adelaide's biggest businesses and globally-recognised organisations, Tonsley is also home to the Flinders Medical Device Research Institute (MDRI) and Institute for Nanoscale Science & Technology. Flinders' Tonsley campus is also an incubator for entrepreneurs and future employers who are creating next generation start-ups through the Flinders New Venture Institute.







#### Flinders Health and Medical Research Building

Flinders University has recently opened it's cutting-edge Health and Medical Research Building (HMRB), marking a transformative new chapter for health and medical research in South Australia.

Home to over 600 medical researchers, clinicians, and support staff, the \$280 million, ten-storey landmark is poised to tackle the most pressing health challenges of our time.



#### City Campus

Spanning eight levels, with multiple state-ofthe-art teaching spaces, Flinders' new city campus is designed for innovative and adaptable learning, catering to an extensive range of study programs. Every floor has dedicated spaces for students to come together, learn from industry experts and be inspired by a world of learning possibilities.

Adjacent to the Adelaide Railway Station, our new city campus immerses you in the hustle & bustle, and vibrant arts culture of the CBD. Whether you're craving a quick bite between classes or planning a Friday night out with friends, you'll soon discover why our city ranks among the top 40 student cities worldwide. Easy access to public transport allows you to explore the city centre and beyond, with connection to our Tonsley and Bedford Park campuses via the door-to-door rail link.

## Getting around Adelaide

#### Bus, train and tram

Adelaide Metro run public transport in Adelaide. The website adelaidemetro.com.au gives you access to general customer information as well as fares, timetables, new and special offers.

#### **Bikes**

You can plan to ride to Flinders using either bike lanes or secondary roads and explore Adelaide via bike. Make sure you know the road rules and safety.

Bike route maps are a good way to plan your route and these can be downloaded from sa.gov.au/topics/driving-and-transport/cycling/cycling-maps

#### **Driving in South Australia**

As a visitor with a temporary visa you can drive in South Australia but must only drive the type of vehicle authorised by your licence. You must always carry your current driver's licence issued overseas at all times. If your licence is not in English you must carry an International Driving Permit or

an English translation. Make sure to know the road rules and safety: sa.gov.au/topics/driving-and-transport/roads-and-traffic/australian-road-rules

#### **Parking on Campus**

Paid parking is available on campus for staff, students and visitors. students.flinders.edu.au/uni-life/bedford-park/parking

#### **Shopping**

Maior supermarkets are:

- Aldi: aldi.com.au
- Coles: coles.com.auDrakes: drakes.com.au
- Foodland: foodlandsa.com.au
- Woolworths: woolworths.com.au

The Marion Shopping Centre is nearby Bedford Park campus and includes large department stores as well as speciality shops. westfield.com.au/marion

Rundle Mall is next to the City Campus and is in the heart of the city of Adelaide. The mall offers shopping, dining and entertainment with over 100 retails stores and services. rundlemall.com



Transportation in Adelaide is well-organised, with an extensive public transportation system, including buses and trams, making it easy for students to navigate the city. Additionally, Adelaide is known for its bike-friendly infrastructure, providing an ecofriendly and convenient mode of transportation.

Keith Censoro Master of Public Policiy, Philippines



Flinders University

### Health

#### **Health insurance**

Overseas Student Health Cover (OSHC) is compulsory for international students. If you are bringing dependents, you must purchase family cover. Your OSHC must be valid for the length of your student visa. Flinders University can arrange your OSHC for you through its partner Medibank.

For information on OSHC: medibankoshc.com.au

Activate your Medibank OSHC now: medibankoshc.com.au/oshcactivate

International students from selected countries may not be required to purchase OSHC due to reciprocal arrangements between Australia and their government. Visit students.flinders.edu.au/support/iss/health-cover

#### **Campus health services**

#### Health, Counselling and Disability

The University provides a confidential health, counselling and disability service to all currently enrolled students at our fully equipped and accredited Medical Centre. The doctors direct bill Medicare, Medibank Private, Bupa and Allianz Global Assistance. International students with a different private health insurer will need to pay up-front on the day of their appointment and have the money reimbursed by the insurance company. students.flinders.edu.au/support/hcd/health

#### Health2Go

Health2Go offers a range of allied health services for vision, hearing, speech pathology and physiotherapy services available at the one easily accessible location. As these services are not included in your overseas student health cover, you will need to pay for the service. health2go.com.au

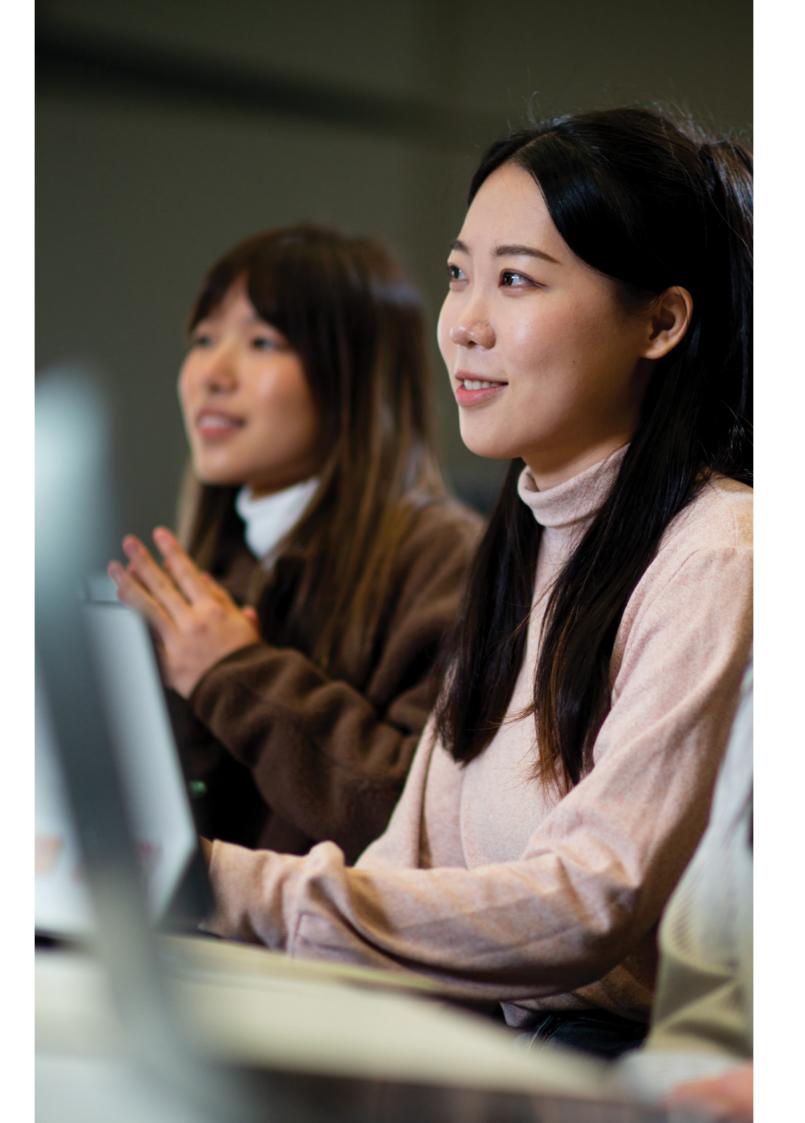
#### Pharmacy

Flinders has an on-campus pharmacy located in the Plaza (H9 Campus Map).



Flinders University stood out as the right choice for several reasons. Firstly, Flinders' commitment to fostering a supportive and inclusive learning environment was crucial for me. The university's emphasis on student well-being and accessible faculty creates an engaging academic experience.

**Stanley Ndezwa** Bachelor of Computer Science, Kenya



## Safety

Australia is a safe and secure place to live and study. Like all major cities in the world it is important to consider your personal safety in relation to where you are, what you are doing and who you are with. As you would at home it is good practice to consider your personal safety and to develop a personal safety plan.

#### Calling emergency services

DIAL 000 for police, ambulance or the fire brigade. You can also dial 112 and the call will be forwarded to 000 even if the phone is locked.

If you have a disability Text call emergency – for TTY or ASCII Dial: 106.

#### **Campus Security**

Security officers are available 24 hours a day via 8201 2880 or email security@flinders.edu.au.

Security and Lost Property are located next to Flinders Connect on the Plaza.

flinders.edu.au/campus/bedford-park/ facilities-services/security



I chose to study in Adelaide because it's an affordable, safe city and you can get almost anywhere within 25 minutes. Additionally the beaches are gorgeous and only a quick tram/bus ride away if I want a short study break.

Chase Bolton Doctor of Medicine, Canada

## **Academic** information

#### **Enrolment**

Coursework students can find out how to plan their studies, enrol in topics (subjects) and register in classes (such as lectures, tutorial and workshops). To plan your study visit students. flinders.edu.au/new-students/plan-your-study

#### **Student ID Card**

You can request your student ID card online by selecting 'Order my ID Card' from your Okta dashboard (flinders.okta.com) the day after you complete your enrolment. To collect your student ID card visit Flinders Connect: students.flinders. edu.au/support/flinders-connect

#### Flinders Learning Online (FLO)

FLO is the university's online learning platform where you can find all information about your topic details and guidelines. Please make sure you read the Statement of Assessment Methods (SAM) for all your enrolled topics.

If you need FLO help, visit the "Help" section on canvas.flinders.edu.au

#### **Student Learning Support Service**

The Student Learning Support Service offers a range of support to help with your studies. From academic writing, basic mathematics, endnote, study skills and referencing and the popular English Language Support Program to improve your English to online learning support and an English Language Support Program to improve your English.

students.flinders.edu.au/support/slss

#### **Academic Advocacy**

A Student Advocacy Officer from Student Assist can guide you if you are having an issue that relates to an academic matter. Seek support from FUSA at: fusa.edu.au/academic-advocacy

5 stars
for learner
engagement,
learning resources,
skills development
and student
support

The Good Universities Guide 2024 (undergraduate)



My experience at Flinders wouldn't be fulfilled without the incredible support from the Flinders support services, particularly the International Student Services (ISS). Whenever I needed assistance or had any queries I reached out to ISS, and their enthusiastic support was a game changer.

**Thi Hong Nhung Do,** Bachelor of Business (Marketing), Vietnam

## Useful apps

#### Download the following apps to quickly access useful information and support:

Lost on campus

studentvip.com.au/lost-on-campus

Bureau of Meteorology Weather

bom.gov.au/app

Adelaide Metro

adelaidemetro.com.au/plan-a-trip

Affordable SA

affordablesa.com.au

Medibank OSHC

medibankoshc.com.au/oshc-support/mobile-apps

Okta dashboar

students.flinders.edu.au/support/computing/okta

#### **Connecting with Flinders**

International Student Services (ISS)

Flinders International, Level 1 of the Hub

Phone (618) 8201 2717

Email: iss@flinders.edu.au

J10 Campus map (flinders.edu.au/content/dam/documents/campus/maps/campus-map.pdf)

Health, Counselling and Disability Services

After hours crisis counselling support line

Campus Security (24 hours a day)

Flinders Connect

1300 354 633

Flinders Living

College of Business, Government and Law

8201 2880

7221 8900

8201 3300

82017800 College of Education, Psychology and Social Work College of Humanities, Arts and Social Sciences 82017900 College of Medicine and Public Health 72218200 College of Nursing and Health Sciences 82017500 82017700 College of Science and Engineering Careers and Employability Services 82012832 Flinders University Student Association 82012371 Oasis 82013530



### Flinders International Pre-departure Guide

International Student Services +618 8201 2717 flinders.edu.au/international

