

Master of Nutrition and Dietetics
Self-assessment form
2025

IMPORTANT INFORMATION

Please note this form should be completed by international applicants for entry to the Master of Nutrition and Dietetics (CRICOS code: 002655M) at Flinders University. The form should be completed and submitted within 10 days of submitting their application along with supporting documentation.

ENTRY REQUIREMENTS

Applicants must hold a bachelor degree or equivalent qualification and have achieved a Flinders equivalent grade point average (GPA) of credit (5.00) or above to be considered; and Applicants must also have successfully completed:

- at least the equivalent of 13.5 Flinders units (0.375 EFTSL) across the course of their undergraduate program in human nutrition and food science topics in the areas of basic nutrition principles, life-cycle nutrition and food science; and
- at least the equivalent of 9 Flinders units (0.25 EFTSL) in chemistry topics studied at first year undergraduate level; and
- at least the equivalent of 9 Flinders units (0.25 EFTSL) in human biochemistry topics studied at second year undergraduate level or higher; and
- at least the equivalent of 9 Flinders units (0.25 EFTSL) in human biology topics studied at first year undergraduate level; and
- at least the equivalent of 9 Flinders units (0.25 EFTSL) in human physiology topics studied at second year undergraduate level or higher.

INSTRUCTIONS

Applicants must:

- Complete the form by stating which degrees they have attempted which contained the topics they believe meet the pre-requisite requirements.
- Provide details of the topics they believe meet the relevant pre-requisites, for studies that was not completed at Flinders, please attach relevant topic syllabus
- Applicants who have completed a bachelor degree or equivalent qualification from an overseas institution or who completed a bachelor degree or equivalent qualification in an Australian institution will also need to provide syllabus information for the topics they believe meet the pre-requisite criteria.

Topic pre-requisites requirement information

Pre-requisite to be met	Topic content requirement	Examples of current Flinders University topics that meet requirements
at least the equivalent of 13.5 Flinders units (0.375 EFTSL) across the course of an undergraduate program in human nutrition and food science topics in the areas of basic nutrition principles, lifecycle nutrition and food science	Basic general nutrition to maintain good health. Content addressing dietary guidelines and Nutrient reference values/recommended nutrient intakes. Physiological basis of nutritional requirements and food habits across the life span. Knowledge of food systems and the food supply and the factors that affect the food supply. Food science and technology relating to manufacturing and distribution. Food law and regulations. Food composition. Social determinants of health, psychology of food choice and environmental/ecological factors affecting food choice	NUTD1106 Nutrition, Physical Activity and Health AND NUTD2101 Nutrition Across the Lifecycle AND NUTD2105 Individual, Social and Environmental Perspectives on Food Consumption
at least the equivalent of 18 Flinders units (0.5 EFTSL) of introductory bioscience topics studies at first year level or higher, including at least 9 Flinders units (0.25 EFTSL) of human biology and 4.5 Flinders units (0.125 EFTSL) of chemistry	Internal activities at the biochemical, genetic and physiological level. Detailed human organ systems including chemical and physical science principles. Fundamentals of organic chemistry, electrochemistry and acid/base chemistry. Observational studies of Human behaviour.	BIOL1102 Molecular Basis of Life AND HLTH1004 Human Bioscience AND EITHER CHEM1010 Chemistry 1A OR CHEM1201 General Chemistry AND PSYC1101 Psychology 1A
at least the equivalent of 9 Flinders units (0.25 EFTSL) in human biochemistry topics studied at second year undergraduate level or higher	Fundamentals of metabolic biochemistry and molecular and cellular biology.	BIOL2771 Biochemistry AND MMED3933 Biochemistry of Human Disease
at least the equivalent of 9 Flinders units (0.25 EFTSL) in human physiology topics studied at second year undergraduate level or higher	Knowledge and function of the organ systems of the human body in health +/- disease. Control mechanisms regulating organ systems. How body systems interact/integration of body systems. May include exercise physiology, but also need to have at least 1 physiology topic that is body systems focussed.	MMED2931 Human Physiology AND MMED2932 Integrative Human Physiology

Further information about the above-mentioned Flinders University topics including education aims and expected learning outcomes visit <https://handbook.flinders.edu.au/>.

For further information email askflinders@flinders.edu.au

Applicant Details

Full name:	
Application reference number:	

Educational Background:

Institution	Course/Degree name	Start date	End date
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		/ /	/ /
		/ /	/ /
		/ /	/ /

Topic Pre-requisites	List your Topic(s) (code and name) you feel meet the pre-requisites	Degree Title(s)
The equivalent of 13.5 Flinders units (0.375 EFTSL) across the course of undergraduate program in human nutrition and food science topics in the areas of basic nutrition principles, life-cycle nutrition and food science		

<p>at least the equivalent of 18 Flinders units (0.5 EFTSL) of introductory bioscience topics studies at first year level or higher, including at least 9 Flinders units (0.25 EFTSL) of human biology and 4.5 Flinders units (0.125 EFTSL) of chemistry</p>		
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<p>at least the equivalent of 9 Flinders units (0.25 EFTSL) in human biochemistry topics studied at second year undergraduate level or higher</p>		
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at least the equivalent of 9 Flinders units (0.25 EFTSL) in human physiology topics studied at second year undergraduate level or higher		
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Self-assessment checklist:

I have or am currently completing a Bachelor degree or equivalent qualification with a Flinders equivalent GPA of 5.00 or above	<input type="checkbox"/>
I have submitted my application for entry into Master of Nutrition and Dietetics	<input type="checkbox"/>
I have attached my topic syllabus details for all required pre-requisite topics with the pre-requisite assessment form	<input type="checkbox"/>

Declaration:

I declare that the information I have provided is true and correct. I authorise Flinders University to obtain information from other institutions regarding my previous study, if required.			
Applicant Signature:		Date:	

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