
INFORMATION SHEET

(To be placed at the beginning of the Survey for Grey Nomads)

Title: Grey Nomads with Diabetes – Self-management and medication management on the road

Researcher

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Description of the study

This study is part of the project titled: Grey Nomads with Diabetes – Self-management and medication management on the road. This survey will investigate Grey Nomads with diabetes and their experiences on the road in their self-management. This project is supported by Flinders University, College of Nursing and Health Sciences.

Purpose of the study

This project aims to find out the experiences and perspectives of travellers with diabetes in rural and remote Australia. It will explore self-management, medication management, diet and activities as well as glucose monitoring and any problems previously experienced such as with medications, complications, consumables or equipment failure.

What will I be asked to do?

You are invited to complete this online survey questionnaire that is anonymous and your answers are confidential and will be used in an analysis to describe collective experiences and incidences. Participation is entirely voluntary. The survey will take about 30 minutes to complete. All data from the survey will be stored securely and no individual will be able to be identified.

What benefit will I gain from being involved in this study?

The sharing of your experiences will help in the development of a Diabetes Preparation Checklist and also an education module for allied healthcare professionals. As such, Grey Nomads and travellers with diabetes will benefit from better preparation and it will also contribute to allied healthcare education about diabetes self management and preparation for travellers.

Will I be identifiable by being involved in this study?

We do not need your name and you will be anonymous when completing the survey. Any identifying information will be removed from the survey and your comments will not be linked directly to you. All information and results obtained in this study will be stored in a secure way, with access restricted to relevant researchers.

Are there any risks or discomforts if I am involved?

The researcher anticipates few risks from your involvement in this study, however, given the nature of the project, some participants could experience emotional discomfort. If any emotional discomfort is experienced please contact Lifeline on 13 11 14 for support / counselling that may be accessed free of charge by all participants. If you have any concerns regarding anticipated or actual risks or discomforts, please raise them with the researcher whose contact details are provided for you.

How do I agree to participate?

Participation is voluntary. You may answer 'no comment' or refuse to answer any questions, and you are free to withdraw from the survey at any time without effect or consequences. Your consent is implied by completing and submitting the survey questionnaire electronically.

How will I receive feedback?

The findings of the research will be disseminated through relevant conferences and peer review journals. Summaries and media releases will also be part of the dissemination and a summary will be sent to the Pharmacy Guild of Australia for its members, as well as posted on the social media sites used by Grey Nomads.

Thank you for taking the time to read this information sheet, and we hope that you will accept our invitation to be involved and will go on to complete the survey.

This research project has been approved by the Flinders University Social and Behavioural Research Ethics Committee in South Australia (Project No. 8519I). For queries regarding the ethics approval of this project please contact the Executive Officer of the Committee via telephone on +61 8 8201 3116 or email human.researchethics@flinders.edu.au